

# Start Spreading the News...

## *Celebrating Frank Sinatra's 100<sup>th</sup> Birthday*



### *Creative Resilience & Aging: Frank Sinatra's Aging in Rhythm*

*Presented by:*

**Jeffrey M. Lyness, MD**

Senior Associate Dean for Academic Affairs  
Professor of Psychiatry and Neurology

**December 16, 2015**

**4:30 – 5:15 pm: Wine & Cheese Reception**

**5:15 – 6:30 pm: Presentation**

**Forbes Mezzanine, 1-9580 & Ryan Case Method Room, 1-9576**

We will pay special attention to how Frank Sinatra dealt with his own aging process, including how he continued to tour in concert well into the dementia that would eventually silence him as an artist and as a man. His story holds rich implications for considering the creative resilience potential in aging, and for the limitations to such resilience posed by mental illness and functional impairment.

*At the conclusion of the seminar, the participant will be able to:*

- ☐ Describe the relationship of Mr. Sinatra's complex personality and mood symptoms to his extraordinary achievements as a performing artist.
- ☐ Discuss the potential for continued creativity and quality of life in people with neurodegenerative dementias.
- ☐ Describe the implications of these themes for clinical work with older adults and their family members.

**To register for this seminar, please contact Karen Grabowski at [karen\\_grabowski@urmc.rochester.edu](mailto:karen_grabowski@urmc.rochester.edu)  
Faculty, PAs, NPs, Residents, Fellows, Students and Staff are welcome to attend.**

**Co-sponsored by the Office for Faculty Development and the Medical Faculty and Clinician Wellness Program**

The Medical Faculty and Clinician Wellness Series is a qualifying activity for the 2017 URM Malpractice Premium Differential Program.

#### ACCREDITATION

The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### CERTIFICATION

The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 1 *AMA PRA Category 1 Credits(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.