



Respite *is providing temporary care to relieve a primary caregiver from caregiving responsibilities so they can take a break, get rest, and provide better care in the long run. Respite can be provided in-home or away from home in a social day program setting.*

Home Away from Home Respite Center...

Located at the Interfaith Center, 11 Franklin St. in **Geneseo**. Caregivers can drop their loved ones off at a safe and friendly environment. Program Coordinator and college students provide companionship, broad variety of activities and socialization. Students receive training from the Alzheimer's Association and one on one supervision is provided. Hours are 10 am-2 pm, Tuesdays and Thursdays. Your loved one can stay for a short while or for the full four hours. *No cost; donations accepted.*

Dansville Respite Center...

Located at the Dansville United Methodist Church, 5 Chestnut Rd, **Dansville**. Caregivers drop their loved ones off at a safe and friendly environment staffed by trained volunteers who provide one to one companionship and socialization. Hours are 10 am -2 pm every Tuesday. Your loved one can stay for a short while or for the full four hours. *No cost; donations accepted.*

IN-HOME respite...

Offered by volunteer companions or home health aides through Noyes Caregiver Resource Center, Livingston County Office for Aging, and Lifespan's Finger Lakes Caregiver Institute. Respite is typically provided once a week for 4 hour time blocks. *No cost; donations accepted.*

For information about any of these respite options or transportation to get to respite program contact:

585-335-4358 or [email:](mailto:noyes-caregiver@urmc.rochester.edu)

noyes-caregiver@urmc.rochester.edu

