

# Good News

from the University of Rochester Medical Center and UR Medicine

Stories for the health of our community.



## Back in tune: The Rochester Medical Orchestra finds its rhythm again

The Rochester Medical Orchestra is back after a nine-year hiatus. Its members wear many different hats—from researchers, doctors, students, archivists, to parents—but they're united by music, providing a creative release and a chance to reconnect with a part of themselves that often gets lost in the daily demands of healthcare. (Estimated reading time: 6 minutes)

[Get to know the orchestra members »](#)



## AI-driven, instructor-free platform could transform surgical training

Surgeons-in-training have traditionally learned by watching an experienced mentor in the operating room. Now, researchers at URM have developed an autonomous educational system that pairs realistic, 3D-printed organs with an augmented-reality headset and artificial intelligence (AI) to create a closed-loop training environment. (Estimated reading time: 3 minutes)

[Find out how AI-learning works »](#)



## Without a cure for multiple myeloma, a clinical trial brings hope

Nadine Poormon had a broken arm, but she had no idea why. A trip to urgent care and an MRI led to a shocking discovery: She had cancer. Her diagnosis was a rare type of blood cancer called multiple myeloma. There is no cure, but a cutting-edge clinical trial is helping give patients like Nadine more time. (Estimated reading time: 4 minutes)

[Learn more about Nadine's story »](#)



## How ketamine-assisted psychotherapy brings peace to patients

Every year, thousands of adults with advanced cancer, heart failure, or neurological disease endure not only pain but what clinicians call psychospiritual distress. Traditional tools offer relief for some, but many patients continue to suffer. For these individuals, URM providers saw another path. (Estimated reading time: 3 minutes)

[Discover this new treatment model »](#)



## Wilmot Warrior Weekend

September 27–28

Now is the time to inspire and motivate your friends, family, and colleagues in the fight against cancer. Wilmot Warrior Weekend is the premier charity event offering cycling, a walk, and a run in New York's Finger Lakes region. Plenty of volunteer opportunities are also available. Together we can leave cancer in the dust.

[Register for Warrior Weekend »](#)

## Social media highlight



The Golisano Children's Hospital tower celebrated 10 years of hope and healing.



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