Art at the bedside of cancer patients is good medicine

The simple distraction of looking at art and discussing it helped bring calm to a group of patients at the Wilmot Cancer Institute—and also provided moments of Zen for the medical student who led the study.

See the difference art can make »

Making a Match: Rochester medical students gather to mark next step in training

Match Day—the annual ceremony where students across the U.S. open envelopes containing the name of the institution where they'll train as residents—was held in person for the first time since 2019.

Experience Match Day 2022 »

The art of smell

Research suggests the brain processes smell both like a painting and a symphony.

Smell the roses »

Day of Giving

On May 5, join the University of Rochester and Medical Center community for our annual Day of Giving, a 24-hour celebration of the Meliora spirit and the power of giving back.

Make a gift »

Save the Date: 10th annual Wilmot Warrior Walk: Celebrating life beyond cancer

September 9-11, 2022

After two years in a virtual format due to Covid, we look forward to walking, running, and celebrating together in person at our Tenth Annual Wilmot Warrior Walk on Sunday, Sept. 11 at Genesee Valley Park. We also welcome participation virtually from any location, at any time September 9-11.

Register »

Honor Our Nurses

Nurses are the heart of our health care teams. Every day, they’re making crucial care decisions, supporting families, and saving lives. Through the University’s Honor a Nurse campaign, you can go online to leave a special thank you message for a nurse who has made a difference in your life. Donations can also be made to a special fund that will support continuing education for URMC and affiliate nurses as well as School of Nursing students. In celebration of National Nurses Week, we are pleased to announce the University’s campaign is now underway for our ninth annual Nurses Week. Join Dean Kathy Rideout, School of Nursing associate deans, and School of Nursing leaders for an engaging virtual panel on the future of the School of Nursing on May 9. Register now.

#honorOURnurses

Honor a nurse »

Social Media Highlight

Sublime Children’s Hospital

**It’s not from New York City.**

Why is there a postcard? The postcard is part of Sublime Children’s Hospital’s project to send postcards to patients who have died. It’s a way for the hospital to express their gratitude and to honor the patients who have passed. The postcard says, “Thank you for being amazing. Don’t worry; you’re not dead.”

**September 9-11, 2022**

Register now for our annual Day of Giving, a 24-hour celebration of the Meliora spirit and the power of giving back. Make a gift »

**Save the Date: 10th annual Wilmot Warrior Walk: Celebrating life beyond cancer**

September 9-11, 2022

After two years in a virtual format due to Covid, we look forward to walking, running, and celebrating together in person at our Tenth Annual Wilmot Warrior Walk on Sunday, Sept. 11 at Genesee Valley Park. We also welcome participation virtually from any location, at any time September 9-11.

Register »

**Honor Our Nurses**

Nurses are the heart of our health care teams. Every day, they’re making crucial care decisions, supporting families, and saving lives. Through the University’s Honor a Nurse campaign, you can go online to leave a special thank you message for a nurse who has made a difference in your life. Donations can also be made to a special fund that will support continuing education for URMC and affiliate nurses as well as School of Nursing students. In celebration of National Nurses Week, we are pleased to announce the University’s campaign is now underway for our ninth annual Nurses Week. Join Dean Kathy Rideout, School of Nursing associate deans, and School of Nursing leaders for an engaging virtual panel on the future of the School of Nursing on May 9. Register now.

#honorOURnurses

Honor a nurse »

**Social Media Highlight**

**Sublime Children’s Hospital**

**It’s not from New York City.**

Why is there a postcard? The postcard is part of Sublime Children’s Hospital’s project to send postcards to patients who have died. It’s a way for the hospital to express their gratitude and to honor the patients who have passed. The postcard says, “Thank you for being amazing. Don’t worry; you’re not dead.”