

NAME: \_\_\_\_\_

Why are you coming for this evaluation? \_\_\_\_\_

How long have you had this problem? \_\_\_\_\_

Has it been getting worse?  yes  no

What treatments have you tried? \_\_\_\_\_

**MEDICATIONS & SUPPLEMENTS:**

Please list all medications you are currently taking (including any over-the-counter medications, vitamins, or herbal supplements/home remedies). Include dosage and how often you take it. If you need more room, please list all medications on a separate sheet of paper and attach it to this packet.

Medication Name	Dosage	How Often

Preferred Pharmacy: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Address/Location: \_\_\_\_\_

**ALLERGIES/MEDICATION REACTIONS:**

Are you allergic to latex?  no  yes: if yes, please list reaction: \_\_\_\_\_

Please list all medication allergies or reactions below, including the type of reaction experienced. If you need more room please list all medications & reactions on a separate sheet and attach it to this packet.

Medication Name	Type of Reaction (hives/rash, itching, shortness of breath, nausea, etc.)

**MEDICAL HISTORY:** Number of: Pregnancies \_\_\_\_\_ Vaginal Deliveries \_\_\_\_\_ C-Sections \_\_\_\_\_

	Medical Problems	Please check one:		
		Current problem	Past Problem	Never a problem
RESP	Asthma			
	Chronic cough			
	Chronic Obstructive Pulmonary Disease (COPD)			
HEME	Blood clot in leg or arm			
	Blood clot in lung			
	Blood disorder- <b>circle specific problem</b> <i>chronic anemia, von Willebrand's disease, sickle cell trait/disease, thalasemia, hemophilia</i>			
CARDIAC	Heart Disease- <b>circle specific problem</b> <i>heart attack, coronary artery disease, angina, congestive heart failure, stent placement</i>			
	Heart Condition- <b>circle specific problem</b> <i>abnormal beats or rhythm, murmur, pacemaker, artificial valves</i>			
	High Blood Pressure			
	Stroke			
	Transient Ischemic Attack (TIA)			
ENDO	Diabetes - <b>circle specific treatment</b> <i>diet-controlled, oral medications, insulin shots</i>			
	Thyroid Disease- <b>circle one:</b> hypo- or hyper-			
GU	Kidney Disease- <b>circle specific problem</b> <i>polycystic kidneys, renal insufficiency, renal failure (on dialysis), anatomic abnormality of kidneys or ureters</i>			
	Kidney Stones			
	Recurrent Bladder Infections (UTI)- > 3/year			
	Interstitial Cystitis			
	Abnormal Pap Smear- <b>year:</b> _____			
GI	Irritable Bowel Syndrome- <b>circle type</b> <i>diarrhea-predominant, constipation-predominant, mixed</i>			
	Chronic constipation			
	Acid Reflux/chronic heartburn			
	Liver disease- <b>type:</b> _____			
MSK	Arthritis- <b>circle type</b> <i>osteo-, rheumatoid, psoriatic</i>			
	Fibromyalgia			
NEURO	Epilepsy/Seizure Disorder			
	Parkinson's Disease			
	Multiple Sclerosis			

	Medical problems, continued	Current	Past	Never
PSYCH	Depression			
	Anxiety			
	Cognitive Impairment or Dementia			
OTHER	Glaucoma- <b>circle type:</b> <i>wide/open or narrow/closed</i>			
	Chronic Pain- Location: _____			
	Cancer- <b>circle type</b> <i>breast, cervical, endometrial/uterine, ovarian, bladder, kidney, other:</i> _____			
	Other: _____			
	Other: _____			

**SURGICAL HISTORY:**

Please list all past surgeries. If you need more room, please list all surgeries on a separate sheet and attach to this packet.

Hysterectomy?  no  yes: year \_\_\_\_\_ Route-  abdominal incision  laparoscopic  vaginal

Removal of ovaries?  no  yes:  both  right  left

Year	Type of Surgery	Surgeon/Hospital	Complications

**SOCIAL HISTORY:**

Do you...	No	Past Use	Yes	
Use tobacco?		quit date: _____		# packs per day: _____ # years of use: _____
Use recreational drugs?		quit date: _____		Type: _____ How often? _____
Drink alcohol?		quit date: _____		Type: _____ # drinks per week: _____

Occupation: \_\_\_\_\_  retired  disabled

Are you currently sexually active?  no  yes

Have you been sexually abused?  no  yes:  as a child  as an adult  currently

Have you been physically abused?  no  yes:  as a child  as an adult  currently

Are you a primary caregiver to someone?  no  yes: relationship: \_\_\_\_\_

Marital/Relationship status  married  single  divorced  separated  other: \_\_\_\_\_

Who do you live with?  alone  spouse/significant other  family  other: \_\_\_\_\_

What is your usual level of physical activity?

very active & exercise regularly  active  a little active  not active

What is your current mobility level?

walk without any problems or assistive devices  need a cane or walker  
 need help getting on an exam table  use a wheelchair

**FAMILY HISTORY:**  check here if you are adopted and do not have this information

Has anyone in your family (blood relative) been diagnosed with any of the following?

Medical Problem	Paternal Grandfather	Paternal Grandmother	Maternal Grandfather	Maternal Grandmother	Father	Mother	Brother	Sister	Other
Bleeding or clotting problem <i>(von Willebrands, hemophilia, platelet disorder, Factor V Leiden)</i>									
Breast Cancer									
Colon or Rectal Cancer									
Diabetes									
Endometrial or Uterine Cancer									
Heart Attack									
Heart Disease									
Ovarian Cancer									
Stroke or TIA									
Other: _____									
Other: _____									

**REVIEW OF SYSTEMS:** Circle any of the following symptoms you are currently experiencing:

Constitutional	fever · chills · weight loss · weight gain · malaise/fatigue · sweating · night sweats · weakness
Skin	rash · itching
HENT	headaches · hearing loss · ringing in ears · ear pain · ear discharge · nosebleeds · congestion · sore throat
Eyes	blurry vision · double vision · pain with light in eyes · eye pain · eye discharge · eye redness
Cardiovascular	chest pain · palpitations · shortness of breath with lying down · leg pain with walking · leg swelling · waking up at night short of breath
Respiratory	cough · coughing up blood · productive cough · shortness of breath · wheezing
GI	heartburn · nausea/vomiting · abdominal pain · diarrhea · constipation · blood in stool · dark, tarry stools · bloating
MSK	muscle pain/aches · neck pain · back pain · joint pain · frequent falls
Endo/Heme/Imm	easy bruising/bleeding · allergies · feeling too thirsty
Neuro	dizziness · tingling/numbness · tremor · change in sensation · change in speech · weakness in one arm or leg · seizures · passing out/fainting
Psych	depression · suicidal ideas · substance abuse · hallucinations · anxiety · insomnia · memory loss

**UROGYNECOLOGY:**

Were you treated for 3 or more bladder infections in the last year?  no  yes

Do you have difficulty emptying your bladder?  no  yes

Do you have pain when you urinate?  no  yes

How many times do you get up to empty your bladder at night?

0 /rarely  1-2  3-4  5 or more

How often do you have bowel movements?

daily  every other day  1-2 times a week  less than once per week

Do you leak stool?  no  yes:  liquid stool  loose stool  soft stool  formed stool

If you experience **URINARY INCONTINENCE:** Do you ...

Usually have an urge to urinate before you leak urine?  no  yes

Leak urine or rush to the bathroom when you see/feel/hear running water?  no  yes

Leak urine or rush to the bathroom when you approach your home after being out?  no  yes

Leak urine when you cough, sneeze, laugh, or exercise?  no  yes

Wet the bed when you are completely asleep?  no  yes

Feel like you leak urine constantly?  no  yes

Wear pads to protect your clothing from leakage of urine?  no  yes

If you do wear pads: What kind?  pantiliner  thin pad  thick pad  diaper