University of Rochester Medical Center’s
Division of Allergy, Immunology and Rheumatology

17th Annual Lupus Education Day
November 4, 2023

Location: University of Rochester Medical Center
School of Nursing / Helen Wood Hall Auditorium 1W-304
255 Crittenden Blvd, Rochester, New York
(Saunders Research Building Entrance)

Time: 10:00am – 2:00pm

We have brought this free symposium to the Rochester community yearly in order to provide state-of-the-art information to individuals with lupus and their families. It is an interesting time in the world of lupus with many active clinical trials studying new treatment options. For participants who would like to join via zoom, morning presentations will be live streamed. We are also excited to bring back the popular break-out sessions and offer “U Pick 2” for our in person participants this year. We gratefully acknowledge the support from our Lupus Research & Education Endowment Fund that helps provide lupus patient education and outreach.

Symposium Organizer(s): Directors of the URMC Lupus Clinic
Jennifer Anolik, M.D., Ph.D., Professor and Interim Division Chief, Allergy, Immunology & Rheumatology Division, Department of Medicine
Ummara Shah, M.D., Associate Professor, Allergy, Immunology & Rheumatology Division
Ilana Abeles, M.D. Ph.D., Assistant Professor, Allergy, Immunology & Rheumatology Division

Topics/Agenda:
10:00-10:30am    Sign-in/Refreshments
10:30-10:35    Introduction/Logistics
10:35-11:05    Lupus in the Year 2023 – Dr. Ilana Abeles
11:05-11:35    Improving Care in Lupus - Closing the Gap – Dr. Edith Williams
11:35-12:05    Kidney Disease in Lupus
12:05-12:25    Refreshment Break
12:30-1:45pm    Break-out Sessions – “U Pick 2”: Ask the Doc, Lupus & Nutrition, Living with Chronic Illness, Fitness for Lupus

Registration Contact: Christine Pawuk 585-275-2891/christine_pawuk@urmc.rochester.edu
Please notify at time of registration if you would like the zoom link and if you have any food intolerances.

Parking and Entrance at Saunders Research Building which is attached to the School of Nursing
See back side of flyer for directions & parking info.

Masks are optional but encouraged for in-person participants

If you know someone with lupus, please share this flyer.
Directions to University of Rochester Medical Center/Saunders Research Building

From Syracuse and the East
NYS Thruway (I-90 West) to Exit 46 (Rochester)
I-390 North to Exit 16 (East & West Henrietta Roads)
Right on East Henrietta Road (Route 15A)
Cross over Mt. Hope Avenue (Route 15) onto
Crittenden Boulevard
Entrance to the Saunders Research Building parking will be on the left

From Buffalo and the West
NYS Thruway (I-90 East) to Exit 46 (Rochester)
I-390 North to Exit 16 (East & West Henrietta Roads)
Right on East Henrietta Road (Route 15A)
Cross over Mt. Hope Avenue (Route 15) onto
Crittenden Boulevard
Entrance to the Saunders Research Building parking will be on the left

From the South
I-390 North to Exit 16 (East & West Henrietta Roads)
Right on East Henrietta Road (Route 15A)
Cross over Mt. Hope Avenue (Route 15) onto
Crittenden Boulevard
Entrance to the Saunders Research Building parking will be on the left

Directions to Saunders Research Building:
After parking in the parking lot, enter into the main lobby at the first floor main entrance.