Gastrointestinal (GI) Procedure
For Patients 19+ years old

If this box is checked, please purchase a 10-ounce bottle of magnesium citrate which can be found at any pharmacy.

Thank you for choosing UR Imaging. We look forward to serving your medical needs.

Below are the most common GI imaging studies:

- **Barium Enema (Lower GI Series):** This diagnoses disorders of the large intestine, colon and rectum. It involves filling the large intestine with barium liquid while x-ray images are taken. The barium will be given to you through a tube while the x-rays are taken.

- **Enteroclysis (Small Bowel Study):** This procedure evaluates disorders of the small bowel. It involves filling the small bowel with barium liquid via a nasal tube which extends into the small bowel while x-ray images are taken.

- **Esophogram (Barium Swallow):** This identifies any abnormalities such as tumors, ulcers, hernias, pockets, narrowing and swallowing difficulties. This is an examination of the esophagus and stomach using barium to coat the walls of the upper digestive tract so it may be examined under x-ray. A barium "milkshake" will be provided to drink before the procedure.

- **Upper GI Series:** This uses x-rays to diagnose the upper GI tract, which includes the esophagus, stomach and duodenum. A barium "milkshake" will be provided to drink prior to the procedure. You will be asked to move from one position to another throughout the procedure.

- **Small Bowel Follow Through:** This exam diagnoses disorders of the small intestine. A barium "milkshake" will be provided to drink before the procedure. Images are taken over time until the barium reaches the end of the small intestine. This exam can take up to 4 hours.

**IMPORTANT:**
You may receive a call from us to review your medical history to determine that no issues exist preventing you from having a GI procedure. If you need to cancel or reschedule your appointment, please provide 24 hours notice.

We ask that you call at least 3 days ahead if either of the following pertain to you so we may make the appropriate modifications to your treatment plan:
- If you believe you may be pregnant.
- If you have had a contrast allergy/reaction (i.e., hives, rash, itching, breathing difficulty) while undergoing a previous imaging study.

**Preparation for Barium Enema and Enteroclysis patients:**
The purpose of the preparation is to cleanse the bowel. The day before your appointment, follow these dietary instructions:

- **Breakfast** — eat a normal diet.
- **Lunch** — drink clear liquids only (black tea, black coffee, jello, clear broth, carbonated drinks, apple, grape or cranberry juices).
- Between 3pm and 4pm, drink 10 oz. of magnesium citrate.
- **Supper** — drink only clear liquids.
- Between 9pm and 10pm (or 6 hours after drinking magnesium citrate) — drink 10 oz. of clear liquid.
- You may continue to drink clear liquids as desired, up until 4 hours before your procedure time.
- Do not eat or drink 4 hours prior to your appointment.
- Medications may be taken 2–4 hours prior to your appointment.

**There are no preparatory instructions required for patients undergoing Esophograms.**

**Preparation for Upper GI Series and Small Bowel Follow Throughs:** Do not eat or drink after midnight the evening prior to your procedure. Also, please do not smoke or chew gum after midnight. This is necessary for an empty and relaxed stomach.

**A note for diabetics:** If you are diabetic, please check with your primary care physician for specific medication and other preparatory instructions.

**Instructions for the day of your procedure:**
- **Please arrive on time.** Allow extra time in your trip for weather, traffic and parking.
- Leave valuables at home.
- Bring your insurance card and photo ID.
- All parents/guardians having an imaging study must be aware that there is no supervision available for children. Please do not have children accompany you to your appointment.

**What to expect after your procedure:**
- You will be provided with post-procedure instructions.
- Your procedure results will be sent to your referring physician within 2 business days. Please contact your physician.
- If you have a MyChart account, your results will be posted in 14 days.

**Suggestion:** When the examination is over, drink plenty of fluids. If you are constipated, a mild laxative will help you get rid of the barium. If you have any concerns in this regard, consult your referring physician.

**For general questions, to reschedule an exam or to request directions, please call (585) 784-2985.**
## UR Imaging
### Gastrointestinal Procedure Locations

**Free Parking at all locations***

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Directions</th>
</tr>
</thead>
</table>
| East River Road           | 200 East River Road                           | From I-390 North: Take Exit 16A  
  - Continue towards UR  
  - Medical Center  
  - Continue straight at light across  
  W. Henrietta Rd. UR Imaging will be on the left.  
  From I-390 South: Take Exit 16A.  
  - Turn left at light. UR Imaging will be on the right. |
| Highland Hospital         | 1000 South Avenue                             | Rochester, NY 14620  
  - From I-490, take Exit 17  
  (Goodman St)  
  - Turn south onto Goodman St  
  - Turn right onto Rockingham St  
  - Turn left onto South Ave  
  - Hospital is on the left. |
| Thompson Health           | 350 Parrish Street                            | Canandaigua, NY 14424  
  - From I-90, take exit 44  
  - Follow Rt 332 South into town of Canandaigua (~8 miles)  
  - Turn right onto Parrish St  
  - Hospital is on the right. |
| Auburn Community Hospital | 17 Lansing Street                             | Auburn NY 13201  
  - From I-90, take Exit 34  
  - Merge right onto Route 34.  
  - Travel approximately 9 miles.  
  - Turn Left onto Lansing St., Hospital is on the left. |
| Noyes Health              | 111 Clara Barton Street                       | Dansville, NY 14337  
  - From I-390, take Exit 4.  
  - Turn left onto Route 36, Hospital is on the right. |
| St. James Hospital        | 411 Canisteo Street                           | Hornell, NY 14843  
  - From Route 390, take exit 4.  
  - Turn Right onto Route 36S.  
  - Travel approximately 15 miles to Hornell.  
  - Continue straight on 36S through downtown Hornell.  
  - Turn right onto W. Van Scoter St.  
  - Hospital is on the left. |

*At Highland Hospital a ramp garage parking voucher will be provided in the recovery area after your procedure.*