

Wondering How You Can Help JMH?

We appreciate more than you will ever know the continued thoughts & prayers for our staff on the front lines.

If you are one of the many community members who have asked what you can do to help out, here are some ideas!

We have all the supplies we need **right now**, but anticipate a surge in the coming weeks. To ensure that we can continue to support our staff as they care for the community, Jones Memorial is now accepting donations of these personal protective equipment (PPE) items.

- Safety goggles/glasses
- N95 masks or other commercially-made protective masks (unopened boxes)
- Homemade cloth masks

Items can be dropped off in the bins that are located outside of the hospital's main entrance every day, between 8 am and 7 pm. If you leave a donation, please email pearsonj@jmhny.org with a list of the items you have donated.

IF YOU WOULD LIKE TO MAKE MASKS:

There isn't a list of preferred textiles for homemade PPE, but in general, a few layers of looser weave is more comfortable than a single layer of dense weave. Launderable, textile masks with layers and snug fit would help preserve supplies of actual professional PPE.

There are many online instructions for making masks, this is just one:

<https://www.yahoo.com/lifestyle/want-help-coronavirus-fight-jo-204759492.html>

Before you start sewing, ask yourself these two questions:

1. Have you been in contact with anyone suspected or confirmed to have COVID-19 in the past 14 days?
2. Do you have a fever, cough or shortness of breath?

If you are able to answer "NO" to both questions, then proceed with making masks!

**Questions? Contact Jodi Pearson at (585) 596-2053
or the Administration Office at (585) 596-4002**



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