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☐ Mindful Communication: Bringing Intention, Attention, and Reflection to Clinical Practice (Michael Krasner MD, Ronald Epstein MD) describes each session of the 19-session course developed for the practicing primary care physician. A general introduction to the course and reading lists are included. The results from this program were described in our JAMA article of September 23, 2009 (Krasner et al). Manual & CD $105 ($125 International)


☐ The Mindful Practice: Enhancing Quality of Care, Quality of Caring, and Resilience (Ronald Epstein MD, Michael Krasner MD, Tony Back MD, Stephen Liben MD, Fred Marshall MD, Timothy Quill MD) contains 13 modules (in PowerPoint format) including materials that we use for our 4-day intensive workshops for physicians and medical educators (460 pages). Manual & CD $180 ($205 International)

For questions please contact Carol Moulthroup at carol_moulthroup@urmc.rochester.edu

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