

How common is dialysis regret and which factors are associated with it?

Methods and cohort



Cleveland, OH
7 dialysis units



Maintenance
dialysis



Completed 41-
item questionnaire
n = 397



“Do you regret
your decision
to start dialysis?”

Adjusted for:



Attitudes
toward medical
decision-
making and
care



Attitudes
towards future
care



Modifiable care
process

Outcomes



82/397 (21%) reported
decisional regret



Regret more
likely if



Choosing
dialysis to
please doctors/
family members

Adjusted odds ratio (AOR) 2.34 (1.27, 4.31)



Regret less
likely if



Prognostic discussions
about life expectancy
with doctor occurred

AOR 0.42(0.18, 0.98)



A living will
was completed

AOR 0.48 (0.25, 0.95)

Conclusions Dialysis regret was common in this sample. Demographic factors (age, gender, marital status, race or educational attainment) were not significantly associated with regret, but modifiable care processes were.

Fahad Saeed, Susan Ladwig, Ronald M. Epstein, Rebeca D. Monk, and Paul R. Duberstein. **Dialysis Regret: Prevalence and Correlates.** CJASN doi: 10.2215/CJN.13781119. Visual Abstract by Michelle Lim, MBChB, MRCP