



Annual Employee & Community

# HEALTH & WELLNESS SCREENING

8:00 AM - 4:00 PM

TUESDAY, MAY 14, 2019

WALCHLI EDUCATION CENTER at JONES MEMORIAL

JMH STAFF WILL BE PROVIDING A VARIETY OF HEALTH SCREENINGS AT NO CHARGE INCLUDING:

- Blood pressure
- Bone density testing
- Flexibility measurement
- Glucose & Cholesterol screenings
- The Tanita Scale (measures body fat & BMI)
- Pulmonary Function Testing
- Nutrition Information will be available
- Bring your prescriptions to discuss them with the JMH Pharmacist, 8 - 11 am and 1:30 - 4 pm.

HEALTH & WELLNESS SCREENING DAY IS A FREE COMMUNITY SERVICE PROVIDED BY THE WELLNESS COMMITTEE AT JONES MEMORIAL HOSPITAL.

---

INFORMATION AND REPRESENTATIVES FROM ARDENT SOLUTIONS AND UNIVERA HEALTHCARE WILL ALSO BE AVAILABLE!