Thank you for choosing UR Medicine Imaging. We look forward to serving your medical needs.

An Ultrasound scan is a diagnostic imaging procedure that uses a combination of sound waves and computer technology to see inside the body. It is used to study parts of the body such as the liver, testicles, uterus and other organs. The exam is performed to look at the size of the organs and any abnormalities within them. Ultrasound can also be used to study blood vessels in organs as well as in the neck, arms and legs.

Ultrasound generally involves little or no discomfort as it is non-invasive. It does not use radiation and there are no known side effects.

IMPORTANT:
If you need to cancel or reschedule your appointment, please provide 24 hours notice.

Some ultrasound exams require preparation:

☐ Renal Ultrasound: This evaluates the kidneys, bladder and in adults, the abdominal aorta.

Preparation:
• 0–16 years old – there is no preparation required.
• 17 years and older
  – For morning appointments, have nothing to eat after midnight. Drink 16-24 oz of water prior to exam.
  – For afternoon appointments, have nothing to eat for 6-8 hours prior to the examination time. Drink 16-24 oz of water prior to exam.

☐ Pelvic Ultrasound: This evaluates the uterus and ovaries.

Preparation:
• 0–3 years old – give clear liquid (no carbonation) from 1/2 hour prior to your appointment until you arrive.
• 4–11 years old – drink 16 oz. of clear liquid (no carbonation) 1/2 hour prior to your appointment until you arrive. Do not urinate.
• 12 years and older – start drinking 24–32 oz. of water (no carbonation) one hour prior to your appointment until you arrive. Do not urinate.

☐ Abdomen/Aorta Ultrasound: This evaluates the liver, gallbladder, pancreas, kidneys, spleen and abdominal aorta.

Preparation:
• 0–3 years old – withhold the last scheduled feeding prior to exam time.
• 4–16 years old – have nothing to eat or drink 4 hours prior to exam time.
• 17 years and older
  – For morning appointments, have nothing to eat or drink after midnight, except for water used to take medication.
  – For afternoon appointments, have nothing to eat or drink 8 hours prior to your exam time, except for water used to take medication.

Instructions for the day of your procedure:
• Please arrive on time. Allow extra time in your trip for weather, traffic and parking.
• Leave valuables at home.
• Bring your insurance card and photo ID.
• A parent/guardian should remain in the building when a child (under 19 years) is having an imaging procedure.
• All parents/guardians having an imaging study must be aware that there is no supervision available for children. Please do not have children accompany you to your appointment.

What to expect during your procedure:
• You will be positioned on an exam table and warm gel will be applied to the area being examined. The transducer (camera) will then be placed on the skin and passed over the area being examined.
• Depending on the area being examined, you may have to stay still, change positions or hold your breath. Most exams take between 15 and 45 minutes, some may take an hour.

What to expect after your procedure:
• Your results will be sent to your referring physician within 2 business days. Please contact your physician.
• If you have a MyChart account, your results will be posted in 14 days.

For general questions, to reschedule an exam or to request directions, please call (585) 784-2985.

PLEASE PLAN ON BEING HERE FOR:

Appointment Date: __________ Time: __________ Location: __________

yoUR imaging. yoUR location. yoUR Radiologist.

REV. 4/25/19
## UR Medicine Imaging

### Ultrasound (US) Locations

**FREE PARKING AT ALL LOCATIONS**

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Part Of</th>
</tr>
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<tbody>
<tr>
<td>East River Road</td>
<td>200 East River Road, Rochester, NY 14623</td>
<td>Part of Strong Memorial Hospital</td>
</tr>
<tr>
<td>Noyes Health</td>
<td>111 Clara Barton Street, Dansville, NY 14337</td>
<td>Part of Noyes Hospital</td>
</tr>
<tr>
<td>Golisano Children's Hospital</td>
<td>150 Crittenden Boulevard, Rochester, NY 14642</td>
<td>Part of Noyes Hospital</td>
</tr>
<tr>
<td>Noyes Health Services</td>
<td>50 E. South Street, Geneseo, NY 14454</td>
<td>Part of Strong Memorial Hospital</td>
</tr>
<tr>
<td>Platinum Office Park</td>
<td>2064 Fairport Nine Mile Point Rd, Penfield, NY 14526</td>
<td>Part of St. James Hospital</td>
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<tr>
<td>St. James Hospital</td>
<td>411 Canisteo Street, Hornell, NY 14843</td>
<td>Part of St. James Hospital</td>
</tr>
<tr>
<td>Strong West</td>
<td>156 West Avenue, Brockport, NY 14420</td>
<td>Part of Thompson Health</td>
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<tr>
<td>Thompson Health</td>
<td>350 Parrish Street, Canandaigua, NY 14424</td>
<td>Part of Thompson Health</td>
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<tr>
<td>Highland Hospital</td>
<td>1000 South Avenue, Rochester, NY 14620</td>
<td>Part of Highland Hospital</td>
</tr>
</tbody>
</table>

**University Medical Imaging**

4901 Lac de Ville Blvd, Building D, Suite 140, Rochester, NY 14618

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**UR Medicine physicians also provide professional interpretation services at facilities owned and operated by these sites.**

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Auburn Community Hospital</td>
<td>17 Lansing Street, Auburn, NY 13201</td>
</tr>
<tr>
<td>University Medical Imaging</td>
<td>4901 Lac de Ville Blvd, Building D, Suite 140</td>
</tr>
<tr>
<td></td>
<td>Rochester, NY 14618</td>
</tr>
</tbody>
</table>