

## **Psychological First Aid [Live Virtual Course]**

#### **Background**

Psychological First Aid is an early intervention that can be used to support anyone who is stressed or distressed, including patients, clients, and colleagues. This training will present a toolkit of supportive elements that can be used to help others, regardless of the setting or source of the stress, in order to remove barriers to natural resilience.

#### **Target Audience**

Hospital, nursing home, adult care facility, Local Health Department, Emergency Medical Services, and Emergency Management.

### **Pre-requisites**

No pre-requisites

#### **Faculty**

**Amy Nitza**, **Ph.D.**, **LMHC**, Director of the Institute for Disaster Mental Health at SUNY New Paltz.

**Karla Vermeulen, Ph.D.**, Deputy Director of the Institute for Disaster Mental Health and Associate Professor of Psychology at SUNY New Paltz.



#### **Training Section**

Thursday, October 27, 2022 - 10:00 - 11:30

# Questions Regarding NYSDOH Learning Management System (LMS)

Direct questions to <a href="mailto:edlearn@health.ny.gov">edlearn@health.ny.gov</a> or 518-473-4223 Ext 4.

#### **Questions Regarding Training**

Direct questions to <a href="mailto:prepedap@health.ny.gov">prepedap@health.ny.gov</a> or 518-474-2893.

#### Registration

To enroll in the training, please go to <a href="https://www.NYLearnsPH.com">www.NYLearnsPH.com</a> and either register or login to the LMS. Search Course Catalog for: <a href="https://www.NYLearnsPH.com">OHEP-BP4-PFA</a>



**NOTE - PLEASE READ -** Please verify your contact information and employer information in your LMS profile when registering. Any required course correspondence will be sent using the e-mail address listed in the LMS.