

## **Elizabeth (Liz) Simons, PA**

Elizabeth has a special interest in physical and mental wellness, as well as chronic disease management. She believes in working with her patients to improve their overall well-being. Liz enjoys getting to know her patients through the course of their care to better understand how she can best help them realize their health goals.

On a personal note, Liz enjoys spending time with her husband and two daughters, as well as running, camping and hiking.