

## MODULE 3: Avoiding Hypoglycemia – The Rate-Limiting Factor in Diabetes Treatment

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### Program Description

This module will review the causes, pathogenesis, consequences and management of hypoglycemia in diabetic patients.

### Learning Objectives

*At the conclusion of this activity, participants should be able to:*

- Recognize the clinical manifestations of hypoglycemia in diabetic patients including hypoglycemia unawareness.
- Modify management to prevent and, when present, treat hypoglycemia in diabetic patients.

### Bibliographic Sources to Allow for Further Study

- Cryer PE, Axelrod L, Grossman AB, et al. Evaluation and Management of Adult Hypoglycemic Disorders: An Endocrine Society Clinical Practice Guideline. *J Clin Endocrinol Metab* 2009; 94: 709-728.
- Seaquist ER, Anderson J, Childs B, et al. Hypoglycemia and Diabetes: A Report of a Workgroup of the American Diabetes Association and The Endocrine Society. *J Clin Endocrinol Metab* 2013; 98: 1845-1859.

### Accreditation

The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Certification

The University of Rochester School of Medicine and Dentistry designates this enduring material for a maximum of *0.75 AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*No commercial funds have been received to support this educational activity.*

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Speaker declared that no financial interest or relationship exists

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