



PREDOC PROGRAM

ALUMNI NEWSLETTER



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Our Annual Newsletter!

Welcome to our second newsletter! We will be using this newsletter to stay connected with our alumni and keep them informed on the latest PreDoc Program events and student accomplishments. As pre-medical and medical students, it's our responsibility to understand how social issues impact the health of our communities. New events (page 2) this year focused on health disparities, racism in medicine, and professional development. Pages 4-8 showcase the Class of 2022 graduates, graduation ceremony information, current students, and spotlights for our alumni! Information about the upcoming application cycle are on pages 10-11. Lastly, contact information is shared on page 12.



LOOKING FORWARD TO NEW EVENTS



Hello PreDoc Students! We hope that you are all finishing the school year strong and looking forward to summer! We are so excited to kick off another PreDoc application cycle followed by another eventful year.

Medical School Admissions Advising

University of Rochester's previous Dean of Medical School Admissions, Dr. Flavia Nobay, has all of the knowledge and expertise to guide our students on how to build a medical school application and its key parts.

PROGRAM EVENTS

Medical School Writing Workshop

Dr. Jennifer Thompson Stone, Nazareth College English Professor, has the expertise to advise our students on the writing level and style required for successful medical school applications. This was an invaluable session for future applicants!

Professional Development & Mentorship

We brought back an expert, Nimish Mohile, MD, to help students find their inner strengths and learn the keys to being great mentees. Students left this event with personalized feedback and actionable advice.

Health Disparities & Racism in Medicine

Director of Black Physician Network, Dr. Linda Clark, will speak about the impact of social issues, such as racism, on the health outcomes of our diverse communities.

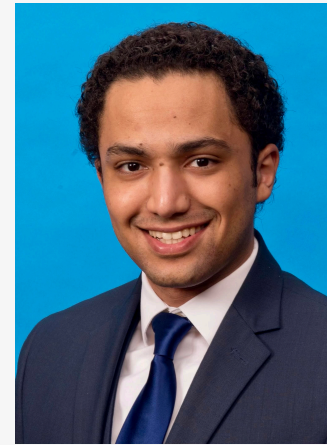
LET'S TAKE A LOOK BACK



ROBERT STONE, MD



SHANE FUENTES



BAHIE EZZAT

CREATING A HISTORY OF EXCELLENCE

With the program finishing its fourth year, we have so much to be proud of, from the incredible student cohorts that have been selected to the great new leaders and mentors coming in each and every year.

Since its origin in the fall of 2018, the PreDoc program has accepted 33 talented and motivated students, many of whom have graduated and moved on to pursue their post-collegiate careers. In just three years we have connected all of these students with both a physician and a medical student mentor. Some of these relationships have blossomed into long term connections, bridges to larger networks, and even fully funded research projects.

Additions to the leadership team include a Student Chief and Student Director, each selected by Dr. Stone to better facilitate group meetings and camaraderie amongst the students and mentors. We will also be welcoming an Alumni Chair to help maintain connections with graduate students as they go off to medical school and beyond!

Graduates

CLASS OF 2022

ALEJANDRO VERA

Dr. Jake Deines

Alejandro is a member of the Class of 2022 who is majoring in bioethics. Outside of academics, he works as a program assistant with the office of admissions. In his free time, he enjoys cross-country running and track/field!



ANDRE TULLOCH

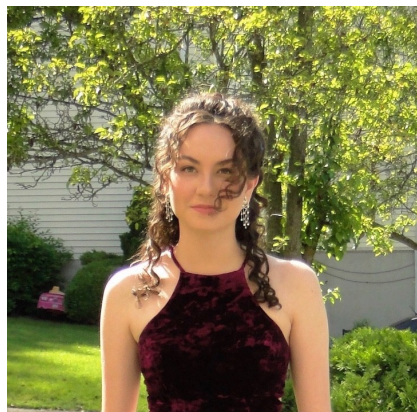
Dr. Roan Glocker

Andre is a double major in public health and social justice and a double minor in sustainability and African American history. Outside of class, he serves as one of sixteen senators elected by the student body to represent undergraduate students.

BEATRIZ PEREIRA

Dr. Megan Rashid

Beatriz is a second semester junior who majors in psychology and minors in film studies. In her free time, she pursues her passions as a member of the pride network and the women's soccer club.



Graduates

CLASS OF 2022



BRENDA HERNÁNDEZ

Dr. Jessica Shand

Brenda is a double major in anthropology and public health. Outside of academics, she is passionate about volunteering with the Mexican-American Student Alliance and running long distances as part of the NY Running Club!

DESTINEE RODRIGUEZ

Dr. Jessica Stern

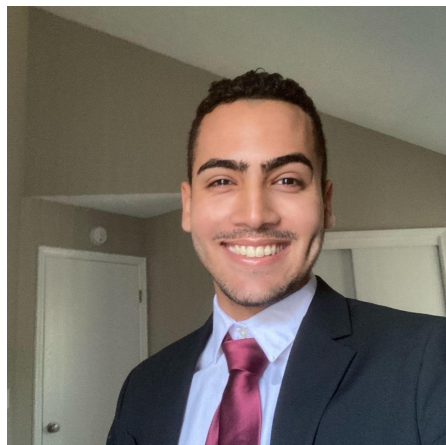
Being an environmental health major with a concentration in minority communities and women's health has kept Destinee's last senior semester busy! In her summers, she volunteers with Planned Parenthood and the Orange County Global Medical Center.



TYRONE NIEVES

Dr. Hugo Valencia

Tyrone is a second semester senior who is majoring in biology and minoring in psychology. He has decided to pursue a career as a physician assistant after his anesthesiology internship.



Graduates

CLASS OF 2022



SAM TESHOME

Dr. Kate Greenberg

Sam is a neuroscience major with a psychology minor. In his last semester before graduating, you can find him teaching general chemistry to first-year students and mentoring pre-meds as part of the Minority Association for Pre-Medical Students (MAPS).

Graduation Ceremony

CLASS OF 2022

Join us as we celebrate them on Sunday, April 13th in Meliora 221 from 5:30 – 7:30pm. After a successful two years in the program, they are off to tackle the MCAT, medical school applications, graduate schools, and more!

Best of luck to you all!

Current Students

CLASS OF 2023 & THEIR SENIOR/JUNIOR MENTORS

ALICIA NWANDU

Dr. Marilyn Augustine, Senior Mentor
Kaden Zellers, Junior Mentor

ANJALI BLOW

Dr. Jennifer Marsella, Senior Mentor
Indigo Gill, Junior Mentor

DAYANNA DIAZ

Dr. Jennifer Vermilion, Senior Mentor
Jacob Gomez, Junior Mentor

ISIAH MCMURRAY

Dr. Rob Stone, Senior Mentor
Shane Fuentes, Junior Mentor

NASRA GAZALI

Dr. Paul Vermilion, Senior Mentor
Sam Mussorfiti, Junior Mentor

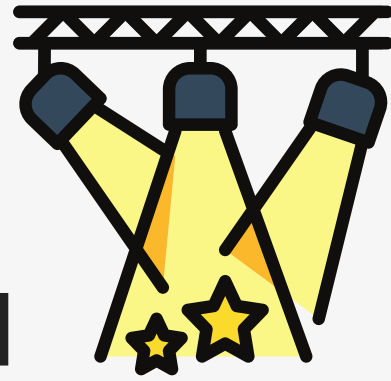
OLAPOSI PETERS

Dr. Jaclyn Burch, Senior Mentor
Angel Dixon, Junior Mentor

PERICLES GADRI

Dr. Imad Khan, Senior Mentor
Laurent Asiama, Junior Mentor

MEET OUR CLASS OF 2021



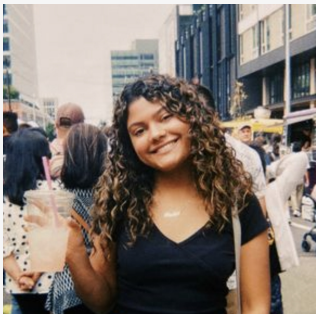
OMAIRA RIVERA



LUIS LUY



SAM MENSAH



PAOLA FERREIRA



CHASTITY CHAVEZ



ELOISE CHAN

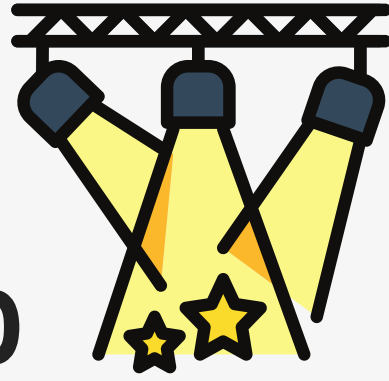


MARISOL MENDOZA



BAHIE EZZAT

MEET OUR CLASS OF 2020



HOJA ARZANESH

JAEDEN CORTES

JESSENA MAXWELL

LIZBETH DE LA ROSA

OLIVIA BRUMFIELD

OLUWATOYOSI AKANDE

VERONICA IMBERT



APPLICATION INFORMATION

AIMS

The PreDoc program is a 2-year longitudinal experience with the goal of promoting exposure to, and interest in clinical medicine for undergraduate students who identify from backgrounds that are historically underrepresented in medicine. The program will involve longitudinal mentorship with local physician leaders at URMC and provide scholarly and career development opportunities.

TIME COMMITMENT

This program has been designed to fit in with the student's other school responsibilities over the course of the academic year. However, students will need to dedicate time to completing the program. Students can expect to spend about 12-15 total hours each semester on in-person activities and additional time working on their individual project during their second year. There will be no formal activities during Summer vacation and Winter break.

PROGRAM EXPECTATIONS

- 1) Large Group Meetings - These meetings consist of a topic/discussion or panel followed by a problem-based learning (PBL) medical case ran. Topic discussions range from introduction to "the path to medicine," panel discussions with medical students regarding applying, resilience and overcoming adversity and how to make the most of a mentor relationship.
- 2) Senior Mentor Meetings - at least 2 per year, to assist with:
 - Letters of recommendations
 - Setting up shadowing experiences
 - Help with program final project
 - 2-3 clinical shadowing experiences per year
 - Opportunity to attend medical student lectures taught by mentor
 - Networking opportunities
- 3) Individual project – this will serve as the student's final "product" of the program (e.g. patient education materials, presentation, community education project).

APPLICATION INFORMATION

What You Will Need

- Personal Information
- Resume
- Personal Statement explaining your interests in medicine at this point and how the PreDoc Program fits into your career goal (maximum 500 words)
- Statement on ability to include the program into your current commitment
- Unofficial Transcript
- One letter of recommendation, on letterhead; ideally from undergraduate professor



University of Rochester PreDoc Program Application

The PreDoc program is a 2-year longitudinal experience with the goal of promoting exposure and interest in academic clinical medicine amongst college level students from underrepresented minority backgrounds. The program will involve longitudinal mentorship with local physician leaders at URMC and provide scholarly and career development opportunities.

Name *

You would qualify for this program if you identify as being from a background that is historically underrepresented in medicine: AAMC definition "Underrepresented in medicine means those racial and ethnic populations that are underrepresented in the medical profession relative to their numbers in the general population." In this area, those populations include African-American, Black, Mexican American, Latinx, American Indian, Alaska Native, Pacific Islander). If you are interested in participating in this program, you are required to submit the following documentation to Dr. Robert Thompson Stone through the following Google Forms link:

<https://forms.gle/jcHdi4cCPPteUpd56>

Applications are due by May 31, 2022. You will be notified as to your acceptance status by August 1, 2022. If you have any questions, please feel free to contact the program leadership directly at:
Dr. Robert Thompson Stone, Director:
robert_stone@urmc.rochester.edu
Bahie Ezzat, Student Chief:
bezzat@ur.rochester.edu



CONTACT INFORMATION

Program Leadership

Dr. Robert Stone

Director & Founder

robert_stone@urmc.rochester.edu

2021-2022 Leadership

Shane Fuentes

Student Director

Shane_Fuentes@urmc.rochester.edu

Bahie Ezzat

Student Chief

Bezzat@u.rochester.edu

2022-2023 Leadership

Malayna Hocker

Student Director

Malayna_Hocker@urmc.rochester.edu

Andre Tulloch

Student Chief

Atulloc3@u.rochester.edu



We'd love to hear from you!

Request to join the *PreDoc Program Network* on Facebook!

Welcoming all PreDoc Program students and alumni to stay connected as we share triumphs, opportunities, guidance, and good news. Let's stay connected!