

## BACKGROUND INFORMATION

- Myocarditis is an inflammation of the myocardium, the middle layer of the heart wall.
- Myocarditis is usually caused by a viral infection.
- Can mimic a heart attack or heart failure

## **SYMPTOMS**

- Signs and symptoms of myocarditis include chest pain, heart failure and abnormal heart rhythms.
- If myocarditis becomes severe, the pumping action of the heart weakens and it won't be able to supply the rest of your body with enough blood, which can lead to "heart failure."
- Clots also could form in your heart, leading to a stroke or heart attack.

## **DIAGNOSTIC TESTS**

- EKG
- Echocardiogram
- Cardiac MRI
- Angiogram
- Laboratory tests
- Cardiac biopsy

## **TREATMENT**

- Depends on underlying cause and severity of symptoms
- Treatment of heart failure with medication
- Implantable cardiac defibrillator (ICD) if heart remains weakened

**FOR MORE INFORMATION** or to make an appointment at URMC Cardiology at Highland Hospital, please call (585) 341-6780 or visit us online at <a href="https://www.highlandheart.urmc.edu">www.highlandheart.urmc.edu</a>

MEDICINE of THE HIGHEST ORDER





Page 1 Rev 2.0