



## July 2018

Stepping Out-Stepping Up is a monthly, community-oriented newsletter of the Department of Psychiatry published by the Office of Mental Health Promotion.

### 2018 Lean Performance Improvement Grand Rounds Honor Psychiatry Unit 1-9200

The 2018 Lean Performance Improvement Grand Rounds were held on Friday, July 13<sup>th</sup>. A three-hour event, it was able to delve deeply into UR Medicine's operational excellence and celebrate its most innovative teams and practitioners.



Psychiatry's Unit 1-9200 received this year's Lean Performance Excellence Award: Innovative Thinker(s) for their work to Strengthen Ties Between Inpatient and Primary Care to Improve Readmissions.

*Pictured is Dr. Marsha Wittink, Medical Director of Inpatient Medicine in Psychiatry (IMIP) Unit 1-9200.*

### 4<sup>th</sup> Annual Palmer/Head-Strong Golf Tournament

The inaugural Palmer/Head-Strong Golf Tournament took place in 2015. It was held in memory of Glenn Palmer and Mark Head.

### Community-Oriented Events

Don't forget to check the calendar for special university sponsored events:

[www.rochester.edu/diversity/eventscalendar/](http://www.rochester.edu/diversity/eventscalendar/)

- [Tasty Tuesdays](#) are happening through August 7<sup>th</sup> at the Wilson Quad on River Campus.
- [Get Ready to Ride: Bicycling Seminar](#) will take place August 15<sup>th</sup> from 12-1 pm in the Gowen Room in River Campus' Wilson Commons.
- [The Rochester Out of the Darkness Community Walk](#) will take place on September 23<sup>rd</sup> from 1-3 pm with registration beginning at 11 am. Money raised will benefit the [American Foundation for Suicide Prevention](#).

### Health Happens Where You Live...Did You Know?

With warmer weather comes a myriad of great [produce](#). One way to take advantage is by visiting any of a number of [local famers' markets](#), including the one in [URMC](#), or the [Rochester Public Market](#).

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Glenn, a long time administrator in Psychiatry, passed away in 2015 due to Non-Smoker's Lung Cancer. In response, friends of both he and Mark decided to host a golf tournament to raise money for the Wilmot Cancer Center. These efforts also led to the creation of the Palmer/Head-

Strong Foundation, Inc., a not for profit charitable organization that focuses primarily on the annual golf tournament.

This year's tournament will take place on Monday, August 13<sup>th</sup> at Greystone Golf Club. To register or to donate, please visit the [tournament page](#).

## 2018 Collaborative Care Symposium

This year's symposium is titled "Care Management, Substance Use Integration and Health Technology" and will feature keynote speaker [Dr. Henry Chung](#), Senior Medical Director of Care Management Organization at Montefiore



Medical Center and Professor of Psychiatry at the Albert Einstein College of Medicine. Dr. Chung provides medical leadership for behavioral health integration strategy in care management activities for over 400,000 patients in value-based programs including [CMS Next Generation ACO](#) and [NYS Medicaid Innovator Programs](#). Dr. Chung's presentation is entitled: "Innovations in Care Management and Technology Support to Enhance Behavioral Health Integration in Primary Care."

Other Symposium presenters include:

- Michael Hasselberg, PhD and Jennifer Richman, MD — "Technology Driven Behavioral Health Integration: Opportunities in Payment Reform."
- Gloria Baciewicz, MD and Patrick Seche, MS, CASAC — "Substance Use Disorder and Its Treatment in the Region."

The symposium will be held on Thursday, October 18<sup>th</sup> at the Rochester Riverside Convention Center, located at 123 E. Main St. from 8 am to 3 pm. Registration will be open soon. For questions, please email [Judy\\_Shafer@urmc.rochester.edu](mailto:Judy_Shafer@urmc.rochester.edu).

## Promoting Wellness through Music



Created in March, the Department of Psychiatry's music committee already has several projects in the works to facilitate the use of music as a way of promoting holistic mental

health and wellness.

The music committee is comprised of the department's music therapists, activities thereapists, clinicians, musicians, music lovers and community members. They've received donations for two pianos, one of which will replace the piano in 2-9200. They were also able to connect to an appreciative donor who created a GoFundMe page and raised \$4,000.

Our clinical services have created an instrument wish list. To meet the needs of the department the committee has created a fund-raising subcommittee. Be on the lookout for their proposed event in October—a benefit concert with a headliner (TBD) and department musicians!



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