

# Clinical Psychology Training Programs

2019-2020 Training Year

September, 2019

## Training Leadership

- **Wendi Cross, Ph.D.**  
Director of Training in Clinical Psychology  
  
Director of Psychology Postdoctoral Training
- **Jennifer West, Ph.D.**  
Assistant Director of Psychology Training  
  
Director, Psychology Internship - Child Track
- **Lauren DeCaporale-Ryan, Ph.D.**  
Director, Psychology Internship - Adult Track

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## Updates from the Training Director



Fall always brings sense of new beginnings for me. This year it includes the launch of the internship and fellowship just a month ago. We welcomed 8 new interns and 4 new post-doctoral fellows to the training program – please see group photos below. Dr. Lindsay Sycz is the Chief Fellow for 2019-2020 and she has already done a terrific job orienting and supporting the new trainees. We look forward to the contributions that each of these trainees will make to the Department's missions of patient care, education, research, and community outreach.

The annual Trainee Poster Day was held

in June. This event is a 'jewel in the crown' of the education mission in the Department. Trainees in psychology, psychiatry, and marriage and family therapy present their leadership and scholarly projects in poster format to faculty, staff and community members. There is a terrific collegial atmosphere with two hours of informal conversations, fun and food. See the next page for candid pictures of the psychology trainees with their posters – we are so proud of their work and very grateful to the mentors who oversaw the projects.

Finally, it's wonderful to see psychologists in leadership positions. Dr. Sarah Mangelsdorf recently became the 11<sup>th</sup> president of the University of Rochester. She was the provost at the University of Wisconsin –Madison and Professor of Psychology,

known for her research on the social and emotional development of infants and young children. And, Dr. Steven Silverstein will soon join the Department of Psychiatry as the George Engel Professor and Associate Chair of Research. Some of you may remember Steve – he was a faculty member in the department from 1990-1999. He comes to us from Rutgers where he is Professor of Psychiatry and Ophthalmology at Rutgers-Robert Wood Johnson Medical School; Director of Research, and Director of the Division of Schizophrenia Research; as well as Co-Director of the Rutgers-Princeton Center for Computational Cognitive Neuropsychiatry. We are excited to welcome these amazing leaders from our discipline!

~Wendi Cross, PhD

## Meet the 2019 - 2020 Psychology Trainees

### Adult Track

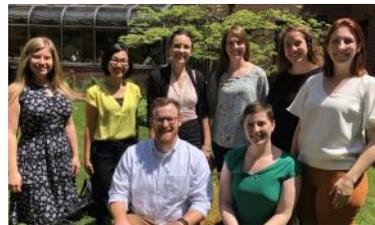
**Aileen Aldalur**  
Gallaudet University

**Jia Hui "Yvonne" Chaw**  
Wichita State University

**Shiloh "Lola" Eastin**  
Kean University

**Jeremy "Mac" Kelly**  
Southern Illinois University

### Doctoral Interns



Sarah Yvonne Aileen Melissa Lizzie Lola  
Mac Rachael

### Child & Adolescent Track

**Rachael Bowler**  
Seattle Pacific University

**Melissa Dudley**  
University at Buffalo / SUNY

**Sarah Georgianna**  
Chicago School of Psychology

**Elisabeth "Lizzie" O'Rourke**  
University at Albany / SUNY

## Postdoctoral Fellows



Dan Becca Jenna Marissa Lindsay

### Child & Adolescent Track

**Marisa Malone, PhD**  
University of Virginia

### Integrated Care Family Track

**Rebecca Copek, PhD**  
University of Virginia

**Jenna Eisen, PhD**  
California School of Professional Psychology

**Daniel Millstein, PhD**  
Suffolk University

**Lindsay Sycz, PsyD**  
Roosevelt University  
(Chief Psychology Fellow)

### URMC

Department of Psychiatry  
Division of Collaborative Care  
& Wellness

**The 4th Annual  
Behavioral Health  
Integration Symposium**

**October 25, 2019**

**"The Economics of  
Behavioral Health  
Integration"**

Featuring Keynote speaker  
**Stephen Melek,  
FSA, MAAA**  
Principal, consulting actuary at  
Milliman's Denver health practice,  
and several local experts



## 6th Annual Trainee Poster Day



### Education is Key: Key Day 2019

In addition to celebrating graduating trainees in the Department of Psychiatry, Key Day highlights excellence in education.



This year, **Dr. Lauren DeCaporale-Ryan**, was presented the *Rita P. Underberg Award* by trainees for Excellence in Faculty Teaching. This award is given by the trainees of the program and is sponsored by the Genesee Valley Psychological Association (GVPA).

The *James Michael PhD Award*, also sponsored by GVPA, is awarded to an Adjunct Faculty member for Excellence in Teaching in the Psychology Training Program. This year's awardee was **Dr. Jeffrey Levenkron** for his excellent psychotherapy teaching focused on anxiety disorders

**Dr. Carol Podgorski** was presented the *Susan H. McDaniel, PhD Award* for Excellence in Teaching in the Marriage and Family Therapy Program.

The *Otto Thaler, MD Memorial Award* presented by the Psychiatry Residents, was awarded to **Dr. Mark Larson** for outstanding teaching in the area of psychotherapy.

**Dr. Wendi Cross** was presented the *Eric D Caine MD Faculty award*, for demonstrating outstanding dedication and talent as a mentor.

**Congratulations to all these educators**

## Faculty Focus



**Kayla Hunt, Psy.D.**, is a child psychologist in the Department of Psychiatry. She received her doctorate from Roosevelt University in Chicago, IL in 2016. Dr. Hunt originally came to Rochester for her predoctoral internship in the child/adolescent track at URM in 2015 and then remained for a two-year postdoctoral fellowship. She was excited to join the faculty as a Senior Instructor in August 2018 and help continue the tradition of excellent psychology training at URM. Dr. Hunt is very passionate about her involvement in training, supervision, and teaching in the psychology training program, as well as with

master's level trainees, staff clinicians, and medical students and residents. Dr. Hunt provides clinical care to children, adolescents and their families at the Pediatric Behavioral Health & Wellness Outpatient Clinic, predominantly treating patients using a CBT framework. Additionally, she is the primary psychologist in the behavioral health service within the outpatient child neurology clinic, which includes short-term treatment for patients with headache/chronic pain and consultation with child neurology providers. She has recently expanded her work in child neurology, obtaining certification in Comprehensive Behavioral Intervention for Tics (CBIT), which is an evidence-based treatment for individuals with Tourette syndrome and other tic disorders.

In addition to her outpatient work, Dr. Hunt is a member of the Lab for Innovation in Child Mental Health Service Delivery. Her research interests include workforce development and building capacity to address child mental health concerns in multiple systems, as well as prevention and early intervention for child/adolescent mental illness. Dr. Hunt assisted with developing and implementing an 11-week Evidence-Based Assessment and Treatment (EBAT) seminar for child and adolescent outpatient clinicians, and is working to publish findings that will aid other organizations in developing similar trainings as a way to increase use of evidence-based practice.



We're on Facebook! The Clinical Psychology Training Program has a FB group, "**URM-psychology Alumni**". There are currently 86 members including faculty and alumni trainees. It is fun to stay in touch with graduates and hear about their personal and professional lives.