Driving Directions...

By Car:

From the North/West:
- Take I-390 S.
- Take the Exit to E. Henrietta Rd./Route NY-15A S.
- Turn right onto E. Henrietta Rd./Route NY-15A S.
- Turn right onto White Spruce Blvd. Proceed 0.2 mile and turn left toward entrance to 400 White Spruce Blvd., Suite B.

From the East:
- Keep left on I-590 S, follow signs for I-390 N/Airport Greece.
- Use the right lane to merge onto I-390 N.
- Take Exit toward MCC to E. Henrietta Rd./Route NY-15A S.
- Turn right at the traffic light and merge onto E. Henrietta Rd./Route NY-15A S.
- Turn right onto White Spruce Blvd. Proceed 0.2 mile and turn left toward entrance to 400 White Spruce Blvd., Suite B.

From the South:
- Take I-390 N/Airport Greece.
- Take Exit toward MCC to E. Henrietta Rd./Route NY-15A S.
- Turn right at the traffic light and merge onto E. Henrietta Rd./Route NY-15A S.
- Turn right onto White Spruce Blvd. Proceed 0.2 mile and turn left toward entrance to 400 White Spruce Blvd., Suite B.

By Bus:
- Take the #55 bus from RTS Transit Center and get off at East Henrietta Rd. & White Spruce Blvd. Continue to 400 White Spruce Blvd. See map for bus stop location [RTS].

About Our Program...

Finger Lakes Occupational Health Services’ multidisciplinary team is dedicated to the diagnosis, treatment, and prevention of occupational injury and disease; and meeting the needs of businesses and workers by helping reduce or prevent illness and injury in the workplace.

Providers/Staff...

Our team consists of:
- Certified Occupational Medicine Physicians that serve on the Faculty at the University of Rochester Medical Center
- Certified Nurse Practitioner
- Occupational Health Nurses
- Senior Industrial Hygienist
- Licensed Masters Social Worker (LMSW)
To help workers stay healthy, we provide:

- Pre-Placement Physical Examinations
- DOT Physical Examinations
- Respirator Medical Certifications and Fit Testing
- 19A School Bus Driver Physical Examinations
- Firefighter Physicals
- Pulmonary Function Testing
- Hearing Testing
- Vision Testing
- Asbestos Surveillance
- Heavy Metal Medical Monitoring
- Blood Lead Level Testing
- Drug Testing
- Immunizations such as:
  - Hepatitis B Vaccine
  - Influenza Vaccine
  - Tetanus Diphtheria Vaccine
  - Rabies Vaccine
  - Tuberculosis Screening Tests

Our Occupational Health Specialists provide:

- Workplace Injury and Illness Care
- Pre-Placement Physical Examinations and Screening Tests
- Occupational Lung Disease Evaluation and Surveillance
- Chronic Work-Related Disability Evaluations
- Schedule Loss of Use/Permanent Impairment Assessments
- Return to Work and Fitness for Duty Evaluations
- Occupational and Environmental Medicine Exposure Evaluations
- Hazardous Material Exposure and Surveillance Evaluations
- Medical Review Officer (MRO) Services
- Bloodborne Pathogen (BBP) Exposure Assessments

To help workers stay healthy:

- Exposure Assessments
- Workplace Injury and Illness Prevention
- Risk Management and Prevention
- Workplace Hygiene Programs
- Environmental Exposure Control
- Business Process Workplace Hygiene
- New Business Process Workplace Hygiene
- Environmental Exposures Control
- Personal Protective Equipment
- Exposure Reduction and Control
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