



Respite is providing temporary care to relieve a primary caregiver from caregiving responsibilities. There are several options for respite care in **Livingston County**, including in-home care, adult day programs and social programs. Respite can be provided in-home or away from home.

Arc of Livingston-Wyoming offers the **Blended Seniors Program** at The Arc's Open Roads Senior Program on 66 Stanley St., **Mt. Morris**. Participants can engage in crafting, music, fitness, socialization, nutrition, and other meaningful activities alongside individuals with intellectual and other developmental disabilities. Qualifying seniors with Alzheimer's or dementia can attend the program for free 1-2 days per week, between the hours of 10 am-2 pm. *Transportation is provided. No cost; donations accepted.*

Home Away from Home Respite Center is located at the Interfaith Center, 11 Franklin St. in **Geneseo**. Caregivers can drop their loved ones off at a safe and friendly environment. Program Coordinator and college students provide companionship, broad variety of activities and socialization. Students receive training from the Alzheimer's Association and one on one supervision is provided. Hours are 10 am-2 pm, Tuesdays and Thursdays. Your loved one can stay for a short while or for the full four hours. *Transportation is not provided. No cost; donations accepted.*

Dansville Respite Care is offered at the Dansville United Methodist Church, 5 Chestnut Rd, **Dansville**. Caregivers drop their loved ones off at a safe and friendly environment staffed by trained volunteers who provide one to one companionship and socialization. Hours are 10 am -2 pm on the FIRST and THIRD Thursdays. Your loved one can stay for a short while or for the full four hours. *Transportation is not provided. No cost; donations accepted.*

Garden of Life Adult Day Program is a medical program located at 11 Murray Hill Dr. in **Mt. Morris** that offers comprehensive health and rehabilitative services including nursing, recreation therapy, speech, occupational and physical therapy, personal care, nutritional and social services. *Contact program directly for information on specific program features and costs: 243-7219.*

IN-HOME respite is offered by volunteer companions or home health aides through Noyes Caregiver Resource Center, Livingston County Office for Aging, and Lifespan's Finger Lakes Caregiver Institute. Respite is typically provided once a week for 4 hour time blocks. *No cost; donations accepted.*



For information about any of these respite options, contact:
Noyes Caregiver Resource Center: 335-4358 or caregiver@noyeshealth.org

