



## April 2018

Stepping Out-Stepping Up is a monthly, community-oriented newsletter of the Department of Psychiatry published by the Office of Mental Health Promotion.

### Dr. Baciewicz Honored as National Leader in Combating Opioid Addiction



URMC professor of Clinical Psychiatry and Strong Recovery medical director Gloria J. Baciewicz, M.D., has received one of the nation's top honors in the prevention and treatment of opioid addiction, for her 25 years as a star-clinician, leader, and innovator in the field.

Last month, the American Association for the Treatment of Opioid Dependence (AATOD) presented Baciewicz with the Nyswander/Dole "Marie" Award at the AATOD international conference in New York City. Named after the two researchers (Vincent Dole, MD, and Marie Nyswander, MD) who founded methadone maintenance treatment in the 1960s, the award is the preeminent recognition in the field of opioid use disorder treatment. Every state is restricted to submitting one nominee for the award, and a committee then selects a handful of national honorees. New York State's nomination process, which began last summer, is particularly rigorous.

"It compares to winning an Oscar in the field of chemical dependency, and we are beaming with pride for our very own "Dr. B" being recognized on a national level for her years of

### Community-Oriented Events

Don't forget to check the calendar for special university sponsored events:

[www.rochester.edu/diversity/eventscalendar/](http://www.rochester.edu/diversity/eventscalendar/)

- **Photographing with Passion and Purpose:** A Cultural and Medical Journey is presented by Alison Wright who shares an inspirational story of survival, rehabilitation, and determination to restore her career. The first part of talk will take place at noon in Class of '62 Auditorium, 601 Elwood Avenue, and the second part will take place at 3:30 pm in Wegmans 1400 at the River Campus on April 30<sup>th</sup>.
- **Voices of LGBT History** includes digital a archive and presentations on how libraries and community organizations can partner to archive, preserve, and make accessible our shared cultural heritage. It takes place on May 2<sup>nd</sup> from 5:30-8 pm at the Out Alliance, located at 100 College Avenue.
- **Hoarding 101**, an activity providing basic knowledge for the identification and management of patients with a hoarding disorder, will take place on May 3<sup>rd</sup> from 6-7 pm in the RAOM Auditorium at the Rochester Academy of Medicine, located at 1441 East Avenue. The event is \$15 for the general public and free for students.
- **Rochester Pride Celebration**, hosted by the Memorial Art Gallery, will feature hands-on art activities, music and dance demonstrations, storytelling and a variety of cultural displays. It takes place from 10 am to 12 pm on May 6<sup>th</sup> at the MAG, located at 500 University Ave. Suggested donation of \$5 per family.

exceptional work in this field,” said Patrick Seche, M.S., C.A.S.A.C., director of Strong Recovery/Addiction Psychiatry Division in Department of Psychiatry.

To learn more about Dr. Baciewicz's career as a champion for people with addictions/substance abuse issues, please read the full article on the [URMC Newsroom](#).

## Integrated Care in the Medicine in Psychiatry Program

The Department of Psychiatry is a leader when it comes to inter-disciplinary work. Within the department, the division of [Medicine in Psychiatry](#) aims to provide much needed integrated care for patients with concomitant medical and behavioral health needs. The Division was created out of a recognition that patients are better served when their health care team works together to coordinate care. This is accomplished by serving patients in primary care, the community with outreach services (e.g., care managers, hot spotters, etc.) and in the hospital when patients have acute medical needs. One of only a few in the country, the Inpatient Medicine in Psychiatry Unit (IMIP) serves patients with acute medical needs and a behavioral health diagnosis and/or behavioral health symptoms or psychiatric medications which may complicate treatment.



The IMIP team during their daily inter-disciplinary meeting.

A much-needed service, IMIP is always operating at full capacity with 20 single occupancy rooms. Patients who are a part of the MIPS primary care clinic and require acute medical care are prioritized to come to IMIP. In addition, patients may be identified in the Emergency Department or other parts of the hospital as being able to benefit from IMIP's integrated approach. Recognizing that behavioral health is a prime component of overall health and a significant factor in physical health, IMIP's inter-disciplinary

- [Asian Pacific American Heritage Celebration Family Fun Day](#) at the MAG will include art activities, music and dance, and cultural tours from 12-5pm on May 6<sup>th</sup>. Suggested donation of \$5 per family.
- [The Reel Mind Film Festival](#) kicks off May 8<sup>th</sup> and continues with offerings almost every Tuesday through June 26<sup>th</sup>. There will also be a special music performance by our Chair, Dr. Lee's family on June 5<sup>th</sup>, followed by a screening of the documentary, [Alive Inside](#), which focuses on the effects of music on patients with Alzheimer's disease.

## Health Happens Where You Live...Did You Know?

With warmer weather on the horizon it's a great time engage in team sports. Teams formed at work can provide a fun environment to de-stress and socialize. Several areas in our department have already formed teams (e.g. kickball teams), and they can be an important part of building better relationships with the people we interact with every day and [maintaining a level of mental wellness](#).

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team also serve as ambassadors to other parts of the hospital, advocating for mental health to be a component in treatment.

IMIP's team approach is an important part of providing comprehensive care for patients with complex needs. As [Dr. Marsha Wittink](#) (pictured right), Medical Director of IMIP Unit 1-9200, explains: "It's easy for any one care provider to feel



overwhelmed by all of the challenges. But through a true team approach, it's honestly amazing to see how many innovative solutions we develop for our patients. It's a very hopeful place to work and make a difference." This comprehensive care is accomplished through daily interdisciplinary meetings involving a team of social workers, nurses, nurse-practitioners, physician assistants and physicians. During meetings, the team uses an explicit process to focus on the interaction between biomedical, behavioral and social aspects of health both in the hospital and after discharge. Given the innovation of this approach, IMIP is also an important venue for educating the next generation of clinicians. Medical students, resident physicians and nursing students routinely rotate on the unit to learn about interdisciplinary team work and integrated care.

For more information about integrated health initiatives, please check out the [SAMHSA website](#).

## Growing Our Community Connections

The Office of Mental Health Promotion (OMHP) recently applied for, and received, a mini-grant from the Center for Community Health to expand community workshop offerings.



Currently, OMHP partners with the [National Alliance on Mental Illness \(NAMI\)](#) to offer introductory workshops for NAMI's [Family-to-Family](#) program [twice a month](#) in the Family and Community Resource Center Room G.9271. This grant will extend this workshop to the Adult Partial program in our Science Parkway location, and increase the number and type of workshops offered both in the Family

and Community Resource Center and the Adult Partial program.

For more information or for workshop flyers to post in your area, please email [Jenny\\_Hernandez@URMC.Rochester.edu](mailto:Jenny_Hernandez@URMC.Rochester.edu).



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