

How common is dialysis regret and which factors are associated with it?

Methods and cohort



Cleveland, OH
7 dialysis units



Maintenance dialysis



Completed 41-item questionnaire
n = 397



Adjusted for:



Attitudes toward medical decision-making and care



Attitudes towards future care



Modifiable care process

Outcomes



82/397 (21%) reported decisional regret



Regret more likely if



Choosing dialysis to please doctors/family members

Adjusted odds ratio (AOR) 2.34 (1.27, 4.31)



Regret less likely if



Prognostic discussions about life expectancy with doctor occurred

AOR 0.42(0.18, 0.98)



A living will was completed

AOR 0.48 (0.25, 0.95)

Conclusions Dialysis regret was common in this sample. Demographic factors (age, gender, marital status, race or educational attainment) were not significantly associated with regret, but modifiable care processes were.

Fahad Saeed, Susan Ladwig, Ronald M. Epstein, Rebeca D. Monk, and Paul R. Duberstein. **Dialysis Regret: Prevalence and Correlates**. CJASN doi: 10.2215/CJN.13781119. Visual Abstract by Michelle Lim, MBChB, MRCP