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*For further information, or to  
see if you qualify for  
participation, please call:*

*Allergy, Immunology &  
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Clinical Coordinator  
585.275.1647*



# **PSORIASIS RESEARCH STUDY**



- ✓ **Do you have Psoriasis?**
- ✓ **Do you NOT have inflammatory arthritis?**

*If you answered yes, you may  
be eligible to participate in a  
Psoriasis research study*

RSRB-University of Rochester-Approval  
RSRB No. 53131  
Expires September 15, 2016  
- cj 10/19/15 -

*RSRB 53131 Serum, Cellular and Imaging  
Markers of Arthritis in Psoriasis Patients*

10Oct2015

### ***DID YOU KNOW***

About 25% of people with Psoriasis (Ps) go on to develop Psoriatic Arthritis (PsA), a painful stiffness and swelling in and around the joints, the back and neck and places where tendons and ligaments connect to bone. PsA can cause significant joint damage in many patients without adequate treatment. Currently we do not know which psoriasis patients will develop PsA but with your help we may be able to identify patients in the early stages of PsA.

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### ***WHO ARE WE ASKING TO TAKE PART IN THIS STUDY?***

- Subjects who are 18 years old and over
- Subjects that may have Psoriasis
- Subjects who **DO NOT** have inflammatory arthritis

***THIS LIST DOES NOT INCLUDE EVERY CRITERION WE ARE  
LOOKING FOR. PLEASE CALL 275-1647 TO SEE IF YOU  
QUALIFY.***

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This study is being conducted at the University of Rochester's Department of Medicine/Allergy, Immunology, and Rheumatology. Dr. Christopher Ritchlin is leading this study.

By looking at cells in your blood and examining your joints using a Power Doppler Ultrasound we hope to determine if the results of these studies can help us predict whether you are more or less likely to develop Psoriatic Arthritis.

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### ***WHY SHOULD YOU PARTICIPATE?***

Your participation will help us understand the relationship between Psoriasis and Psoriatic Arthritis. A small monetary payment will be provided for your participation.

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### ***IF YOU DECIDE TO PARTICIPATE:***

\*We will ask you questions about your health and medications.

\*We will review any information that is in your medical record.

\*We may ask you to complete a questionnaire to see if you have any symptoms of Psoriatic Arthritis.

\*A physician may examine you and/or a study team member may assess your level of disease activity to determine if you have Psoriasis and fit criteria.

### ***ONCE YOU ARE ENROLLED:***

You may be scheduled for a blood draw and ultrasound. We may ask you to come back for an additional blood draw. We may also ask you to come back four months later for a second study visit depending on your ultrasound results. The procedures at this second visit will be the same as the first visit.

If you are interested, you may also participate in a bone marrow aspiration depending on your ultrasound results. If you are planning to take an oral or injectable prescription, the aspiration and a blood draw may need to be done before you start taking medication for your Psoriasis, so this may delay your treatment. If you just started your DMARD, you may still be able to participate. We may ask you to come back four months after you start your medication for a second study visit if you are taking a prescription. The procedures at this second visit will be the same as the first bone marrow visit.

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Please note that you may drop out of the study at any time, as your participation in this study is completely voluntary.

The additional blood draw and bone marrow aspiration is completely optional and you can participate in just the ultrasound and blood draw.

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