Using EAP in Supervision  
January 16, 2020 • 12-1 PM • Medical Center  
- Improve your ability to recognize employees having personal problems that are adversely affecting performance.  
- Find out how EAP can be used as a productivity tool when addressing job performance concerns.

The Ultimate Overview of Leave Administration  
February 20, 2020 • 12-1 PM • Medical Center  
- Expand your knowledge of plans such as the Family Medical Leave Act (FMLA), Workers’ Compensation, and Long-Term Disability.  
- Understand the eligibility requirements, employee responsibilities, and department responsibilities for each plan.

Workplace Conflict: A Supervisor’s Guide  
March 12, 2020 • 12-1:30 PM • Medical Center  
- Learn how and when should you intervene in conflicts between coworkers.  
- Evaluate your approach to conflict resolution and develop new skills to maximize effective outcomes.

Recognizing Stress, Depression, Anxiety in the Workplace  
April 23, 2020 • 12-1 PM • Medical Center  
- Gain tools to assist you in recognizing signs of depressions, anxiety and distress among your employees.  
- Learn about what you can do to help a struggling employee.

Work-Life Balance Starts with you as the Leader  
May 14, 2020 • 12-1 PM • Medical Center  
- Assess your own work-life balance as a leader.  
- Uncover good balance habits you can model for your employees.