

## University at Albany Center for Public Health Preparedness



### Psychological First Aid for Training Coordinators

#### Background:

**Psychological First Aid (PFA)** is an evidence-informed approach that provides staff and volunteers with practical ways to help people with their basic needs and immediate concerns during a disaster. The University at Albany Center for Public Health Preparedness (UACPHP) collaborated with the Institute of Disaster Mental Health at SUNY New Paltz (IDMH), the NYS DOH, the NYS OMH and other partners to develop a **PFA Training Coordinator Guide**. The Guide helps training coordinators tailor learning and skills based PFA activities to local needs and resources.

#### Purpose of Training:

This training will provide participants with the resources and knowledge needed to implement PFA training within an organization or facility.

#### Course objectives:

At the end of the education sessions, learners will be able to:

- Describe what PFA is and why it is important;
- Recognize the importance of PFA as a key mechanism for enhancing Workforce Resilience;
- Identify the core components of PFA;
- Identify existing online PFA courses and resources;
- Describe how to select and modify PFA training resources & scenarios for a target audience;
- Identify policies and practices to support PFA training
- Implement scenario specific interactive PFA practice based sessions to facilitate skill acquisition; and
- Identify local behavioral health resources to support PFA training activities within your organization/facility.

#### Target Audience:

- Public health, Hospital or other Healthcare agency (LT Care, Home Care, etc.) preparedness or emergency management coordinators who arrange or provide emergency training in their organization

#### Target Audience (cont.)

- Other agency training coordinators with staff who participate in emergency response, to include Emergency Management, Fire, EMS and Law Enforcement.
- Training or Volunteer Coordinators who work with volunteers who participate in emergency response, including MRC, CERT, CART, Red Cross, VOAD, etc.

#### Training Dates: September-December 2016

Capital District	Sep 26	12:30-4:30pm	HANYS
Central New York	Sep 27	11-4pm	Rosamond Gifford Zoo
Western New York	Nov. 17	10-2pm	Genesee Fire Training Center
Hudson Valley	Nov. 7	10-3pm	Rockland Fire Training Center

- Refreshments will be provided at training.
- CNE, CME, CHES & CPH credits available (see page 2).

#### How to Register:

To register for the training, please click <https://www.nylearnsph.com> and either register or login to the LMS. Search Course Catalog for **Psychological First Aid for Training Coordinators or UASPH-CPHP 2016 PFA** and enroll in a session OR click this shortcut to the course enrollment page on the [LMS](#):

**Travel:** Non-HEPC members should contact [cphp@albany.edu](mailto:cphp@albany.edu) or 518-402-2066 for more information on travel accommodations or travel reimbursement.

#### Questions Regarding Training:

Direct questions to the University at Albany CPHP at [cphp@albany.edu](mailto:cphp@albany.edu) or 518-402-2066

Pre-requisite: Participants without previous PFA training are recommended to complete the following online course on PFA as background study.

[Psychological First Aid: A Minnesota Community Supported Model](#)

University of Minnesota School of Public Health

45 minutes, self-paced

**Accreditation statements:**

**Continuing Nurse Education Contact Hours**

The University at Albany School of Public Health is an Approved Provider of continuing nurse education by the Northeast Multi-State Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This offering is approved for 4 nursing contact hours.

**Continuing Medical Education**

The School of Public Health, University at Albany is accredited by the Medical Society of the State of New York (MSSNY) to provide continuing medical education for physicians.

The School of Public Health, University at Albany designates this live activity for a maximum of 4.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CHES Accreditation**

This activity is sponsored by the School of Public Health, University at Albany, SUNY, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for the CEHS to receive up to 4.0 Category I CECH contact hours.

**CPH Accreditation**

This event is sponsored by School of Public Health, University at Albany, an approved provider of CPH Renewal Credits by the National Board of Public Health Examiners. This offering is approved for 4.0 Certified in Public Health Renewal Credits.

**Disclosure Statement:**

No one with the potential to control the content of this accredited activity has disclosed any relevant financial relationships