ULTRASOUND (US)

Thank you for choosing UR Imaging. We look forward to serving your medical needs.

An Ultrasound scan is a diagnostic imaging procedure that uses a combination of sound waves and computer technology to see inside the body. It is used to study parts of the body such as the liver, testicles, uterus and other organs. The exam is performed to look at the size of the organs and any abnormalities within them. Ultrasound can also be used to study blood vessels in organs as well as in the neck, arms and legs.

Ultrasound generally involves little or no discomfort as it is non-invasive. It does not use radiation and there are no known side effects.

IMPORTANT:
If you need to cancel or reschedule your appointment, please provide 24 hours notice.

Some ultrasound exams require preparation:

☐ Renal Ultrasound: This evaluates the kidneys, bladder and in adults, the abdominal aorta.
Preparation:
• 0–16 years old – there is no preparation required.
• 17 years and older
  – For morning appointments, have nothing to eat after midnight. Drink 16-24 oz of water prior to exam.
  – For afternoon appointments, have nothing to eat for 6-8 hours prior to the examination time. Drink 16-24 oz of water prior to exam.

☐ Pelvic Ultrasound: This evaluates the uterus and ovaries.
Preparation:
• 0–3 years old – give clear liquid (no carbonation) from 1/2 hour prior to your appointment until you arrive.
• 4–11 years old – drink 16 oz. of clear liquid (no carbonation) 1/2 hour prior to your appointment until you arrive. Do not urinate.
• 12 years and older – start drinking 24–32 oz. of water (no carbonation) one hour prior to your appointment until you arrive. Do not urinate.

☐ Abdomen/Aorta Ultrasound: This evaluates the liver, gallbladder, pancreas, kidneys, spleen and abdominal aorta.

Preparation:
• 0–3 years old – withhold the last scheduled feeding prior to exam time.
• 4–16 years old – have nothing to eat or drink 4 hours prior to exam time.
• 17 years and older
  – For morning appointments, have nothing to eat or drink after midnight, except for water used to take medication.
  – For afternoon appointments, have nothing to eat or drink 8 hours prior to your exam time, except for water used to take medication.

Instructions for the day of your procedure:
• Please arrive on time. Allow extra time in your trip for weather, traffic and parking.
• Leave valuables at home.
• Bring your insurance card and photo ID.
• A parent/guardian should remain in the building when a child (under 19 years) is having an imaging procedure.
• All parents/guardians having an imaging study must be aware that there is no supervision available for children. Please do not have children accompany you to your appointment.

What to expect during your procedure:
• You will be positioned on an exam table and warm gel will be applied to the area being examined. The transducer (camera) will then be placed on the skin and passed over the area being examined.
• Depending on the area being examined, you may have to stay still, change positions or hold your breath. Most exams take between 15 and 45 minutes, some may take an hour.

What to expect after your procedure:
• Your results will be sent to your referring physician within 2 business days. Please contact your physician.
• If you have a MyChart account, your results will be posted in 14 days.

For general questions, to reschedule an exam or to request directions, please call (585) 784-2985.

Appointment Date: ___________ Time: ___________ Location: __________________________

PLEASE PLAN ON BEING HERE FOR: ____________________________

yoUR imaging. yoUR location. yoUR Radiologist.
UR Imaging: Ultrasound (US) Locations

**Free Parking at all locations***

**East River Road**
200 East River Road
Rochester, NY 14623
From I-390 North: Take Exit 16A
• Continue towards UR Medical Center
• Continue straight at light across
  W. Henrietta Rd. UR Imaging will be on the left.
From I-390 South: Take Exit 16A
• Turn left at light. UR Imaging will be on the right.

**Highland Hospital**
1000 South Avenue
Rochester, NY 14620
• From I-490, take Exit 17 (Goodman St)
• Turn south onto Goodman St
• Turn right onto Rockingham St
• Turn left onto South Ave
• Hospital is on the left.

**Golisano Children's Hospital**
150 Crittenden Boulevard
Rochester, NY 14642
• From I-390, take exit 16 (Rt 15A)
• Turn north and follow Rt 15
• Turn left onto Crittenden Blvd.,
  Hospital is on the right.

**Thompson Health**
350 Parrish Street
Canandaigua, NY 14424
• From I-90, take exit 44
• Follow Rt 332 South into town
  of Canandaigua (~8 miles)
• Turn right onto Parrish St
• Hospital is on the right.

**University Medical Imaging**
4901 Lac de Ville Blvd, Building D, Suite 140
Rochester, NY 14618
• From I-390, take Exit 16 (Rt 15A).
• Turn north and follow Rt 15A
• Turn right (east) onto Westfall Rd
• Turn right onto Lac de Ville Blvd
• Follow signs for Building D.

**Platinum Office Park**
2064 Fairport Nine Mile Point Rd
Penfield, NY 14526
• From I-490, take exit 23
• Travel east on Route 441
  (Penfield Rd).
• Turn left onto Fairport Nine Mile Road
  (Rt. 250)
• Office park is on the right.

**Strong West**
156 West Avenue
Brockport, NY 14420
• From 490 W, take exit 8 (Rt 531).
• Turn right onto Washington St (Rt 36)
• Turn left onto Brockport
  Spencerport Rd (Rt 31)
• Turn right onto Sweden Walker Rd (Rt 260)
• Turn left onto East Ave
• At roundabout, take 2nd exit onto West Ave.

**Auburn Community Hospital**
17 Lansing Street
Auburn, NY 13201
• From I-90, take Exit 34
• Merge right onto Route 34.
• Travel approximately 9 miles.
• Turn Left onto Lansing St.,
  Hospital is on the left.

**Noyes Health**
111 Clara Barton Street
Dansville, NY 14437
• From I-390, take Exit 4.
• Turn left onto Route 36,
  Hospital is on the right.

**Noyes Health Services**
50 E. South Street
Geneseo, NY 14454
• From I-390, take Exit 8.
• Turn to travel on Route 20A West.
• Travel approximately 4 miles.
  Noyes Health Services is on the left.

**St. James Hospital**
411 Canisteo Street
Hornell, NY 14843
• From Route 390, take exit 4.
• Turn Right onto Route 365.
• Travel approximately 15 miles to Hornell.
• Continue straight on 365 through downtown Hornell.
• Turn right onto W. Van Scoter St.
• Hospital is on the Left.

*At Highland Hospital a ramp garage parking voucher will be provided in the recovery area after your procedure.*