

Aware Prepare Update



Department
of Health

Office of
Health Emergency
Preparedness

July 2022

Welcome to the **July 2022** issue of the Aware Prepare (AP) Update. The AP is your bi-monthly guide to upcoming trainings related to preparedness, readiness and response. These trainings may be provided in one or more of the following formats, including: live webcasts, webinars and in-person training; archived webcasts, webinars and on demand e-learning much of which can be accessed through the NYSDOH's [NYLearnsPH.com](https://www.ny.gov/nylearnsph) Learning Management System (LMS). Questions or submissions, email: edlearn@health.ny.gov

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[COVID-19 Data in New York website](https://www.ny.gov/covid-19) offers single COVID-19 Data Access Page. Expands Availability of Data on Health Data NY - Allowing Users to Access Health Information in Downloadable Formats, such as Excel!

Visit the New York State Department of Health's (NYSDOH) dedicated COVID-19 Resources Webpage: <http://coronavirus.health.ny.gov>

RESOURCES:

Feeling stressed by the COVID-19 epidemic? You are not alone. Call the NYS Emotional Support Helpline 7 days a week, 8am-10pm at 1-844-863-9314.

NYS Office of Mental Health: https://omh.ny.gov/omhweb/disaster_resources/emergency-mental-health-resources.html

New York State of Health: [Unwinding from the COVID-19 Public Health Emergency: A Communications Tool Kit to Keep New Yorkers Covered](#)

GOVERNOR HOCHUL ANNOUNCES:

June 16th: GOVERNOR HOCHUL ANNOUNCES RELEASE OF STATEWIDE ADDRESS-LEVEL BROADBAND MAP

First-of-Its-Kind Map Provides Critical Step in Guiding State Efforts to Address Broadband Availability Gaps

The New York State Public Service Commission released a [first-of-its-kind, interactive broadband map](#) to provide the most detailed depiction of broadband infrastructure in New York to date. The map, along with [an accompanying report](#), is the result of months of field assessments conducted by the Commission in the state's most remote areas, covering more than 80,000 miles. To collect accurate data, the Commission collaborated with 60 internet service providers and surveyed tens of thousands of New York consumers. For more info on the ConnectAll Program, visit broadband.ny.gov or email nysbroadband@esd.ny.gov.

June 6th: GOVERNOR HOCHUL SIGNS LANDMARK LEGISLATIVE PACKAGE TO STRENGTHEN GUN LAWS AND PROTECT NEW YORKERS

Comprehensive Ten-Bill Package Closes Critical Gun Law Loopholes Exposed in Tragic Shootings in Buffalo and Uvalde

- *Legislation S.9458/A.10503 Bars Purchase of Semiautomatic Rifles by Anyone Under Age 21 by Requiring a License*
- *Legislation S.9407-B/A.10497 Prohibits Purchase of Body Armor with Exception of Those in Specified Professions*
- *Legislation S.9113-A/A.10502 Expands List of People Who Can File Extreme Risk Protection Orders and Requires Law Enforcement to File ERPOs Under Specified Set of Circumstances*
- *Package Also Strengthens Crime Reporting; Closes "Other Gun" Loophole; Requires Microstamping of New Semiautomatic Pistols; Eliminates Grandfathering of High-Capacity Feeding Devices; Requires Social Media Companies to Improve Response to and Reporting of Hateful Content*
- **VIDEO** of the event is available on YouTube [here](#) and in TV quality (h.264, mp4) format [here](#).
- **AUDIO** of the event is available [here](#).

ELIGIBILITY FOR SECOND COVID-19 VACCINE BOOSTERS

NYSDOH and CDC ENDORSE FIRST BOOSTER DOSE FOR CHILDREN FIVE TO 11

- State Department of Health and CDC continue to strongly recommend initial booster doses for eligible adults 18-49, adolescents 12-17, and children 5-11.
- **Schedule Your Free Booster Appointment at Any State-Run Mass Vaccination Site [Here](#) or Find a Nearby Location [Here](#)**
- **[#VaxForKIDS](#) Campaign to increase vaccination rates for children - ages 5-11**

STATE DEPARTMENT OF HEALTH ANNOUNCES:

June 23rd: STATE DEPARTMENT OF HEALTH ANNOUNCES COVID-19 VACCINES AND GUIDANCE AVAILABLE FOR CHILDREN DOWN TO 6 MONTHS OF AGE

NYSDOH AND CDC RECOMMEND THE COVID-19 VACCINE FOR CHILDREN AGES 6 MONTHS – 5 YEARS

VACCINES FOR YOUNG CHILDREN ARE AVAILABLE STATEWIDE THROUGH PEDIATRICIANS, FAMILY PHYSICIANS, LOCAL COUNTY HEALTH DEPARTMENTS, FEDERALLY QUALIFIED HEALTH CENTERS, AND SOME PHARMACIES

In accordance with FDA authorization and CDC recommendations, eligibility for the two vaccines available for children down to 6 months of age is as follows:

- **Children 6 months – 4 years of age** are eligible for three shots of the **Pfizer-BioNTech vaccine**. The initial two doses are administered three weeks apart, followed by a third dose administered at least eight weeks after the second dose. The two-dose Pfizer-BioNTech vaccine has already been authorized and available for children 5 years and older.
- **Children 6 months – 5 years of age** are eligible for two shots of the **Moderna vaccine**, given one month apart. The vaccine had been authorized for use in adults 18 years of age and older.
- **Contact Your Child's Health Care Provider or Schedule Your Child's Free COVID-19 Vaccine Appointment at [vaccines.gov](https://www.health.ny.gov/vaccines/)**
- **Learn more about the COVID-19 vaccine and children at ny.gov/VaxForKids**
- **See COVID-19 Community Rates [Here](#)**

June 1st: The NYSDOH Cooling Center Finder is now active and available from the Cooling Center

Home page: <https://www.health.ny.gov/environmental/weather/cooling/index.htm>

In the Map view - Users can enter a New York State address and find a location of Names, Address, Contact Number and Days and Hours of Operation of cooling centers within 15 miles of that location. Users can also obtain driving, walking directions or information on public transportation to a cooling center from an address. As a reminder, for addresses in New York City, users will be directed to the NYC Cooling Center Finder.

In the List view - Users can use the dropdown menu to find information on Names, Address, Contact Number and Days and Hours of Operation of cooling centers reported for each county.

Please Note: Database updates will be frequent, please email coolingcenters@health.ny.gov with information on new locations, or changes to be made to existing locations.

May 24th: ONLINE RESOURCES ON MONKEYPOX AND PEDIATRIC HEPATITIS FOR NEW YORKERS

- *Includes Information and Resources on Case Investigation, Symptoms, and Transmission to Keep the Public and Providers Updated*
- Visit health.ny.gov/Monkeypox and health.ny.gov/PediatricHepatitis

The Office of Minority Health and Health Disparities Prevention

View the [2021 Health Equity Reports](#) provide an analysis of the health status of minority citizens and the status of minority health delivery systems.

Join OMHHDP [Health E-Newsletter](#) email list.

New York State of Health - [Unwinding from the COVID-19 Public Health Emergency: A Communications Tool Kit to Keep New Yorkers Covered](#)

CDC Strengthens Recommendations and Expands Eligibility for COVID-19

Booster Shots — Following the May 19 meeting of the Advisory Committee on Immunization Practices (ACIP), CDC is expanding eligibility of COVID-19 vaccine booster doses to everyone 5 years of age and older. CDC now recommends that children ages 5 through 11 years should receive a booster shot 5 months after their initial Pfizer-BioNTech vaccination series. In addition, CDC is strengthening its recommendation that those 12 and older who are immunocompromised and those 50 and older should receive a second booster dose if it has been at least 4 months since their first. To learn more, please visit: [CDC Strengthens Recommendations and Expands Eligibility for COVID-19 Booster Shots | CDC Online Newsroom | CDC](#)

CDC's COVID-19 tools are regularly updated with the latest information, data, and guidance. Many of these tools connect to resources in several languages.

[Vaccine Finder](#): Find COVID-19 vaccine or booster locations near you, then call or visit their website to make an appointment.

[Find Free Masks \(N95 Respirators\)](#): Find a list of pharmacies that provide free masks (N95 respirators) by using this tool, then check with the location for availability.

[Interactive Ventilation Tool](#): Decrease the level of COVID-19 virus particles during and after a guest visits your home. See how particle levels change as you adjust ventilation settings in your home.

[COVID-19 County Check](#): Find COVID Community Levels in your county and find out which prevention steps to take based on the levels in your area and your own risk of [severe illness](#).

[COVID Data Tracker](#): Get the most recent data on COVID-19 vaccinations, cases, and deaths. Explore COVID-19 data focused on health equity and specific populations. Maps, charts, data, and trends provided by CDC, updates daily by 8 pm ET.

[Get Free Self-Tests](#): Self-tests for COVID-19 give fast results and can be taken anywhere, regardless of your vaccination status or whether or not you have symptoms. Every home in the U.S. is eligible to order two sets of four free at-home tests. If you already ordered your first set, order a [second today](#).

[Quarantine and Isolation Calculator](#): Determine how long you need to isolate, quarantine, or take other steps to prevent spreading COVID-19 if you have been in close contact with someone with COVID-19 or have COVID-19. The calculator is intended for a general audience, and does not apply to healthcare or high-risk settings like prisons.

[Test to Treat Locator](#): You must take COVID-19 medication within days of your first COVID-19 symptoms days. COVID-19 medications are now available through your doctor, local pharmacies, and health clinics. Use this tool to find where you can get tested and treated in the same location.

Update: COVID-19 Vaccination for Children Under 5

On June 14 and 15, 2022, FDA advisors recommended the agency grant emergency use authorization for Pfizer and Moderna vaccines for children as young as six months old. The CDC is anticipated to review the issue on Saturday, June 18. Pending CDC recommendations, the authorization will add young children age 6 months through 4 years old to those eligible to get a Pfizer vaccine, and children and adolescents age 6 months through 17 years old to get a Moderna vaccine.

Public Health Communication Collaborative updated their [Talking Points](#) and [Answers to Tough Questions on Children and Vaccines](#) with interim messaging on the FDA authorization and the current vaccine recommendations for children and adolescents age 5 to 17. When CDC concludes its review, we will provide a full update of our [Answers to Tough Questions](#) and [toolkit](#) on children and vaccines—with shareable graphics and social posts in both English and Spanish—early next week to help answer questions in your communities.

- [Building Bridges Communications Tool](#)
- [COVID-19 Testing Toolkit](#)
- [Booster Dose Toolkit](#) - Updated
- [Other Messaging Resources](#)
- [Answers to Tough Questions](#) - Updated
- [Daily Downloads](#)
- [Misinformation Alerts](#)
- [Talking Points](#) – Updated
- [NEW Directory of Mental Health Resources](#)

National Fire Academy

EMS Safety Practices

Create a safety culture within your EMS department. Download the EMS Safety Practices handbook to learn how to develop a safety program that covers all aspects of EMS operations

[Download the handbook \(PDF\)](#)

Mental health awareness for first responders

3 programs provide updated resources to help first responders take care of their mental health and support the mental health of their families and coworkers.

[Learn about the programs](#)

U.S. Department of Homeland Security - iTAK now available in the App Store

Public safety agencies can now benefit from the Team Awareness Kit (TAK) to help save more lives. The iOS iTAK app, now available on the Apple App Store, is a geospatial mapping tool that first responders can use to see each other's locations, and communicate and coordinate better.

FEMA offering assistance through the National Exercise Program

State, local, tribal and territorial jurisdictions can request no-cost assistance from the NEP for exercise design, development, conduct and evaluation to validate capabilities across all mission areas. [Learn about exercise assistance on FEMA.gov.](#)

Round	Submission Deadline	Decisions Sent By
Fall 2022 Round	November 1, 2022	December 9, 2022
Spring 2023 Round	April 3, 2023	May 5, 2023

Ready.gov

- **Be Informed:** [Disasters and Emergencies | Ready.gov](#)
- [Wildfire Awareness](#)
- [Thunderstorms and Lightning](#)
- [Extreme Heat](#)

NYSDOH Commerce Training Institute (CTI) Courses

CTI-100

Introduction to the Health Commerce System

Wednesday, July 6, 2022, 11am-12pm
Tuesday, August 2, 2022, 10-11am
Thursday, September 8, 2022, 1-2pm

Provider: NYSDOH Commerce Training Institute

Average Completion Time: 1 hr

Continuing Education credits: No

Enroll in LMS Course: [CTI-100](#)

The redesigned Health Commerce System (HCS) became available in March 2010. The HIN and HPN were recreated as the Health Commerce System portal, or HCS. There is no longer a separation between the HPN and HIN.

Objectives:

- Identify the major elements of the HCS architecture
- Identify the features of the HCS
- Demonstrate strategies to customize the portal for your own use.

CTI-120

Integrated Data Reporting in HERDS v.3

Thursday, July 18, 2022, 10-11am
Friday, August 5, 2022, 9-10am
Wednesday, September 14, 2022, 11am-12pm

Provider: NYSDOH Commerce Training Institute

Webinar: Yes

Average Completion Time: 1 hr

Continuing Education credits: No

Enroll in LMS Course: [CTI-120](#)

This course provides a solid foundation for adult care facilities, home health agencies, hospices, hospitals, LHCSAs, nursing homes and extension clinics to report data using the HERDS v.3 application. The course will begin with a look at how to obtain access to HERDS and how facilities will be notified when there are activities to be completed. Learners will then be provided demonstration of the new reporting platform. The session concludes with a brief overview of the pre-selected reports available from the application. This course is presented in a one-hour session via WebEx Training Center.

Objectives:

- Locate and modify the person record.
- Explain the importance of the person record in relation to HERDS.
- Demonstrate the ability to review assigned roles.
- Locate and access HERDS.
- Describe the overall structure of HERDS activities.

NYSDOH Commerce Training Institute (CTI) Courses continued

CTI-200

Communications Directory Certification

Thursday, July 14, 2022, 1-2:30pm
Wednesday, August 3, 2022, 9-10:30am
Thursday, September 15, 2022, 2-3:30pm

Provider: NYSDOH Commerce Training Institute
Webinar: Yes
Average Completion Time: 1.5 hrs
Continuing Education credits: No
Enroll in LMS Course: [CTI-200](#)

This course provides a comprehensive review of the Health Commerce System Communications Directory, the underlying records that make up the directory, and the tools all HCS users can use to access the directory. This two-hour course will begin by examining the structure of the directory and differentiating between the actual contact information records stored for each person in the directory, and the facilities and roles those records can be associated with. Once the structure of the directory has been examined learners will review and have an opportunity to practice with the applications used to access the information stored in the directory. At the conclusion of this course learners will be able to:

- List the components of the Communications Directory
- Summarize how the components are related and work together
- Summarize the HCS emergency call down procedure, describing the role the Communications Directory plays

CTI-300

Integrated Health Alerting and Notification System (IHANS) Training & Certification

Monday, July 11, 2022, 1-4pm
Wednesday, August 17, 2022, 9am-12pm
Monday, September 12, 2022, 1-4pm

Provider: NYSDOH Commerce Training Institute
Webinar: Yes
Average Completion Time: 3 hrs
Enroll in LMS Course: [CTI-300](#)

This course covers all information necessary to begin the certification process for using the Integrated Health Alerting & Notification System. Participants will receive hands on practice with the tools and be offered an opportunity to complete certification.

Users who wish to complete certification are strongly encourage to send an advance message to any audience they may broadcast to as part of the certification process. Typically, course participants broadcast a sample notification to their HIN Coordinators (LHDs) or Directory Coordinators (NYSDOH).

CTI-502

New York State Evacuation of Facilities in Disasters Systems (eFINDS) version 3.0

Thursday, July 21, 2022, 3-4pm
Wednesday, August 24, 2022, 10-11am
Friday, September 23, 2022, 11am-12pm

Provider: NYSDOH Commerce Training Institute
Webinar: Yes
Average Completion Time: 1 hr
Enroll in LMS Course: [CTI-502](#)

The New York State Evacuation of Facilities in Disasters Systems (eFINDS) is the patient/resident tracking application housed on the Health Commerce System (HCS). This course provides a solid foundation for registering and updating patient/resident location information during an incident or event, such as a storm, flood, non-natural incident or practice exercise/drill. Course participants will be provided a demonstration of the eFINDS application including: eFINDS Data Reporter and eFINDS Data Administrator role permissions; how to register a patient/ resident with a scanner and without; use a spreadsheet to register multiple patient/residents; update patient/resident tracking information as an evacuating facility, and as a receiving facility. The session concludes with hands-on exercises.

New and Upcoming Live Events: Note: *Some items are marked with **NEW!** generally indicating that the promotion is new to this edition of the Aware Prepare Update.*

June 2022

NEW! CDC COCA Call: Monkeypox: Updates about Clinical Diagnosis and Treatment

Sponsored by Centers for Disease Control & Prevention

Wednesday, June 29, 2022, 2:00 PM – 3:00 PM ET

A few minutes before the webinar starts, please click on the Zoom link below to join:

<https://www.zoomgov.com/j/1615907540?pwd=R1AwUDNYQ0pJN0dnemo3R1FkOFhXZz09>

Passcode: 189531

Or Telephone:

US: +1 669 254 5252

or +1 646 828 7666

or +1 551 285 1373

or +1 669 216 1590

Or One-tap mobile:

US: +16692545252,,1615907540#,,, *189531# or +16468287666,1615907540#,,, *189531#

Webinar ID: 161 590 7540

Disaster Mental Health: Building an Organizational Culture of Resilience: Lessons from the Field

Sponsored by NYSDOH, IDMH

Thursday, June 30, 2022, 1:00pm – 2:30pm

Enroll in LMS: [OHEP-BP3-20220630](#)

July 2022

MGT 472: Planning for Transitional and Long-Term Housing After A Major Disaster

Sponsored by FEMA

July 7, 2022 - Arkansas, Region 6

[Register Here](#)

Antibiotic Stewardship Update: The CDC Perspective

Sponsored by HANYS

July 7, 2022, 12:00pm - 1:00pm

[Register Here](#)

Natural Disaster Awareness for Caregivers

Sponsored by NDPTC

July 7, 2022, 12:00pm - 4:00pm

[Register Here](#)

First Responder Resiliency ECHO

Sponsored by Health Sciences ECHO

July 11, 2022, 2:00pm - 3:00pm

[Register Here](#)

K0051 Exercise Program Management Workshop Fiscal Year 2022

Sponsored by FEMA EMI

July 12, 2022, 9:00am - 1:00pm

[Register Here](#)

Civil Rights: Before, During and After Disasters

Sponsored by FEMA Region 2

July 12, 2022, 1:00pm - 2:30pm

[Register Here](#)

MGT361: Managing Critical Incidents at Institutions of Higher Education

Sponsored by DHSES

July 12-14, 2022, 8:00am - 5:00pm

SUNY Erie Community College - Williamsville, NY

[Register Here](#)

Community Emergency Response Team CERT) TtT

Sponsored by FEMA EMI

July 12-14, 2022, 1:00pm - 5:00pm

[Register Here](#)

MGT 472: Planning for Transitional and Long-Term Housing After A Major Disaster

Sponsored by FEMA

July 13, 2022 - Plumas County, California, Region 9

[Register Here](#)

Critical Infrastructure Security and Resilience Awareness

Sponsored by TEEX

July 13-14, 2022

[Register Here](#)

PER-354: Response to Radiological/Nuclear Weapons of Mass Destruction Incidents

Sponsored by Northwell Health's Crisis Management Incident Response Team

Nassau County - New Hyde Park, NY

July 13th -15th, 2022 from 8am-5pm

[Register Here](#)

Branding and Communication of Workforce Health and Well Being Program

Sponsored by GNYHA

July 14, 2022, 1:00pm - 2:30pm

[Register Here](#)

MGT417 Crisis Management for School Based Incidents

Sponsored by DHSES

July 14-15, 2022, 8:00am - 5:00pm

Akron School District - Akron, NY

[Register Here](#)

NEW! A Conversation on Health Disparities in Rural New York

Sponsored by Southern Tier Healthcare System

July 18, 2022, 2:00pm - 3:00pm

[Register Here](#)

PER-385: Improving Business' Financial Literacy and Management to Support Post-Disaster Economic Recovery

Sponsored by FEMA

July 19, 2022 - Nevada, Region 9

[Register Here](#)

Natural Disaster Awareness for Caregivers

Sponsored by NDPTC

July 19, 2022, 12:00pm - 4:00pm

[Register Here](#)

MGT-310: Threat & Hazard Identification & Risk Assessment & Stakeholder Preparedness Review

Sponsored by Northwell Health's Crisis Management Incident Response Team

Nassau County - New Hyde Park, NY

July 19th-20th, 2022 from 8am-5pm

[Register Here](#)

Climate for Health Ambassadors Training

Sponsored by the National Network of Public Health Institutes (NNPHI) and ecoAmerica – Climate for Health

Wednesday, July 20, 2022, 12-4pm

[Register Here](#)

NEW! Evacuation of Facilities in Disaster System (eFinds) Train-the-Trainer

Sponsored by FLRTC

Kaleida Health, Buffalo, NY

July 20, 2022, 9:00am - 3:00pm

[Register Here](#)

Critical Infrastructure Resilience and Community Lifelines

Sponsored by TEEX

July 20-21, 2022

[Register Here](#)

K0376 State Public Assistance Operations

Sponsored by FEMA

July 20 - 22, 2022, 8:00am - 5:00pm

[Register Here](#)

Preventing and Responding to Aggressive Patient Behavior - Trauma Informed Care

Sponsored by HANYS

July 22, 2022, 2:00pm - 3:00pm

[Register Here](#)

MGT-414: Advanced Critical Infrastructure Protection

Sponsored by Northwell Health's Crisis Management Incident Response Team

Nassau County - New Hyde Park, NY

July 21st, 2022 from 8am-5pm

[Register Here](#)

First Responder Resiliency ECHO

Sponsored by Health Sciences ECHO

July 25, 2022, 1:00pm - 2:00pm

[Register Here](#)

CERT Program Manager (Virtual Deliver)

Sponsored by FEMA EMI

July 25-28, 2022, 2:00pm - 6:00pm

[Register Here](#)

Flooding Hazards: Science and Preparedness (AWR-362)

Sponsored by DHSES

July 26-27, 2022

[Register Here](#)

E0431 - Understanding the Emergency Management Assistance Compact (EMAC)

Sponsored by FEMA EMI NETC

Emergency Management Institute National Emergency Training Center, Emmittsburg, MD

July 26-28, 2022

[Register Here](#)

Intermediate ICS for Expanding Incidents (I-300)

Sponsored by DHSES

Gates Fire Dept, Rochester, NY

July 26-28, 2022

[Register Here](#)

NEW! First Responder Resiliency ECHO

Sponsored by Health Sciences ECHO

August 1, 2022, 2:00pm - 3:00pm

[Register Here](#)

NEW! Campus Emergencies Prevention, Response, & Recovery - Custom (MGT-324-C)

Sponsored by DHSES

August 2-3, 2022

[Register Here](#)

NEW! Critical Infrastructure Security and Resilience Awareness

Sponsored by TEEX

August 3-4, 2022, 9:00am

[Register Here](#)

NEW! Planning for Disaster Debris Management (MGT-460)

Sponsored by NDPTC

August 3-4, 2022, 12:00pm - 4:00pm

[Register Here](#)

NEW! Introduction to Safety and Health Management (OSHA #7500)

Sponsored by TEEX

August 8, 2022, 8 Hours

[Register Here](#)

NEW! Planning for Disaster Debris Management (MGT-460)

Sponsored by NDPTC

August 9-10, 2022, 12:00pm - 4:00pm

[Register Here](#)

NEW! V-0001 - Virtual Tabletop Exercise (VTTX): Public Health Burn Mass Casualty Incident

Sponsored by FEMA EMI

August 9, 2022, 12:00pm - 4:00pm

[Register Here](#)

NEW! V-0001 - Virtual Tabletop Exercise (VTTX): Public Health Burn Mass Casualty Incident

Sponsored by FEMA EMI

August 10, 2022, 12:00pm - 4:00pm

[Register Here](#)

NEW! V-0001 - Virtual Tabletop Exercise (VTTX): Public Health Burn Mass Casualty Incident

Sponsored by FEMA EMI

August 11, 2022, 12:00pm - 4:00pm

[Register Here](#)

NEW! E0110 National Emergency Management Basic Academy Train-the-Trainer

Sponsored by FEMA EMI NETC

August 15-19, 2022

Emergency Management Institute, NETC, Emmitsburg, MD

[Register Here](#)

NEW! Planning for Disaster Debris Management (MGT-460)

Sponsored by NDPTC

August 16-17, 2022, 12:00pm - 4:00pm

[Register Here](#)

NEW! Planning for Disaster Debris Management (MGT-460)

Sponsored by NDPTC

August 25-26, 2022, 12:00pm - 4:00pm

[Register Here](#)

NEW! Natural Disaster Awareness for Community Leaders (AWR-310)

Sponsored by NDPTC

August 25, 2022, 1:00pm - 5:00pm

[Register Here](#)

NEW! Advanced Trauma Care for Nurses (ATCN)

Sponsored by ECMC

August 26, 2022, 7:30am - 4:30pm

Erie County Medical Center, Buffalo, NY

[Register Here](#)

NEW! K0376 State Public Assistance Operations

Sponsored by FEMA

August 29 - 31, 2022, 8:00am - 5:00pm

[Register Here](#)

NEW! ICS for Major and/or Complex Incidents (I-400)

Sponsored by DHSES

August 30-31, 2022

Livingston County OEM, Mt. Morris, NY

[Register Here](#)

New OnDemand Content Available on the NYLearnsPH.com LMS

NEW! Log-In2Learn- New Resources and Creative Strategies for Recruiting Candidates for Health Departments

Sponsored by Region 2 Public Health Training Center

Recorded June 7, 2022

Enroll in LMS Course: [Reg2PHTC-L2L202206](#)

OSHA Requirements for HAZMAT First Receivers/Hospital Decontamination Teams

Sponsored by the FLRTC

Recorded on: June 01, 2022

Enroll in LMS Course: [RTC-BP3-S12-062022-WR](#)

Limited Time Offering – Access to Recorded Session expires on 6/30/22

Communicating Through COVID-19 and Beyond: Impact and Insights from the Field of Public Health.

Sponsored by Public Health Communications Collaborative

Recorded April 13, 2022

Enroll in LMS Course: [PHCC-20220413](#)

RTC Webinar Series - BP3 Session 10 - Engaging Community and Volunteer Organizations Active in Disasters

Sponsored by RTCs

Recorded April 7, 2022

Enroll in LMS Course: [RTC-BP3-S10-042022-WR](#)

Log-In 2 Learn: Developing and Implementing Climate and Health Adaptations: An Update from the NYSDOH BRACE Project

Sponsored by Region 2 Public Health Training Center

Recorded March 1, 2022

Enroll in LMS Course: [Reg2PHTC-L2L202203](#)

ICS 200 Webinar: Basic Incident Command System for Initial Response

Sponsored by NYS RTCs

Recorded February 16, 2022

Enroll in LMS Course: [RTC-ICS200-WEB-BP3](#)

Handling Burnout, Compassion Fatigue and Vicarious Trauma in Healthcare

Sponsored by RTCs

Recorded December 2021

Enroll in LMS Course: [BP3-Burnout, Compassion Fatigue, Vicarious Trauma](#)

Emergency Planning and Preparedness for Persons with Disabilities & Access and Functional Needs

Sponsored by Western Region Regional Training Center (WR RTC)

Recorded on: December 7, 2021

PPT Handouts: [RTC-BP3-S6 Handouts](#)

Enroll in LMS Course: [RTC-BP3-S6-122021-WR](#)

Leveraging Your Health Information Exchange (HIE) in Disaster Planning

Sponsored by WR FLRTC

Recorded On: October 13, 2021

Enroll in LMS Course: [RTC-BP3-S4-102021-WR](#)

Additional Training Opportunities of Interest

NEW! LaHRH 101: After the Hurricane Potential Hazards and Disaster Recovery

Sponsored by Region 6 – South Central Public Health Training Center

[Register Here](#)

Johns Hopkins University: [COVID Vaccine Ambassador Training: How to Talk to Parents](#)

is a new **free** course on Coursera from the Johns Hopkins Bloomberg School of Public Health, International Vaccine Access Center, and Consortium for School-Based Health Solutions.

Western Region Health Emergency Preparedness Coalition (WRHEPC)

Pediatric Emergency Preparedness Seminar 2020. The Pediatric Emergency Preparedness Seminar Series consists of 6 recorded webinar sessions. [Register for entire program HERE](#)

[EPIC webinar: Show me the data! What numbers mean to COVID-19 communications](#)

Throughout the COVID-19 pandemic, recommendations and guidance from CDC have changed based on updated data from a variety of data sources.

The 2021 National Household Survey Webinars

- Part I: <https://www.youtube.com/watch?v=DKwG2uMuKfA>
- Part II: <https://www.youtube.com/watch?v=ykQXSyXwnvI>

Additional Training Opportunities of Interest - continued



FEMA Housing and Disaster Recovery Web Based Training through the NCDP Training Center

<https://ncdpcourses.inquisiqlms.com>

Economic disaster recovery web-based trainings:

- [PER-376-W: Preparedness Actions to Promote Economic Resilience and Recovery](#)
- [AWR-390-W: Improving Individual and Households' Financial Literacy and Management to Support Post-Disaster Economic Recovery](#)
- [AWR-391-W: Improving Business' Financial Literacy and Management to Support Post-Disaster Economic Recovery](#)

Housing disaster recovery web-based trainings:

- [AWR-370-W Addressing Gaps in Housing Disaster Recovery: Conducting Impact Assessments](#)
- [AWR 371-W Addressing Gaps in Housing Disaster Recovery: Pre-Disaster Planning](#)
- [AWR 372-W Addressing Gaps in Housing Disaster Recovery: Post-Disaster Planning](#)
- [AWR-386-W Establishing Collaborative Case Management Services](#)
- [AWR-387-W Executing Strategies to Rapidly Rehabilitate Damaged Housing](#)
- [PER-389-W Incorporating Best Practices for Short-Term and Long-Term Housing Construction](#)

Sign up to be a training Host –OR– Request one of these trainings in your community!

Economic disaster recovery courses:

- [PER-385: Improving Business' Financial Literacy and Management to Support Post-Disaster Economic Recovery](#)
- [PER-387: Improving Individual and Households' Financial Literacy and Management to Support Post-Disaster Economic Recovery](#)

Housing disaster recovery courses:

- [MGT-470: Establishing Collaborative Case Management Services](#)
- [MGT-471: Executing Strategies to Rapidly Rehabilitate Damaged Housing](#)
- [MGT-472: Planning for Transitional and Long-Term Housing After a Major Disaster](#)

Contact NCDP at crlcadmin@columbia.edu.

U.S. Fire Administration's National Fire Academy (NFA)

National Training Weekend Program (NTWP) at the National Emergency Training Center (NETC) in Emmitsburg, MD, August 13-14, 2022. Participation is open to students nationwide from career or volunteer departments and state/local governments. NFA will provide instruction and course materials. Lodging is provided at no cost the nights of August 12 and 13. Students must [pay for meals](#) and transportation; there is no stipend reimbursement for travel..

Courses scheduled for delivery during the NTWP:

- W0455 – [Strategy and Tactics for Initial Company Operations \(fema.gov\)](#)
- W0457 – [Decision-Making for Initial Company Operations \(fema.gov\)](#)
- W0647 – [Leadership in Supervision: Perspectives in Thinking \(fema.gov\)](#)
- W0729 – [Incident Safety Officer \(fema.gov\)](#)
- W0770 – [Fire Investigation: First Responders \(fema.gov\)](#)

NETC Online Admissions Application [website](#).

Questions? Send email to: FEMA-NFA-TwoDayOnCampus@fema.dhs.gov

2019 Evacuation Plan Template Update

Recorded Sessions for Nursing Homes and Adult Care Facilities

Background

The Office of Health Emergency Preparedness (OHEP) is pleased to announce the release of the updated 2019 evacuation plan template. The 2019 template will serve as a revision to the previously released version.

Goal

To review the updates and revisions included in the updated 2019 Nursing Home and Adult Care Facility Evacuation Plan templates.

Target Audience

Nursing Home and Adult Care Facility staff responsible for emergency preparedness and evacuation planning

Note

Facilities are not required to adopt or use up- dated templates. It is strongly encouraged for facilities to review the updated documents and include in plan updates as needed or appropriate.

NYSDOH Faculty

Katharine Logan
Health Care Preparedness Coordinator I Office of Health Emergency Preparedness

Link to recorded sessions:

[Recorded Session for Nursing Homes](#)

[Recorded Session for Adult Care Facilities](#)

Please note– you will need to press play at the lower left corner of the screen

Questions Regarding Training
Direct questions to 518-474-2893.

Comprehensive Emergency Management Plan Training Online Training Module

Background

The purpose of the New York State Department of Health (NYSDOH) Comprehensive Emergency Management Plan (CEMP) Training is to provide personnel at adult care facilities across the State of New York with the information and tools to develop a CEMP to prepare for, respond to, and recover from natural and man-made disasters.

Training Objectives

- Facilitate staff familiarity with CEMP purpose, use, development, and implementation.
- Empower facilities to be self-sufficient for 72 hours after an incident.
- Enable facilities' timely determination and implementation of protective actions.
- Foster collaboration and coordination with facility emergency response partners
- Build the foundation for a risk-based CEMP and emergency preparedness program.
- Empower facilities to use the Incident Command System to respond to emergencies.
- Empower Facilities to identify critical information to protect and disseminate during an incident.

Target Audience

Nursing Home or Adult care facility personnel that will be involved in facility level emergency planning (strongly recommended for Administrators and Safety / Security / Plant Managers).

Prior completion of FEMA IS-100.C strongly encouraged.

Training produced by Hagerty Consulting, Inc.

Training Module

Training delivered through an interactive online module that can be found using the registration information below or by clicking here:

[OHEP-CEMPONLINE](#)

Questions Regarding NYSDOH Learning Management System (LMS)

Direct questions to edlearn@health.ny.gov or 518-474-2893.

Questions Regarding Training

Direct questions to prepedap@health.ny.gov or 518-474-2893.

Registration

To enroll in the training, please go to www.NYLeansPH.com and either register or login to the LMS. Search Course Catalog for: [OHEP-CEMPONLINE](#) OR click this shortcut to the course enrollment page on the LMS.

NOTE - PLEASE READ - Please verify your contact information in your LMS profile when registering. All required course materials will be sent using the e-mail address listed in the LMS.

CLIMATE AND HEALTH COURSES

Log-in2Learn: Developing and Implementing Climate and Health Adaptations: An Update from the NYSDOH BRACE Project

Tuesday, March 1, 2022
Enroll in LMS: [Reg2PHTC-L2L202203](#)

Log-in2Learn with Neil Muscatiello, MS
Director of Bureau of Environmental and Occupational Epidemiology, New York State Department of Health

Climate Change Case Studies Series from Trust for America's Health

[Read the Entire Series Here](#)

[Introduction to the Series](#) (Published August 2021)
Part 1 of the Series: [Advancing Procedural Equity in Climate Adaptation](#) (Published 2021)
Part 2 of the Series: [Advancing Distributional Equity in Climate Adaptation](#) (Published 2021)

National Weather Service: Hazard Simplification Partner Webinar

Enroll in LMS: [NWS-20200723](#)

National Weather Service: Hazard Simplification Partner Webinar
Sponsored by National Weather Service
Originally Aired Thursday, July 23, 2020

Public Health Live! Climate Smart Communities: Connections With Public Health

Enroll in LMS: [UASPH_PHL20190516](#)

Speakers: Dazzle Ekblad, Climate Policy Analyst, Office of Climate Change, New York State Department of Environmental Conservation
Neil Muscatiello, M. S., Research Scientist and Principal Investigator Climate Ready Cities and States Initiative/Building Resilience Against Climate Effects, New York State Department of Health

National Weather Service: Hazard Simplification Partner Webinar

Enroll in LMS: [NWS-20200723](#)

National Weather Service: Hazard Simplification Partner Webinar
Sponsored by National Weather Service
Originally Aired Thursday, July 23, 2020

NYS Department of Health: Climate & Health Profile (Originally Aired March 30, 2016)

Enroll in LMS: [Reg2PHTC-Climate1](#)

Presenter: Asante Shipp Hilts
The webinar will describe the changing NYS climate, climate-related health impacts, vulnerable populations, methods for assessing vulnerability, challenges and opportunities, existing NYS initiatives and collaborations, and implementation of the NYSDOH Climate and Health Strategic Map.



Upcoming and Recent CDC COCA (Clinician Outreach and Communication Activity) Calls:
<https://emergency.cdc.gov/coca/calls/index.asp>

Free continuing education (CME, CNE, ACPE, CEU, CECH, and AAVSB/RACE) are available for most calls.

For more information about free CE, visit <https://emergency.cdc.gov/coca/continuingeducation.asp>

NEW! CDC COCA Call: Monkeypox: Updates about Clinical Diagnosis and Treatment

Wednesday, June 29, 2022, 2:00 PM – 3:00 PM ET

<https://www.zoomgov.com/j/1615907540?pwd=R1AwUDNYQ0pJN0dnemo3R1FkOFhXZz09>

Title: [Recommendations for Pfizer-BioNTech and Moderna COVID-19 Vaccine Primary Series in Children 6 Months through 5 Years Old](#)

Date: Wednesday, June 22, 2022

Title: [What Clinicians Need to Know About Available Therapeutic Options for COVID-19](#)

Date: Thursday, June 16, 2022

Title: [What Clinicians Need to Know about Monkeypox in the United States and Other Countries](#)

Date: Tuesday, May 24, 2022

Title: [Clinical Recommendations for Adenovirus Testing and Reporting of Children with Acute Hepatitis of Unknown Etiology](#)

Date: Thursday, May 19, 2022

Title: [Evaluating and Supporting Patients Presenting with Cognitive Symptoms Following COVID](#)

Date: Thursday, May 5, 2022

Title: [COVID-19 Updates: What Clinicians Need to Know About Multisystem Inflammatory Syndrome in Children](#)

Date: Thursday, February 10, 2022

Title: [What Clinicians Need to Know About the New Oral Antiviral Medications for COVID-19](#)

Date: Wednesday, January 12, 2022

Title: [Molecular Approaches for Clinical and Public Health Applications to Detect Influenza and SARS-CoV-2 Viruses](#)

Date: Thursday, December 9, 2021

Title: [What Clinicians, Pharmacists, and Public Health Partners Need to Know about Antibiotic Prescribing and COVID-19](#)

Date: Thursday, November 18, 2021

Centers for Disease Control and Preparedness (CDC) - CERC, RAD, Packaging & Receiving, & SNS Courses

CDC-CERC-01

Crisis and Emergency Risk Communication (CERC)

Provider: Centers for Disease Control & Prevention
Course Updated: 6/26/2018
Average Completion Time: 2hrs
Continuing Education: 0.2 CEUs
Enroll in LMS Course #: [CDC-CERC-01](#)

At the conclusion of the training, the participant will be able to do the following:

- Explain Crisis and Emergency Risk Communication (CERC) principles.
- Describe the psychology of a crisis and the type of messages each audience needs.
- Explain how to tailor messages.
- Define core concepts of crisis communication planning.
- Explain the roles of the media and spokesperson.
- Describe the benefits of social media and mobile media devices.

SNS-101

SNS Overview

LMS Course Completion Requirement:
“Message” TRAIN Certificate to Course Administrator
Continuing Education: 1 CHES; 1 CME; 0.1 Continuing Nursing Education; 1 MCHES
TRAIN CE Course #: WB 2273 Course ID 1041004
Enroll in LMS Course #: [SNS-101](#)

The course is designed to provide basic background information and definitions of federal agencies, stakeholders and other partners that will help understand all SNS operations during a public health event. The SNS Overview Course will fill the professional practice gap by providing the states and local agencies with information to manage SNS assets that may be deployed to sites during a public health emergency. The participants will learn the levels of support provided by the SNS, and the response concepts, the planning functions needed for consideration and operational requirements for receiving, distributing and dispensing of SNS material.

SNS-103

Closed Point of Dispensing Considerations: an SNS Perspective

LMS Course Completion Requirement:
“Message” TRAIN Certificate to Course Administrator
Continuing Education: 1.5 CME; .14 ACPE-Contact Hours; 1.4 ANCC: Contact Hours Continuing Nursing Education; 1.5 MCHES
TRAIN Course ID 1055915
Enroll in LMS Course #: [SNS-103](#)

The Closed POD Planning course provides state and local agencies with information to manage Closed POD sites during a public health emergency. It covers planning functions for designing a system to quickly dispense prophylactic medications to the employees and their families. The course introduces common terminology and concepts of mass dispensing at the community level.
Some locations may use other terminology.

Centers for Disease Control and Preparedness (CDC) - CERC, RAD, Packaging & Receiving, & SNS Courses

CDC-RAD

Radiation Basics Made Simple

Average Completion Time: 1.5 hrs
Continuing Education: 0.1 CEUs, 1.4 CNEs, 1.5 CMEs
Enroll in LMS Course #: [CDC-RAD](#)

The Centers for Disease Control and Prevention, Radiation Studies Branch announces the launch of *Radiation Basics Made Simple*, the first in a series of radiation preparedness training modules. *Radiation Basics Made Simple* introduces participants to the fundamentals of radiation and radioactivity.

CDC-PSYCH

Psychological First Aid in Radiation Disasters

Average Completion Time: 1.25 hrs
Continuing Education: 0.1 CEUs, 1.2 CNEs, 1.25 CMEs
Enroll in LMS Course #: [CDC-PSYCH](#)

Psychological First Aid in Radiation Disasters is a self-study training that uses interviews conducted with experts involved in the Goiania and Three Mile Island incidents, and video scenarios that allow participants to observe how psychological first aid techniques can be employed in a variety of response settings.

CDC-MYTHS

Communicating in Radiation Emergencies: Myths of Radiation

Provider: Centers for Disease Control
Average Completion Time: 1 hr
LMS Course Completion Requirement: “Message” Certificate to Course Administrator
Continuing Education: 0.1 CEUs
Enroll in LMS Course #: [CDC-MYTHS](#)

Communicating in Radiation Emergencies: Myths of Radiation introduces participants to some common myths of radiation and identifies communications strategies to combat these and other myths. The training uses Person-On-The-Street interviews to identify the myths and features a discussion between risk communication and radiation subject matter experts to set the record straight.

OBJECTIVES: At the conclusion of the session, the participant will be able to:

- Describe seven common misconceptions associated with radiation.
- Debunk seven misconceptions using science-based explanations.
- Discuss one strategy to communicate accurate information during a radiation emergency for each misconception presented.

Centers for Disease Control and Preparedness CDC)- CERC, RAD, Packaging & Receiving, & SNS Courses

CDC-PS2014

Packaging and Shipping Division 6.2 Materials Online Course

LMS Course Completion Requirement:
“Message” TRAIN Certificate to Course Administrator
Continuing Education: 2 CEUs
Course ID 1017204
Enroll in LMS Course #: [CDC-PS2014](#)

Who Should Attend:
This course is intended for those learners seeking recertification in packing and shipping of infectious substances (Division 6.2 materials). This course does not apply to individuals seeking initial certification.

Packaging and shipping Division 6.2 materials, such as patient specimens containing infectious materials and cultures, are regulated by U.S. and international transport agencies. Fines and penalties can be imposed against those who fail to comply with the applicable rules including proper classification and documentation of training, proper packaging, marking and labeling and proper shipping documentation. Updated for 2014, this intermediate-level online course, designed for individual study, is suitable for those seeking re-certification. Participants are provided with information useful for complying with regulations through use of instructional content and the opportunity to apply knowledge using realistic scenarios. This course should take approximately 2 hours to complete.

Objectives: At the conclusion of this program, the participants will be able to:

- Classify specimens as an exempt human or animal specimen or either category A or category B infectious substance.
- Identify basic packaging concepts and processes for exempt human and animal specimens, category A and category B infectious substances and dry ice.
- List the documents required to accompany packages containing category A and category B infectious substances.
- Describe the documentation process for category A and category B infectious substances including specific differences dependent upon mode of transportation.

RSS-101

Receiving, Staging, and Storing (RSS) Training Video

LMS Course Completion Requirement:
“Message” TRAIN Certificate to Course Administrator
Course ID 1017208
Enroll in LMS Course #: [RSS-101](#)

This 14-minute videoarchive provides an overview of receiving, staging, and storing (RSS) Strategic National Stockpile (SNS) assets in the event of a public health crisis. It is designed to provide information to organizations and personnel involved in Strategic National Stockpile RSS functions.

Federal Emergency Management Agency (FEMA) ICS and NIMS Courses

FEMA IS-100.C

Introduction to Incident Command System

Provider: FEMA Independent Study

Course Updated: 6/25/2018

Average Completion Time: 2hrs

LMS Course Completion Requirement:

"Message" FEMA Certificate to Course Administrator

Continuing Education: 0.2 CEUs

Enroll in LMS Course #: [FEMA IS-100.C](#)

ICS 100, Introduction to the Incident Command System, introduces the Incident Command System (ICS) and provides the foundation for higher level ICS training. This course describes the history, features and principles, and organizational structure of the Incident Command System. It also explains the relationship between ICS and the National Incident Management System (NIMS).

FEMA IS-200.C

ICS for Single Resources and Initial Action Incidents

Provider: FEMA Independent Study

Course Updated: 03/11/2019

On-line Course: Yes

Average Completion Time: 4 hrs

LMS Course Completion Requirement:

"Message" FEMA Certificate to Course Administrator

Continuing Education: 0.4 CEUs

Enroll in LMS Course #: [FEMA IS-200.C](#)

ICS 200 is designed to enable personnel to operate efficiently during an incident or event within the Incident Command System (ICS). ICS-200 provides training on and resources for personnel who are likely to assume a supervisory position within the ICS.

FEMA IS-700.B

National Incident Management System (NIMS) An Introduction

Provider: FEMA Independent Study

Course Updated: 6/25/2018

On-line Course: Yes

Average Completion Time: 3.5 hrs

LMS Course Completion Requirement:

"Message" FEMA Certificate to Course Administrator

Continuing Education: 0.4 CEUs

Enroll in LMS Course #: [FEMA IS-700.B](#)

This course provides an overview of the National Incident Management System (NIMS). The National Incident Management System defines the comprehensive approach guiding the whole community - all levels of government, nongovernmental organizations (NGO), and the private sector - to work together seamlessly to prevent, protect against, mitigate, respond to, and recover from the effects of incidents. The course provides learners with a basic understanding of NIMS concepts, principles, and components.

FEMA IS-800.C

National Response Framework, An Introduction

Provider: FEMA Independent Study

Course Updated: 3/27/2018

On-line Course: Yes

Average Completion Time: 3 hrs

LMS Course Completion Requirement:

"Message" FEMA Certificate to Course Administrator

Continuing Education: 0.3 CEUs

Enroll in LMS Course #: [FEMA IS-800.C](#)

The course introduces participants to the concepts and principles of the National Response Framework. The goal of this course is to familiarize participants with the National Response Framework and the ways it is applied in actual response situations.

Course Objectives:

At the end of this course, you will be able to describe:

- the purpose, scope, organization, and underlying doctrine of the National Response Framework (NRF).
- the Response roles and responsibilities of all elements of the whole community.
- core capabilities for Response and the actions required to deliver those capabilities.
- coordinating structures and operational planning used to support emergency response.

Mental Health Resources

Use this guide as a directory to find mental health resources—including self-screening tools, how to communicate about mental health and guidance on connecting with mental health professionals.

General Mental Health Information & Support

- [Mental Health 101](#)
- [Finding a Mental Health Professional](#)

For Public Health & Health Professionals

- [Why Mental Health is a Public Health Issue](#)
- [Support for Public Health Workers and Health Professionals](#)
- [Compassion Fatigue or Empathy Burnout : Which Is It?](#)
- [Health Care Professionals](#)

Self-Screening Tests

- [Take a Mental Health Test](#)
- [Finding What Helps: How Are You Feeling These Days?](#)

COVID-19 & Mental Health

- [Protecting Your Mental Health During the Coronavirus Pandemic](#)
- [Coping with Grief and Loss During The COVID-19 Pandemic](#)

For Youth

- [Youth Mental Health Test](#)
- [Mental Health Resource Center](#)
- [Mental Health Literacy](#)
- [Q Chat Space: Online Chats for LGBTQ+ Youth](#)

For Employers & Employees

For Employers:

- [5 Ways to Improve Employee Mental Health](#)
- [Offering Benefits that Matter](#)
- [How Can Leadership Normalize The Conversation Around Mental Health?](#)
- [Workplace Mental Health Playbook](#)
- [Conversation Guide for Managers](#)

For Employees:

- [Mental Health in the Workplace](#)
- [Learn How to Manage Your Workplace Stress](#)
- [Mental Health Resources for Employees](#)

For Parents & Caregivers

Parents' and Caregivers' Mental Health:

- [Mental Health Resources for Caregivers](#)
- [Caring for Yourself and Your Family Member](#)
- [Mental Health Resources for Parents](#)
- [Mom's Mental Health Matters: Moms-To-Be and Moms](#)
- [Mental Health and the New Father](#)

Providing Care and Support:

- [Children and Mental Health: Is This Just a Stage?](#)
- [Early Childhood Mental Health](#)
- [How to Help Children and Teens Manage Their Stress](#)
- [28 Mental Health Games, Activities & Worksheets](#)

Need to talk to someone now?

If you need suicide or mental health-related crisis support, or are worried about someone else, please call or text [1-800-273-8255](tel:1-800-273-8255) or visit the [National Suicide Prevention Lifeline's](#) chat to connect with a trained crisis counselor. **Starting July 16, 2022: Dial 988 to reach the Suicide and Crisis Lifeline*

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