

## Calcium Channel Blockers

**Diltiazem (Cardizem, Dilacor, Tiazac)**

**Verapamil (Calan, Isoptin, Veralan)**

### Use:

- These medications may be used to lower blood pressure or control heart rate. They may also be used to treat chest pain or pressure.
- Some drugs may need to be taken with food or on an empty stomach. For some drugs it does not matter. Check with your pharmacist about how to take the drug you are receiving.

### Possible side effects you may experience include:

- Low blood pressure, low heart rate, dizziness, constipation, headache, swelling in the legs or hands.
- Signs of an allergic reaction – rash, hives, itching, peeling skin
- Take time to move from lying down or sitting to standing up to make sure you are not dizzy or light headed and can walk safely without falling down.
- **Please contact us or your PCP if you feel faint or dizzy, your heart beat does not feel normal, or you develop signs of an allergic reaction.**

This is a brief summary of your medication.  
Please contact us or speak to a pharmacist if you have more questions.