1st Annual International Geriatrics Symposium for the Primary Care Provider

September 18-20, 2019
The Conference Center
3rd Floor Van Hoevenberg
2608 Main Street
Lake Placid, New York 12946

In collaboration with New York Chapter, American College of Physicians

Sponsored by Albany Medical College’s Department of Medicine and the Office of Continuing Medical Education and McGill University Division of Geriatric Medicine
**Who Should Attend**
This program has been designed to be of interest to the physician, physician assistant or nurse practitioner whose practice involves the delivery of primary care to the geriatric patient. While generalists are the target audience, sub-specialists who provide primary care will also find the topics useful.

**About the Symposium**
The Scientific Committee, composed of members of both Faculties has put together a CME program tailored to the needs of busy primary care practitioners who wish to gain practical skills in the care of older adults. This should appeal to the diverse professional demographic that comes to this meeting.

The Scientific Committee is committed to delivering an informative and innovative meeting. The formal program provides an assortment of engaging plenary sessions delivered by carefully selected speakers that should make your experience at the Symposium a positive one. We have put together a strong program comprising topics as varied as impaired cognition and its consequences, medication optimization, gait and falls, nutrition and frailty, functional and decisional capacity assessment, advance care planning, elder abuse, driving evaluation and pain management in older adults. We look forward to your participation and encourage your feedback as we strive to meet the needs of those who attend. It is our intention to renew this symposium in the future and your feedback would be invaluable to continue delivering relevant topics to your practice.

The Symposium will start with an optional reception on the evening of Wednesday, September 18 at the Golden Arrow Hotel to facilitate socializing with delegates and speakers. Throughout the Symposium, we sincerely hope that you will enjoy the interactions with your colleagues and encourage you to network with others on geriatric topics and experiences in the diverse field of your practices.

**Learning Objectives**
At the conclusion of this conference, participants should:
- Identify patients at risk of falling and recommend appropriate interventions.
- Provide rational management of pharmacotherapy for elderly patients.
- Recognize and manage behavioral and psychological symptoms of dementia.
- Rationally approach ethical dilemma and advance care planning in late life.
- Assess functional and decisional capacity.
- Recognize the clinical syndrome of frailty and address nutritional care needs.
- Manage pain in elders with prevalent musculoskeletal diseases.
- Recognize potential driving impairment and have an approach to referral.
- Know risk factors for and signs of elder abuse and means of prevention and protection.
Accreditation

Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Albany Medical College designates this live activity for a maximum of 8.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert AMA PRA Category 1 Credits™ to Royal College Maintenance of Certification (MOC) credits.

Through an agreement between the Canadian College of Family Physicians and the American Medical Association, physicians may convert AMA PRA Category 1 Credits™ to Canadian College of Family Physicians Mainpro+ credits.

Physician Assistants

AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

For information regarding other professional credit, contact the Office of Continuing Medical Education.

Tuition

Registration Deadline is September 13, 2019

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physicians</td>
<td>$215.00 US</td>
</tr>
<tr>
<td>Others</td>
<td>$165.00 US</td>
</tr>
<tr>
<td>Full-time AMC and McGill Employees, Residents and Students</td>
<td>$110.00 US</td>
</tr>
</tbody>
</table>

Tuition includes admission to the symposium, access to an on-line course syllabus and breaks.

Optional Welcome Reception on Wednesday, September 18
At 7pm at Generations at the Golden Arrow $ 35.00 US

Tuition Refund Policy

Tuition refunds are possible if notification is received by September 6. After that date no refunds are available. Refunds will be processed upon receipt of a written request.

Need Information?

For information regarding the conference, contact the Office of Continuing Medical Education by phone at (518) 262-5828, Fax at (518) 262-5679 or e-mail at pricej@amc.edu

For emergency calls during the conference, call The Lake Placid Conference Center at (518) 523-5200.
Web Sites
Albany Medical Center: https://www.amc.edu
McGill University Website: https://www.mcgill.ca/geriatrics/
The Golden Arrow: https://www.golden-arrow.com/
The Conference Center: https://www.lakeplacid.com/meetings

On-Line Registration
On-Line Registration at http://www.amc.edu/academic/cme/events_and_programs.cfm
Click on the registration bar at the top of the page.

Confirmation
All registrants will receive a confirmation immediately after registering on-line. If you register and do not receive a confirmation notice within one week of your registration, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.
Lodging reservation confirmation will be handled by the Golden Arrow.

Special Needs
Should you have a disability, dietary restrictions, or require other special arrangements, please call the Office of CME by September 1 to discuss your needs.

Attire
Attire during the conference sessions is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or light jacket.

On-Line Syllabus
Printed syllabus material will NOT be available at the conference. If syllabus material is available it will be posted on-line before and after the conference. In order to receive access you must provide your e-mail address at time of registration. You will receive access information via e-mail. If you do not receive access information please call (518) 262 5828.
Lake Placid
Stretching along the shores of two spectacular bodies of water and surrounded by the Adirondack High Peaks, the Village of Lake Placid is located in the heart of the six million acre Adirondack State Park. Host to the 1932 and 1980 winter Olympics, the Lake Placid area offers a variety of recreational activities. Enjoy golf, tennis, fishing, hiking, biking, boating and rock climbing. Tour the Olympic Museum and the Olympic Sports and Jumping Complexes. Stroll in the Olympic Village where you’ll find a variety of boutiques and eateries. Lake Placid has something for everyone.

The Golden Arrow
The Golden Arrow property includes 143 guest rooms with indoor pool and private beach on Mirror Lake. Dining pleasures await you at Generations Restaurant where Adirondack hospitality is demonstrated at breakfast, lunch, and dinner.

This is a no smoking property.

Accommodation Information
A block of rooms has been reserved at The Golden Arrow for the conference from Wednesday, September 18 through Friday, September 20, 2019. The rate is $129 per night single/double occupancy, village side room and $149 per night Lake front room. Rates quoted do not include sales tax. Room rates will not be guaranteed after August 20, 2019.

All lodging reservations are to be made directly with the Golden Arrow by calling (800) 582-5540. Mention Albany Medical College Geriatric Conference to secure the above rates.

Acknowledgment
A complete list of supporters will be provided at the conference.
Agenda

Wednesday, September 18, 2019

7:00 pm  Optional Welcome and Reception
          Golden Arrow Hotel – Generations Restaurant

Thursday, September 19

7:30- 8:00 am  Exhibits & Continental Breakfast

8:00- 8:15  Introductory Remarks
            Kevin Costello, MD, MPH – Albany Medical College, Albany, NY, USA
            José Morais, MD – McGill University, Montreal, Canada

8:15- 9:15  Falls, Gait and Balance Disorders
            Shek Hong Fung, MD - McGill University, Montreal, Canada

9:15 – 10:15  Medication Management
              Michael Brodeur, PharmD – Albany College of Pharmacy and Health
              Sciences, Albany, NY, USA

10:15 – 10:30  Break and Exhibits

10:30 – 11:30  Dementia – BPSD – Including Depression and Anxiety
              Michael Burke, MD – St. Peter’s Health Partners, Albany, NY, USA

11:30- 12:30  Advanced Care Planning and Ethics
              Kevin Costello, MD, MPH – Albany Medical College, Albany, NY, USA
              Wayne Shelton, PhD – Albany Medical College, Albany, NY, USA

12:30  Adjourn
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30- 8:00</td>
<td>Continental Breakfast &amp; Exhibits</td>
<td></td>
</tr>
<tr>
<td>8:00- 9:00</td>
<td>Functional Assessment and Decision Capacity</td>
<td>Wendy Chiu, MD – McGill University, Montreal, Canada</td>
</tr>
<tr>
<td>9:00- 10:00</td>
<td>Nutrition and Frailty</td>
<td>José Morais, MD – McGill University, Montreal, Canada</td>
</tr>
<tr>
<td>10:00 – 10:15</td>
<td>Break and Exhibits</td>
<td></td>
</tr>
<tr>
<td>10:15- 11:00</td>
<td>Pain Management in Musculoskeletal Disease</td>
<td>David Lussier, MD – University of Montreal, Montreal, Canada</td>
</tr>
<tr>
<td>11:00- 12:00</td>
<td>Lunch and Poster Session</td>
<td></td>
</tr>
<tr>
<td>12:00 – 12:45</td>
<td>Driving Evaluation</td>
<td>Rebecca Stetzer, MD – Albany Medical College &amp; Stratton VA, Albany, NY, USA</td>
</tr>
<tr>
<td>12:45 – 1:30</td>
<td>Elder Abuse</td>
<td>Mark Yaffe, BSc, MDCM, MCISc, CCFP, FCFP - McGill University, Montreal, Canada</td>
</tr>
<tr>
<td>1:30</td>
<td>Adjourn</td>
<td></td>
</tr>
</tbody>
</table>

**Faculty**

**Course Directors**

**Kevin Costello, MD, MPH**  
Assistant Professor of Medicine  
Albany Medical College  
Albany, NY, US

**José Morais, MD, FRCPC**  
Associate Professor of Medicine  
Director, Division of Geriatric Medicine  
McGill University  
Montreal, Canada
Faculty

Michael Brodeur, PharmD, BCGP, SAFCP
Professor
Department of Pharmacy Practice
Albany College of Pharmacy and Health Sciences

Michael Burke, MD, CMD, MBA
Associate Chief, Continuing Care Services
St. Peter’s Health Partners

Wendy Chiu, MD
Assistant Professor of Medicine
Geriatrician
McGill University Health Centre

Shek Fung, MD
Assistant Professor of Medicine
McGill University
Staff Physician
St. Mary’s Hospital,
Montreal
CIUSSS of West Island

David Lussier, MD
Associate Professor of Medicine
Director of the Chronic Pain Management Clinic of the CIUSSS – IUGM
University of Montreal

Wayne Shelton, PhD
Professor
Department of Medicine and Alden March Bioethics Institute
Albany Medical College

Rebecca Stetzer, MD
Assistant Professor, Department of Family and Community Medicine
Albany Medical College
Attending Physician, Department of Geriatric Medicine, Primary and Memory Care
Stratton VA Medical Center

Mark Yaffe, BSc, MDCM, MCISc, CCFP, FCFP
Professor, Department of Family Medicine
McGill University and St. Mary’s Hospital Center
Integrated University Centre for Health and Social Services of West Island of Montreal