

## Office Hours

**Monday - Thursday: 8:30 a.m. to 9 p.m.**

**Friday: 8:30 a.m. to 5 p.m.**

**Saturday: 8:30 a.m. to 12 p.m.**

One of our doctors is always available for emergencies. If the office is closed, you will be directed to our after hours answering service. For medical emergencies that cannot wait until regular office hours, call 911.

## Contact Information

Highland Family Medicine  
777 Clinton Avenue South  
Rochester, NY 14620

Highland.URMC.edu/FamilyMed  
Phone: (585) 279-4800

If you have any questions or wish to schedule an appointment, please call us. We look forward to providing the best possible healthcare to you and your family.



## Highland Family Medicine

Pregnancy and Pediatric Care.



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MEDICINE

**HIGHLAND**  
HOSPITAL



**UR**  
MEDICINE

**HIGHLAND**  
HOSPITAL

Our Family Medicine doctors are with you every step of your pregnancy - from before you get pregnant through the birth of your baby. With Highland Family Medicine, your same team of doctors can continue to care for you and your child after delivery and through every stage of life. If you are pregnant now or planning your pregnancy, our team of experts can help you plan a healthy pregnancy.

## You and Your Doctor

Our patients benefit from one team coordinating their care through pregnancy and beyond, allowing our doctors and nurses to get to know you and your individual physical and emotional needs.

Your Highland Family Medicine team is also supported by the resources, facilities, and medical team at Highland Hospital, which delivers more babies than any other hospital in Rochester. This close relationship allows for easy coordination of the delivery, if you deliver by Cesarean section, or need to see a specialist such as a maternal fetal medicine doctor or neonatologist. As our patient, you will have the peace of mind knowing that your care will be closely coordinated and your family doctor will be involved during your hospital stay and after you go home.

## Having Your Baby with Highland

Highland Family Medicine and The Family Maternity Center at Highland Hospital offer the best of all worlds:

- Private birthing suites in a comfortable, soothing environment
- Childbirth and parenting classes
- Centering Pregnancy® program; group prenatal care that affords women more time with their doctor
- Lactation consultants and breast feeding education and equipment
- An outstanding level of care, including the Special Care Nursery and Perinatal Center
- Highly experienced, compassionate nurses

## Caring for Your Baby and Family

We share your goal of keeping you, your baby, and your entire family healthy. Our patients take comfort knowing that their family doctors will be there at birth, during their hospital stay, and after they go home. In fact, it is important we see your baby at Highland Family Medicine within two days of being discharged, and we schedule that appointment before you even leave the hospital.

Our family doctors are also here to care for your children and the rest of your family throughout their lives. Having one doctor who knows and cares for you and every member of your family can mean healthier lives for all.

