

# URMC Fitness Center: A New Opportunity

**Convenient Location:** Site of former Bar 145 in College Town (directly across from College Town garage on Celebration Drive)

**Modern Space and Amenities:** 6,000 square feet would include:

- Cardio Weight Training area
- Stretching area
- Aerobics/Multi-purpose room
- Locker rooms/showers (plus ADA bathroom/shower); monthly locker rentals available
- Possible access to partially covered outdoor space adjacent to existing location
- Summer sports leagues and other fitness related activities (i.e., department dash, weight loss program) to be offered. Given space limitations, camps cannot be offered out of this location.



## Affordable Fitness Options

- Maintain existing rate structure:
  - \$25 monthly for faculty and staff
  - \$10 for residents
  - \$10 per month for students; medical students covered by SMD
  - All must register as a member to access facility

## Proposed Hours of Operation

- Propose opening with a more conservative timeframe: 5 am – 9 pm, staffed M-F only; explore expanding to weekends and/or overnight hours based on feedback and usage stats

## Exploring reciprocal arrangement with Goergen facility

- Provide access to squash, racquetball and tennis courts; Aquatic Center; Fitness Center; Indoor track/turf; Recreation courts for badminton, basketball and volleyball courts.
- Costs:
  - URM full-time students: No fee
  - Faculty, Staff, Residents and Grad Students: \$12.50 per month for enhanced membership; *must be purchased as add-on to URM Fitness Center membership*

## Next Steps

- Review recommendation with Fitness Center members, Wellness Committee and URM community. If reviews are positive:
  - Finalize capital cost, business plan (incorporate feedback/suggestions from URM community) and lease negotiations
  - Hire architect to finalize capital costs, create design and produce timeline for completion
  - Obtain University and Facilities Committee approvals
- Continue communications updates to existing members and broader UR/URM communities