

Clinical Psychology Training Programs

2021-2022 Training Year

September, 2021

Training Leadership

- **Wendi Cross, Ph.D.**
Director of Training in Clinical Psychology

Director of Psychology Postdoctoral Training
- **Jennifer West, Ph.D.**
Assistant Director of Psychology Training

Director, Psychology Internship - Child Track
- **Renee Madathil, Ph.D.**
Director, Psychology Internship - Adult Track

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Updates from the Training Director



The pandemic has been the consistent context for the training program and, let's face it, our entire lives. We took advantage of what turned out to be a brief 'no masks required' window of opportunity to hold our graduation celebration. It was the first time we had been in person all year! We combined "welcome and well, ... goodbye!" with the joy of community, excellent food, speeches, and awards. These same trainees participated in the Annual Poster Day remotely with the support of Steve Fasone and the very skilled Psych Tech team. This event is a 'jewel in the crown' of the education mission in the Department even during COVID. Trainees in psychology, psychiatry, and marriage and family therapy presented their leadership and scholarly projects to faculty, staff and community members. We are so proud

of our trainees' excellent work. See photos of these two end-of-year events on Page 2.

On August 2nd we excitedly welcomed eight new interns and six new fellows (who joined two existing fellows) to the program. Orientation day was on the first and, as it turned out, last day we could hold an in person gathering without masks. Many remarked that they had not been in proximity with other trainees in over a year. It was fantastic to be together for the launch and we look forward to learning – and pivoting -- together. Their pictures are below.

We continue to feature alum in this issue. Check out what Jasmine Ghannadpour (C&A Intern, 2015-2016) has been up to since she graduated. She's been busy! We hope to hear from many alum as part of the Department's 75th anniversary celebration. Stay tuned for more information on that event.

Finally, we want to congratulate Dr. Tziporah Rosenberg, who is the new Associate Chair for Education in the Department, and, Dr. Renee Madathil who has accepted the position of Adult Internship Track Director. These two leaders bring an enduring commitment to the education mission and to our program. In addition, we are thrilled to announce that Dr. Susan McDaniel has accepted the Chief Psychologist position and Dr. Lauren DeCaporale-Ryan will be the Associate Chief Psychologist. Congratulations!

With gratitude for all you do for our program and psychology trainees.
Take good care,

~Wendi Cross, Ph.D

Meet the 2021 - 2022 Psychology Trainees

Adult Track

Marisa Bergfield
Regent University

Denise Fedlan
Gallaudet University

Kimberly Parkhurst
University of Utah

Beier Yao
Michigan State University

Doctoral Interns



Kim, Marisa, Denise, Beier



Ari, Alexandra, Jennifer, Anna

Child & Adolescent Track

Alexandra Carroll
Indiana Univ. of Pennsylvania

Annamarie Defayette
George Mason University

Ari Romano-Verthelyi
University of Connecticut

Jennifer Warmingham
University of Rochester

Integrated Care Family Track

Rebecca Copek, PhD
University of Virginia
(Chief Psychology Fellow)

Alexándrea Evans Oneal, PsyD
Alliant International University
San Francisco

Melissa Morton, PhD
Syracuse University

Kelly Nye, PhD
West Virginia University-Morgantown

Elliot Spengler, PhD
University of Tennessee-Knoxville

Holly Weldon, PhD
University of Vermont

Postdoctoral Fellows



Becca, Allison, Holly, Alexándrea

Abby, Kelly, Melissa, Elliot

*Jessica (not pictured due to a delayed start date)

Child & Adolescent Track

***Jessica Keith**
University of Rochester

Abigail Monroe, PsyD
Roberts Wesleyan College

Allison Stiles, PhD
University of Denver



Graduation Celebrations 2021

Graduation awards and recognitions were given, all in a picnic type atmosphere. What a treat it was to finally meet in person over great food and conversation!



Equity & Anti-Racism Action Plan

The Medical Center has developed a five-year plan to achieve equity and anti-racism. It calls us - as individuals and collectively as an institution - to *build, recruit, nurture, exemplify*, and engage in the work of being anti-racist.

Our Department and Psychology Training Program are committed to doing this work. You might be interested in the 9th Brown Bag Summer Series videos on Anti Racist Clinical Care, which can be found here: <https://www.urmc.rochester.edu/psychiatry/culture/diversity-resources/summer-series.aspx>

Equity & Anti-Racism Action Plan: FY2021 to FY2025					
BUILD	RECRUIT	NURTURE	EXEMPLIFY	ENGAGE	September 30, 2020
The University of Rochester Medical Center Aspirations to make every person feel safe, welcomed, and included all times; to be a place where everyone, regardless of identity or challenges they face, is lifted up to become the best version of themselves; to serve as a powerful force for eliminating racism, division and exclusion in our communities and beyond.	BUILD an anti-racist infrastructure	RECRUIT diverse faculty, staff, and students	NURTURE a respectful learning and working environment	EXEMPLIFY inclusion in places and digital spaces	ENGAGE in equitable health care
Action Items					
<ul style="list-style-type: none"> - Review policies on harassment, recruitment, promotion, tenure, and reward - Review "Policy 101" against discrimination and harassment to ensure alignment with confidentiality and respect for privacy - Expand training, training options and leadership development opportunities for all in-learners, unconscious bias, implicit bias, and microaggressions - Develop and hire diversity officers in UMC, including SONG 	<ul style="list-style-type: none"> - Assess of pipeline programs - Expand partnerships with historically Black colleges and universities - Strengthen ties to underrepresented groups linked to diverse individuals - Encourage faculty to function to diverse areas of expertise - Encourage faculty to enhance scholarships, rewards for learners and teaching, and clinical, medical, nursing and science research - Encourage faculty to advance and retain diverse workforce 	<ul style="list-style-type: none"> - Develop a University and racism action plan - Develop and implement diversity, equity, and inclusion training programs - Create and celebrate raise days for Black, Latino, Asian, and other ethnic, cultural, ethnic groups - Improve opportunities for diversity, equity, and inclusion - Implement a Faculty Diversity Review Board - Implement a Faculty Diversity and Inclusion Task Force and SONG committee 	<ul style="list-style-type: none"> - Create a space analysis plan based on best practices - Develop and implement diversity, equity, and inclusion training programs - Create and celebrate raise days for Black, Latino, Asian, and other ethnic, cultural, ethnic groups - Convene Dean's workshops for faculty and staff to discuss cultural space for learners and faculty - Encourage faculty to attend reporting, research, education, and diversity events 	<ul style="list-style-type: none"> - Work with partners to assess and mitigate barriers to diversity and inclusion across the community - Develop and implement diversity, equity, and inclusion training programs - Create and celebrate raise days for Black, Latino, Asian, and other ethnic, cultural, ethnic groups - Convene Dean's workshops for faculty and staff to discuss cultural space for learners and faculty - Encourage faculty to attend reporting, research, education, and diversity events 	<ul style="list-style-type: none"> - Disseminate findings and recommendations to support research and practice - Expand diversity of research-study participants
Year one milestones					
<ul style="list-style-type: none"> - Develop a University and racism action plan - Leadership culture survey implemented - Leadership training programs in place - Faculty and staff diversity, equity, and inclusion training 		<ul style="list-style-type: none"> - Develop a University and racism action plan - Leadership culture survey implemented - Leadership training programs in place - Faculty and staff diversity, equity, and inclusion training 	<ul style="list-style-type: none"> - Develop a University and racism action plan - Leadership culture survey implemented - Leadership training programs in place - Faculty and staff diversity, equity, and inclusion training 	<ul style="list-style-type: none"> - Develop a University and racism action plan - Leadership culture survey implemented - Leadership training programs in place - Faculty and staff diversity, equity, and inclusion training 	<ul style="list-style-type: none"> - Develop a University and racism action plan - Leadership culture survey implemented - Leadership training programs in place - Faculty and staff diversity, equity, and inclusion training



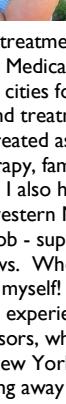
We're on Facebook! The Clinical Psychology Training Program has a FB group, "**URMC-psychology Alumni**". There are currently 86 members including faculty and alumni trainees. It is fun to stay in touch with graduates and hear about their personal and professional lives.

Focus on Alumni



Jasmine Ghannadpour, PhD

Internship 2015-2016



I am a clinical psychologist in the Center for Pediatric Eating Disorders at Children's Health in Plano, Texas. I work in inpatient and partial hospitalization levels of care. We continued to see patients in person throughout the entire pandemic. I am very proud that we are the only pediatric eating disorders treatment center in Texas (and some of the neighboring states) that accepts Medicaid. I will always remember learning that Rochester was one of the top cities for child poverty, and how that impacted our case conceptualizations and treatment planning (for example, thorough diagnostic evaluations that were treated as an intervention in themselves!). In my current job, I do individual therapy, family therapy, group therapy, parent education, and program evaluation. I also have a cross-faculty appointment with the University of Texas Southwestern Medical Center, which enables me to do my most favorite part of my job - supervising psychology practicum students, interns, and postdoctoral fellows. When I started supervising, I felt nervous - I had just finished being a trainee myself! But one of the best parts of internship at URMC was the diverse training experience, and with all of the different experiences came different supervisors, which helped influence my own supervision style today. Coming from New York City, I was unsure how I would feel about being in Rochester, but being away from all of my friends, family, and normal life actually allowed me the opportunity to fully immerse myself in my internship experience, and focus on myself (cooking, exercising, FUN reading), and I am so glad I did. I even made some of my best friends there!

Psychiatry Grand Rounds & Town Halls

Held virtually on Wednesdays from Noon to 1:00 PM.
[https://www.urmc.rochester.edu/psychiatry/education/
grand-rounds.aspx](https://www.urmc.rochester.edu/psychiatry/education/grand-rounds.aspx)



8th Annual Trainee Poster Day

Although virtual, the event was a huge success that highlighted our trainees' scholarly projects. Head to the Skills Lab website to see the posters. <https://www.urmc.rochester.edu/psychiatry/education/>

