University of Rochester Geriatric Assessment Clinic

Program Features: Geriatric Health Care Team thoroughly evaluates the health and functional ability of older persons by examination, and interviewing both patient and family, in addition to gathering information from primary care physician. Person must be 65 years of age or older.

Monroe Community Hospital
435 East Henrietta Road
Rochester, NY 14620
Phone (585) 760-6353

Director: Dr. Thomas Caprio

Staff/Providers: University of Rochester Division of Geriatrics and Aging Faculty

Hours of Operation: Friday mornings only (patient appointments last approx 3 hours)
8:00am – 12:00pm

Disciplines Included: Nursing, Medicine, Social Work, Neuropsychology, Pharmacy

Eligibility Requirements: 65 years or older, established with primary care physicians and not currently being seen by a geriatrician

Method of Payment Accepted: Most Insurances and Medicare

How to Apply/Documentation Required for Service: Must have an established primary care physician and a record request will be sent to that physician’s office with patient consent prior to appointment for the team to review.

Instructions for Referrals: Call 585-760-6353 to start intake process. Clinic nurse will return your call to complete intake assessment over the phone.

Waitlist/Availability: 3 months, first priority given to Monroe County residents but will accept referrals from surrounding counties.

Languages in which the Service is Provided: English only, interpreter by request

Physical Accessibility/Proximity to Public Transportation: Easy access for wheelchairs on bus route.
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This program aims to maintain frail older adults in the community at the most independent level as possible through an interdisciplinary approach of comprehensive geriatric assessment. The clinic also serves as a main teaching site for the University of Rochester and other local health professional schools for training in geriatrics.

**Why:** This clinic meets the needs of a local frail aging population, especially those with significant comorbid disease, functional decline, or requiring higher levels of personal care necessitating transition to alternative living settings. The clinic is designed to meet the goals of comprehensive assessment as outlined by the National Institutes of Health: improved diagnostic accuracy, guidance in selection of interventions to restore or preserve health, and aid in choosing an optimal environment for care.

**Who:** The clinic provides consultative services to adults age 65 and older through referrals from primary care physician offices and self-referral. Regardless of the referrals source or reasons for the consultation, the clinic seeks to engage the patient’s primary care physician in the assessment by providing regular communication regarding the team findings and recommendations. A diverse group of trainees are taught in the clinic, ranging from geriatric fellows, resident physicians, social work graduate students, and pharmacy students.

**What:** A comprehensive assessment is performed by an interdisciplinary team consisting of geriatricians, nurses, neuropsychologists, pharmacists and social workers. Personalized recommendations are provided to patients, families, caregivers, and primary care physicians as a result of the consultative office visit, with referrals made to a variety of community resources and services agencies to assist in the long-term assistance to older adults in the Greater Rochester area.

**When:** The clinic operates weekly year round with ½ day session on Friday mornings.

**Where:** Marketing and recruitment of patients mainly focus on the Rochester area and Monroe County, but referrals are accepted from across the surrounding Finger Lakes region. The clinic is located at Monroe Community Hospital which is wheelchair accessible and has free parking.

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