



December 2017

Stepping Out-Stepping Up is a monthly, community-oriented newsletter of the Department of Psychiatry published by the Office of Mental Health Promotion.

Psychiatry Celebrates Its Partners



The Department of Psychiatry held its 10th Annual Community-Academic Partnership Celebration on November 30th, hosted by the Office of Mental Health Promotion.

People from different roles in the department were present and many different organizations were represented, including the [Office of Mental Health](#), [Common Ground Health](#), [Rochester Regional](#), [Action for a Better Community](#), [Healthy Baby Network](#), [National Alliance on Mental Illness](#), [NYS Office of Children and Family Services](#), [Recovery Houses of Rochester](#), local churches and [Coordinated Care Services](#), among others.



During the celebration, attendees shared their visions of collaboration with the university and ways to improve community mental wellness. They shared their own work with each other and connected around shared missions. One of the programs mentioned was the [Artist in Residence program](#), in which people living with mental illness had their

Community-Oriented Events

Don't forget to check the calendar for special university sponsored events: www.rochester.edu/diversity/eventscalendar/

[Martin Luther King, Jr. Community Action Fair](#),

servicing to highlight the diversity and ongoing work within Rochester community, will occur January 25th from 4:00 pm to 8:00 pm at 999 South Avenue.

Understanding the Impact of Schizophrenia and

Psychosis will take place on February 12th from 7:00 pm to 8:30 pm in Rochester Psychiatric Center Rehab Center Auditorium, located at 1111 Elmwood Ave. Registration Appreciated at 585-325-3145*100.

The Opioid Epidemic and Community Resources

will be presented by Michael Mendoza and Jennifer Faringer, and will take place on April 9th from 7:00 - 8:30 pm in Rochester Psychiatric Center Rehab Center Auditorium, 1111 Elmwood Ave. Registration Appreciated at 585-325-3145*100.

Annual Diversity Conference: Overcoming the

Invisible will take place on April 13th. with Ana Navarro as the keynote speaker. For more information, visit the [diversity conference page](#). For questions, contact Ashley N. Campbell by phone at (585) 273-4297 or by email at ashley.n.campbell@rochester.edu.

Health Happens Where You Live...Did You Know?

While snow can make commutes more difficult, it's also a fun way to get a workout in. Running around and having a snowball fight, or even just treading through the snow can be fun ways to have an unintended workout. The cold weather also provides a great opportunity to go ice skating. For those with winter aversion, snow can be a great excuse to stay inside and read a book or engage in a different mental health promoting activity.

portraits made. The stars aligned when Maxine Carey, one of the participants in the Artist in Residence Program, walked into the celebration and finally saw her portrait hanging on a huge banner after months of searching for the program's exhibit. In an article in Mental Health Association's Creative Newsletter, Maxine writes that the celebration: "was a great experience for me first to see the display of my picture done by 'Artist, Charmaine' on the wall as I entered the room. I have been trying to see this display at the U of R library since it was done so this was my first time seeing this display."

"Working in the community for over 40 years as a caseworker and in ministry a great concern I had was mental health among seniors... This breakfast celebration brought together a good number of individuals and community agencies working together now, it is a long time coming for me this was a concern for me that I now believe will be addressed, to include more diversity across the board in networking and research. I knew many of the people and agencies represented from the community, ministry and volunteering."

Dr. Ben Lee remarked that there was: "Great food and great discussion! More than anything, it was great to see our

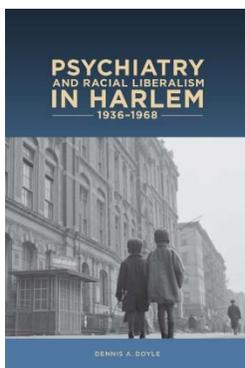


community leaders and partners who could guide us in our vision to provide more behavioral health services to those who are in need in our community."

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Psychiatry and the Legacy of the Civil Rights Era: Mental Health Care in Harlem, 1936–1968



As part of the Department of Psychiatry's Annual Martin Luther King, Jr. Day Grand Rounds, Dennis Doyle, PhD, Associate Professor of History at the St. Louis College of Pharmacy, will give the presentation: "Psychiatry and the Legacy of the Civil Rights Era: Mental Health Care in Harlem, 1936–1968." This lecture is based on his book: *Psychiatry and Racial*

Liberalism in Harlem 1936-1968.

The lecture will take place on Wednesday, January 17th from 8 - 9:15 am in the Class of '62 Auditorium and will be followed by a book signing. There will also be Community Counts brunch with Dr. Doyle from 9:30-11 am after his book signing. RSVPs are required for the brunch as seating is limited. To RSVP, please contact Jenny Hernández by phone at (585) 275-3571 or by email

at Jenny.Hernandez@URMC.Rochester.edu.

Dr. Doyle will end his visit with "A Ted (and Dennis) Talk: Discussion with Ted Brown, Professor of History and Medical Humanities and Charles E. & Dale L. Phelps Professor of Public Health and Policy." This talk will take place from 5 - 6:30 pm in the Humanities Center Conference Room D and Lounge, Rush Rhees Library, and is followed by a reception.

Dr. Doyle's visit is sponsored by Department of History, School of Arts and Sciences; Department of Psychiatry, University of Rochester Medical Center; Office of the Vice Provost for Faculty Development and Diversity; Paul M. Schyve, MD, Center for Bioethics; University of Rochester Humanities Center and University of Rochester Press.

URMC Psychiatric Nurses Present at National at Nursing Conferences



Psych Nursing has been busy traveling across the country attending conferences and contributing to nursing education at large through

several conference presentations.

Notably, several members presented at the [31st Annual American Psychiatric Nurse Association \(APNA\) Conference](#) in

Phoenix, Arizona. Heather O'Brien, MS, RN; Joanne Bartlett, MS, RN, PMHNP-BC; Carole Farley-Toombs, RN, MSN, MEd, NEA-BC and Marianne Chiafery, DNP, MS, Bioethics PNP-C gave the pre-conference seminar: "It's Been A Long Road: A Passionate



Journey of Safety & Culture Change in a University Medical Center Inpatient Psychiatric Service." Cathy Peters, MS, RN, BSE, PMHNP-BC and Susan Ciurzynski, PhD, RN-C, PNP presented: "Mindfulness in the Workplace: Practical Application for Clinicians, Faculty and Students," part of the resilience track of the conference.

In addition, Cathy Peters, MS, RN, BSE, PMHNP-BC, presented at the 44th Biennial Sigma Theta Tau International Honor Society of Nursing (STTI) Conference in Indianapolis, Indiana. She presented the



paper: "The Value of Interprofessional Healthcare: The Psychiatric Hospitalization of a Left Ventricular Assist Device (LVAD) Patient." This paper was awarded the 2017 Interprofessional Recognition Prize by the Rochester Academy of Medicine. She presented on behalf of the team awardees: Cathy Peters, Dr. Mark Nickels, Christina Cheyne, Deborah Hale and Korry Stevens.



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