

## Psychological Provider List

**Note: You must use a provider on this list. Please schedule this evaluation immediately following the date of your first nutrition follow-up appointment.**

Provider	Insurance	Contact Information
<b>UR Medicine- University Mental Health Practice</b>	Most insurances Accepted ( <b>excluding Cigna</b> ) Please call for insurance verification  In-person & Telemed appointments available  We Validate Parking	300 Crittenden Boulevard Suite G-9054 Rochester, NY 14642 (585) 275-7301
<b>Genesee Mental Health</b>	Medicaid, Blue Choice Option, MVP Option, MVP, Excellus Commercial Carriers Aetna <b>Family Health Plus &amp; BC Option need referrals prior to scheduling</b>	Genesee Mental Health 224 Alexander Street Rochester, NY 14607 585-922-7432
<b>Barb Skornia, LCSW</b>	Excellus BCBS(not Blue Choice Option), POMCO, Cigna MVP (not MVP Option), Aetna	2290 East Avenue Rochester, NY 14610 585-721-9156
<b>LCSW Counseling Solutions</b>	Empire Value Options, Medicare, MVP Family Health Plus, BCBS, Blue Option Magellan, Value Options GHI, RMSCO BCBS Anthem, Pomco, Emblem	29 Fennell Street PO Box 242 Skaneateles, NY 13152 315-554-8117
<b>Deborah Pollack, PhD</b>	Excellus BCBS, Pomco	4317 E. Genesee St, Suite 200 Syracuse, NY 13214 315-396-8398
<b>Suburban Psychiatric Associates</b>	United Health Care, Medicare	85 Bryant Woods South Amherst, NY 14228 716-689-3333

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