



Respite is “providing or being temporary care to relieve a primary caregiver.”

Respite provides caregivers with a much needed break from their caregiving responsibilities. There are several options for respite care in Livingston County, including in-home care, adult day programs and social programs. Respite options can be provided in-home or away from home. *Donations accepted by most programs.*



Home Away from Home Respite Center

is located at the Interfaith Center, 11 Franklin St. in **Geneseo**. Caregivers can drop their loved ones off at a safe and friendly environment. Program Coordinator and college students provide companionship, broad variety of activities and socialization. Students receive training from the Alzheimer's Association and one on one supervision is provided. Hours are 10 am-2 pm, Tuesdays and Thursdays. Your loved one can stay for a short while or for the full four hours. *Transportation is not provided.*

Arc of Livingston-Wyoming

offers the **Blended Seniors Program** located at The Arc's Open Roads Senior Program on 66 Stanley St., **Mt. Morris**. *Transportation is provided.* Participants can engage in crafting, music, fitness, socialization, nutrition, and other meaningful activities alongside individuals with intellectual and other developmental disabilities. Qualifying seniors with Alzheimer's disease or dementia can attend the program for free 1-2 days per week, between the hours of 10 am-2 pm.

Time Sharing Respite Program is offered at the Dansville United Methodist Church, 5 Chestnut Rd, **Dansville**. Caregivers drop their loved ones off at a safe and friendly environment staffed by trained volunteers who provide one to one companionship and socialization. Hours are 10 am-2 pm on the **FIRST and THIRD Thursdays**. Your loved one can stay for a short while or for the full four hours. *Transportation is not provided.*

IN-HOME respite is offered by volunteer companions or home health aides through Noyes Caregiver Resource Center, Finger Lakes Caregiver Institute, Alzheimer's Association, and Senior Companion programs.

**For more info. contact Noyes Caregiver Resource Center:
585.335.4358 | e-mail: caregiver@noyeshealth.org**

www.noyes-health.org



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