



## Psychological First Aid Train-the-Trainer (HPP Deliverable 6 / PHEP Deliverable BPR-13)

### Background

The Office of Health Emergency Preparedness (OHEP), in partnership with the NYS Office of Mental Health and the SUNY New Paltz Institute for Disaster Mental Health (IDMH), has developed a revised curriculum in Psychological First Aid (PFA). PFA is an evidence-informed approach that provides staff with practical methods to help people with their basic needs and immediate concerns during, or in the aftermath, of an emergency. It is designed to reduce the initial distress caused by traumatic events and to foster short- and long-term adaptive functioning and coping.

In this four-hour training, participants will learn PFA and how to teach the curriculum to staff at their job site or agency on how to recognize and respond to early stress reactions among individuals impacted by a traumatic event or disaster.

### Target Audience

One person from each hospital, county health department, and mental health facility identified to return to their facility and teach staff members on how to incorporate PFA practices into their response activities.

### Presenter

Karla Vermeulen, Ph.D.  
Deputy Director, Institute for Disaster Mental Health (IDMH), SUNY New Paltz

### Training Dates

- May 29, 2018, 9:00am – 1:00pm @ Cortlandt Ambulance Corps.
- May 30, 2018, 9:00am – 1:00pm @ Nassau-Suffolk Hospital Council
- June 14, 2018, 1:00pm – 5:00pm @ Comfort Inn Suites, Cicero, NY
- June 18, 2018, 12:00pm – 4:00pm @ Ontario County Fire Training Center
- June 19, 2018, 12:00pm – 4:00pm @ Erie County Fire Training Center
- June 28, 2018, 9:00am – 1:00pm @ Adirondack Medical Center
- June 29, 2018, 9:00am – 1:00pm @ UAlbany School of Public Health

### Questions Regarding Training

Direct questions to [prepedap@health.ny.gov](mailto:prepedap@health.ny.gov) or 518-474-2893.

### Registration

Registration coordinated through your appropriate NYS DOH OHEP Hospital or Public Health Field Representative.