



***University of Rochester Medical Center's Division of
Allergy, Immunology and Rheumatology***

***13th Annual Lupus Education Day
October 19, 2019***

Location: University of Rochester Medical Center
School of Nursing / Helen Wood Hall Auditorium 1W-304
255 Crittenden Blvd, Rochester, New York
Time: 10:00 am –2:00 pm

We have brought this free symposium to the Rochester community yearly in order to provide state-of-the-art information to individuals with lupus and their families. It is an interesting time in the world of lupus with many active clinical trials studying new treatment options. We are also excited to bring back last year's popular break-out sessions and offer "U Pick 2" this year. We gratefully acknowledge the support from our IQ-Lupus Initiative that helps provide lupus patient education and outreach.

Symposium Organizer: Jennifer Anolik, M.D., Ph.D.

Professor of Medicine, Pathology, and Microbiology/Immunology
Associate Chair for Research, Department of Medicine
Director of the URMCLupus Clinic
University of Rochester Division of Allergy/Immunology & Rheumatology

Topics/Agenda:

10:00-10:30am	Sign-in/Refreshments
10:30-10:35	Introduction/Logistics
10:35-11:00	What's New in the World of Lupus – Dr. Jennifer Anolik
11:00-11:30	Lupus and Pregnancy – Dr. Lorelei Thornburg
11:30-11:45	Refreshment Break
11:45-12:35pm	Patient Panel
12:35-1:45	Break-out Sessions – "U Pick 2": Yoga, Mindfulness, Physical Activity, & Ask the Doc
1:45-2:00	Questions and wrap-up

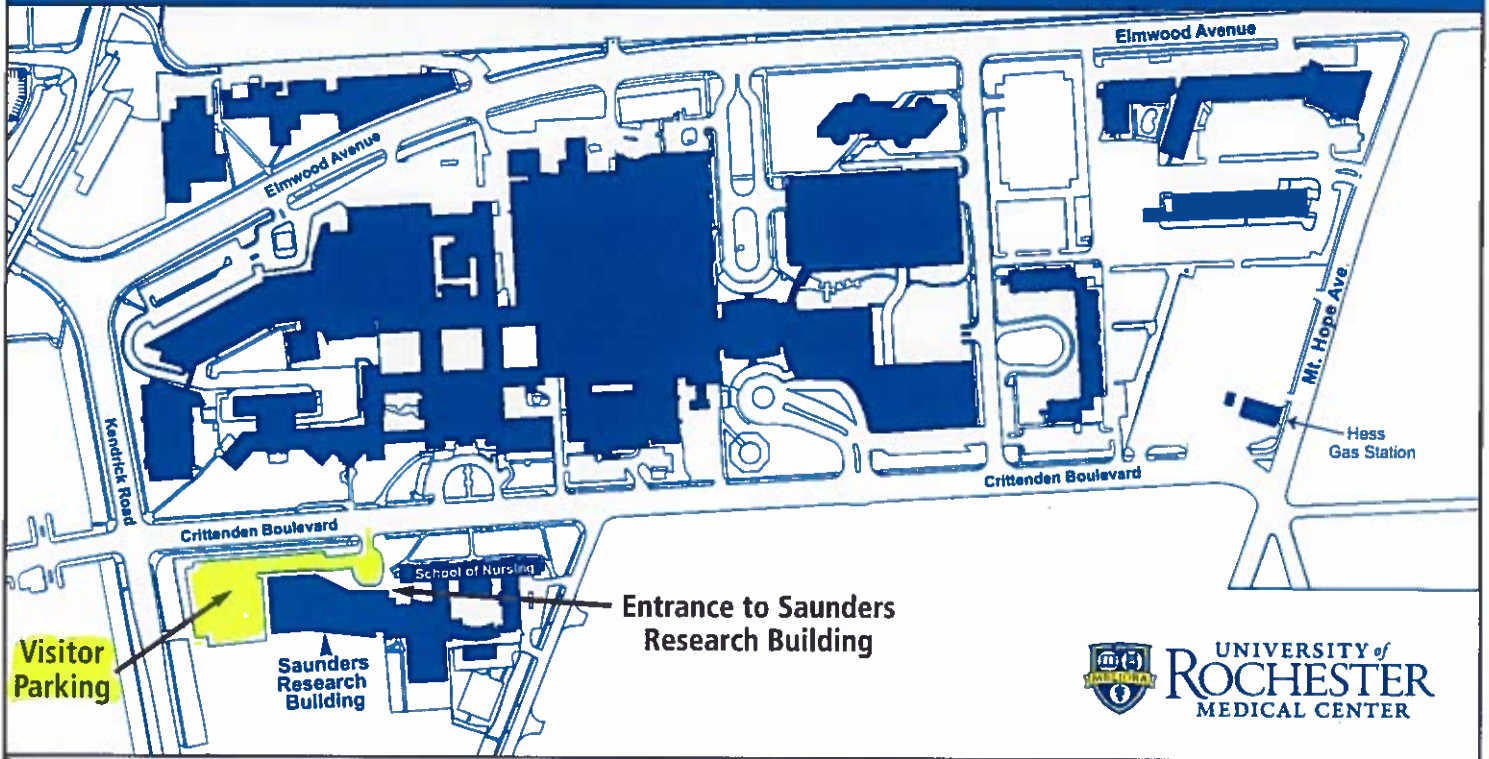
Registration Contact: Christine Pawuk - 585- 275-2891 (no registration fee)

If you know someone with lupus, please share this flyer.

Please call to register.

See enclosed flyer for parking directions.

University of Rochester Medical Center / Saunders Research Building



Enlarged Detail of University of Rochester Medical Center • 601 Elmwood Avenue, Rochester, New York

Directions to University of Rochester Medical Center/ Saunders Research Building

From Syracuse and the East

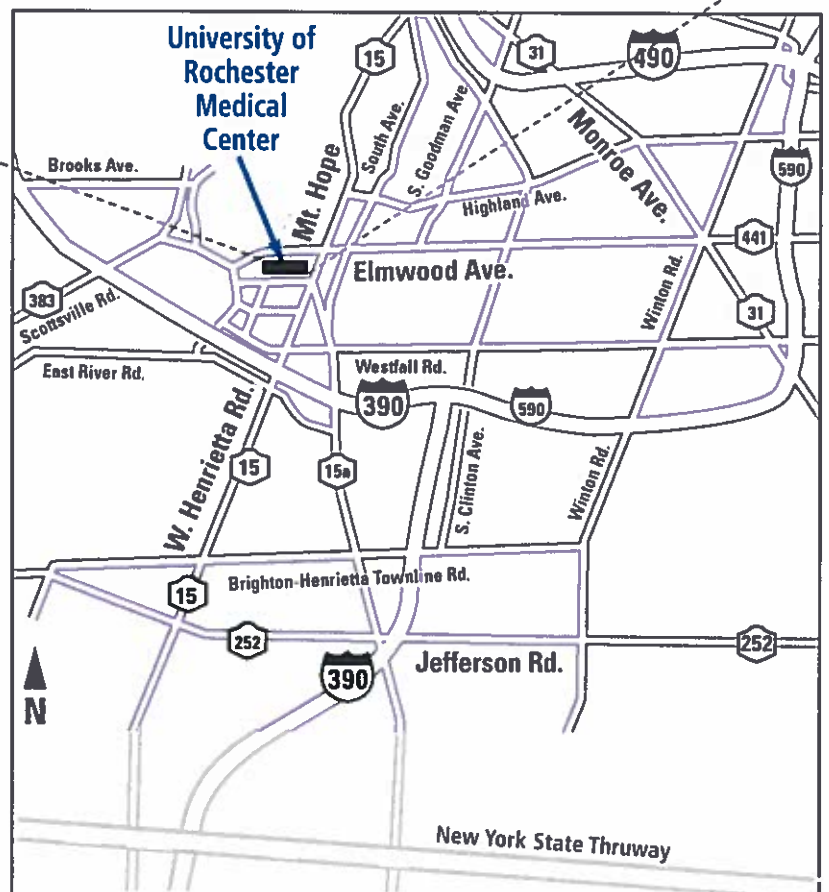
NYS Thruway (I-90 West) to Exit 46 (Rochester)
I-390 North to Exit 16 (East & West Henrietta Roads)
Right on East Henrietta Road (Route 15A)
Cross over Mt. Hope Avenue (Route 15) onto
Crittenden Boulevard
Entrance to the Saunders Research Building parking
will be on the left

From Buffalo and the West

NYS Thruway (I-90 East) to Exit 46 (Rochester)
I-390 North to Exit 16 (East & West Henrietta Roads)
Right on East Henrietta Road (Route 15A)
Cross over Mt. Hope Avenue (Route 15) onto
Crittenden Boulevard
Entrance to the Saunders Research Building parking
will be on the left

From the South

I-390 North to Exit 16 (East & West Henrietta Roads)
Right on East Henrietta Road (Route 15A)
Cross over Mt. Hope Avenue (Route 15) onto
Crittenden Boulevard
Entrance to the Saunders Research Building parking
will be on the left



Directions to Saunders Research Building:

After parking in the parking lot, enter into the main lobby at the first floor main entrance.