

## Medical Family Therapy and Integrated Care Training Options

Fellows in the Integrated Care Family Psychology track have two options available for receiving training in medical family therapy and integrated care. The Psychology Training Program developed the 2-tier option in response to changes in federal tax laws that impact tuition reimbursement policies and procedures for all employers who offer tuition benefits. The option a fellow chooses has no bearing on recruitment as the fellow will not be asked to select an option until midway through the first semester of fellowship. Options are offered to provide fellows with levels of training that support their individual career goals while also giving them flexibility to control their out-of-pocket expenses.

### Option A

Fellows opt to take only the two courses **required** for this track, which include:

- **Foundations of Family Therapy and Integrated Care** (3 credits) (Fall of the first year)
- **Integrated Care and Medical Family Therapy Intensive** (3 credits) (Required at conclusion of the fellowship)

### Option B

Fellows interested in expanding their expertise and skill development in Medical Family Therapy may enroll in the Family Therapy Training Program's Post-Degree Certificate (PDC). As the cycle of courses traditionally takes 2 years to complete, this option is available to fellows who stay for a 2nd year. This certificate program is registered with the New York State Education Department as a license-qualifying program. The courses that a fellow would need to take to complete the certificate may vary slightly depending upon whether they have completed other credit-bearing graduate courses that can be transferred and applied toward the certificate requirements. The courses most fellows take for the PDC include the two **required** courses:

- **PSI 421 Foundations of Family Therapy and Integrated Care** (3 credits)
  - **PSI 492 Integrated Care and Medical Family Therapy Intensive** (3 credits)
- and*
- PSI 433 Fundamental of Medical Family Therapy and Mind-Body Integration (3 credits)
  - PSI 566 Couples Therapy, Health and Illness (3 credits)
  - PSI 548 Family Therapy Ethics and Professional Practice (3 credits)
  - PSI Live Group supervision: Focus on assessment of couples and families (3 credits)
  - PSI Live Group Supervision: Child-focused medical family therapy (3 credits)

*Fellows may also choose from among the following electives in support of their professional goals:*

- PSI Principles and Practices of Clinical Supervision (2.0 credits)
- PSI Affect in the Clinical Setting (2.0 credits)
- PSI 495 Systems Consultation and Interventions (2.0 credits)
- PSI Family Law, Policy, and Social Systems (3.0 credits)