

**MEALS ON WHEELS**  
2180 Empire Boulevard Webster, NY 14580  
Phone (585) 787-8397 Fax (585) 787-9729  
homecare.urmc.edu

**FEEL RIGHT AT HOME REFERRAL**

The Feel Right at Home meal program helps your patients transition back to home after a hospital or rehabilitation stay. Two weeks of meals are available at half-price, currently \$3.50. After this time, participants may continue meals at the full cost of \$7.00 per meal. Depending on availability, individuals age 60 and older may be eligible for our contribution program. There is no cost per meal on the contribution program; we simply ask for a voluntary monthly donation that fits participants' budgets.

**Patient Information**

Name \_\_\_\_\_  Male  Female DOB \_\_\_\_\_

Address \_\_\_\_\_ Home phone \_\_\_\_\_

\_\_\_\_\_ Cell phone \_\_\_\_\_

Race  African American  American Indian  Asian  Hispanic  White

Primary language (if other than English) \_\_\_\_\_

Food allergies \_\_\_\_\_

Primary care physician \_\_\_\_\_ Diagnosis 1 \_\_\_\_\_

2 \_\_\_\_\_

**Meal and Delivery Information**

**Option 1: Hot Meals** – One meal per delivery

**Days** (three-day minimum)

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday

**Type**

- Regular
- No concentrated sweets
- Low lactose
- Kosher (limited delivery area)

**Beverage**

- 2% milk
- Skim milk
- Lactaid
- Juice

**Consistency**

- Regular
- Ground

**Option 2: Frozen Meals** – One box of 7 frozen meals delivered once per week. Beverage is skim milk. We cannot accommodate allergies, dislikes, ground consistency, or kosher meals with this option.

Desired date of first meal \_\_\_\_\_

Special instructions or safety concerns \_\_\_\_\_

Pets \_\_\_\_\_ (pets must be restrained during meal delivery)

**Patient's Alternate/Emergency Contact Information**

Name \_\_\_\_\_ Daytime phone \_\_\_\_\_

**Referral Source**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Facility \_\_\_\_\_