Day of Gratitude

Each November, the University celebrates a Day of Gratitude before Thanksgiving, a time to pause and reflect on what we’re grateful for. Over the next several days, we celebrate the many reasons to be thankful for each other and the University community. Explore our website and find Rochester-themed resources for practicing and spreading the spirit of gratitude.

COVID vaccine for ages 5-11: what you need to know

URMC infectious disease expert Jennifer Nayak, MD, and pediatrician Stephen Cook, MD, MPH, discuss why this COVID vaccine has continuously proven to be safe and effective.

Evidence of COVID antibodies found in breast milk of immunized mothers

A study co-authored by URMC researchers found evidence that mothers with two types of immunity from COVID—disease-acquired and mRNA vaccination-acquired—produce breast milk with active COVID antibodies.

MS drug improves memory in mice modeling Alzheimer’s disease

“This is further evidence that therapies that modify the immune system can be effective in the treatment of Alzheimer’s disease,” said Dawling Dionisio-Santos, PhD, a first-year resident in neurology and co-first author on the paper.

Older adults can get the same results with less chemo

A Wilmot Cancer Institute-led study found that doctors can safely lower the dose of cancer treatments such as chemotherapy without impacting survival for adults older than 70 who are at high risk for toxic side effects.

Social media highlight

Support our patients, students, and faculty

As an average year’s end, consider making a gift to one of the Medical Center’s overarching priorities. Your donation will support our patients, researchers, students, and faculty.