Enroll in the EAP Supervisor Training Sessions through MyPath (mypass.rockchel.edu)

UTILIZING LIFE-WORK CONNECTIONS/EAP IN SUPERVISION
September 11th • 12-1pm • Helen Wood Hall
- Improve your ability to recognize employees having personal problems that are adversely affecting performance.
- Find out how EAP can be used as a productivity tool when addressing job performance concerns.

OVERVIEW OF LEAVE ADMINISTRATION PLANS
September 25th • 12-1pm • Helen Wood Hall
- Expand your knowledge of plans such as the Family Medical Leave Act (FMLA), Paid Family Leave (PFL), long-term disability, etc.
- Understand the eligibility requirements, employee responsibilities, and department responsibilities for different leave plans.

GENERATIONAL DIFFERENCES
October 23rd • 12-1pm • Helen Wood Hall
- Recognize the differences between each generation and take advantage of the positive qualities that each group offers.
- Examine your current perspective on work-life balance.

RECOGNIZING STRESS, DEPRESSION & ANXIETY IN THE WORKPLACE
November 6th • 12-1pm • Helen Wood Hall
- Obtain tools and information to assist you with recognizing signs of depression, anxiety, and distress among your employees.
- Learn about what you, as a supervisor, can do to help a struggling employee.

DEALING WITH WORKPLACE CONFLICT
December 4th • 12-1pm • Helen Wood Hall
- How & when should you intervene in conflicts between coworkers?
- Evaluate your conflict resolution approaches and develop new skills to maximize effective outcomes.