



At Highland Family Medicine,
we have a team of dedicated
family doctors, residents, nurse
practitioners and nurses who are
passionate about personalized,
high quality pregnancy care.
We care for you during your
pregnancy and can continue
to care for you and your family
throughout your lifetime.

Office Hours

Monday-Thursday: 8:30 am to 9 pm

Friday: 8:30 am to 5 pm

Saturday: 8:30 am to 12 noon

The office telephones are regularly forwarded to the answering service for lunch, most often between noon and 1:30 pm and for supper from 4:30 pm to 5:30 pm. One of our doctors is always available for emergencies. If the office is closed, you will be directed to our after hours answering service.

After Hours Emergencies

For medical emergencies that cannot wait until regular office hours, call 911.

Contact Information

If you have any questions or wish to schedule an appointment, please call us at **585.279.4800**. We look forward to providing the best possible health care to you and your family.

Highland Family Medicine

777 Clinton Avenue South
Rochester, NY 14620
www.HighlandHospital.org

HIGHLAND
HOSPITAL



MEDICINE *of* THE HIGHEST ORDER

HIGHLAND
HOSPITAL



Highland Family Medicine

Pregnancy And Pediatric Care



Are You Thinking About Having a Baby?

We recommend that patients see their family doctor before they get pregnant if possible. Please call our office for an appointment so we can help you plan a healthy pregnancy. If you think you may be pregnant now, call us and we will see you as soon as possible for confirmation of your pregnancy.

You and Your Doctor

A special benefit of family medicine is that women will see the same care team for routine health care as well as specialized care for pregnancy and delivery. This is important because your doctor will know you and your unique physical and emotional needs.

If there is a complication with your pregnancy, your family doctor may ask another doctor who specializes in high risk pregnancies,



such as a maternal fetal medicine doctor, to see you for a consultation. In most cases your family doctor can continue to still care for you during pregnancy and attend your delivery.

Having Your Baby At Highland Hospital

Your family doctor will deliver your baby at Highland Hospital, the top choice for Rochester area families to welcome their new addition.

The Family Maternity Center at Highland Hospital offers the best of all worlds:

- Private birthing suites in a comfortable, soothing environment.
- Highly experienced, compassionate nurses.
- An outstanding level of care for higher risk situations, including a special care nursery and Perinatal Center.
- A neonatologist available at all times (either onsite or by phone).
- Breast feeding education and equipment with consultants to help you when you have questions.
- Childbirth and parenting classes.

If You Need a C-Section

If you need a Cesarean section (surgical delivery), a family doctor with advanced training or an obstetrician will be consulted to do the surgery. However your own family doctor who has seen you during your pregnancy will continue to be closely involved in your care during your hospital stay and after you go home.



Caring for Your Baby

Taking care of your entire family and keeping your family healthy is the goal of Highland Family Medicine. Your family doctor will take care of your baby right after birth, while you and the baby remain in the hospital, and after you go home. It is important for us to see the baby at Highland Family Medicine within the first 2 days after you leave the hospital. We will confirm this appointment with you before you are discharged from Highland Hospital.

Caring For Your Family

Highland Family Medicine is honored to care for women before, during and after pregnancy. Our family doctors are also here to care for your children and the rest of your family throughout their lives. Having one doctor who knows and cares for you and every member of your family can mean healthier lives for all. *The best possible health care to you and your family.*