

Completed by: Theresa Moore, SPHE, Allegany County Department of Health
E-mail: mooret@alleganyco.com

Priority	2017 Progress to Date	Implementation Partner <i>(Please select one partner from the dropdown list per row)</i>	Partner Role(s)	Strengths	Challenges? How will they be addressed?	Focus Area	Goal	Objectives	Disparities	Interventions/ Strategies/Activities	Family of Measures
Prevent Chronic Diseases	4a. Stanford University Chronic Disease Self-Management course # courses offered and # of participants completing the course= 4 completed- Angelica Methodist Church pretest/posttest results- in general your health pretest-66.67% good and 33.3% fair with positive shift on post test to 33.3% very good and 66.67% good. Chronic Pain Self Management class in Belmont NY 5 enrolled and 2 completed pretest/posttest results-quality of life decreased by 1.00; fatigue status decreased by 1.00; self-reported pain status decreased by 2.00; self reported stress status decreased by 1.00; self reported sleep problem status improved by 1.00; comments-wrote letter using communication skills; wrote action plan; now able to put on socks; enrolled in counseling; know it is okay to call suicide hotline; keep medication list in wallet Chronic Pain Self Management class from Wellsville YMCA with 6 enrolled and 4 completed.	Community-based organizations	Ardent Solutions (rural health network) has staff trained to provide the Stanford University Chronic Disease Self-Management course and CDSMCP.	Course is an Evidence Based program addressing self-management of all types of chronic diseases.	Challenges: Participation is low causing classes to be canceled. Participants are looking for classes related to the needs and issues of a specific chronic disease. Addressed: Use testimonials from past participants to encourage new participants. Referrals from healthcare providers to CDSM classes. offering Chronic Pain Self Management classes	Increase access to high quality chronic disease preventive care and management in both clinical and community settings	Promote the use of evidence-based care to manage chronic diseases	4.a. Prevent secondary cardio and stroke events by promoting chronic disease self-management and improving post-acute care and rehabilitation.	Socio-Economic/income-offering EB programming on Chronic Disease Self-Management at low cost to the participants from Allegany County.	4.a. Implement a minimum of 2 Stanford University Chronic Disease Self-Management Workshop Series, one session/week for 2.5 hours, targeting a minimum of 20 individuals diagnosed with heart disease	4.a. Individuals will demonstrate an increase in knowledge as measured through pre-post assessments on the following topics: -techniques to deal with problems, frustration, fatigue, pain and isolation -appropriate exercise for maintaining and improving strength and stamina -communicating effectively with family, friends and health professionals -nutrition -decision making -how to evaluate new treatments