

Background

2005-2010

The original class on Mental Health Topics for Pastoral Care was organized and sponsored by the Aging Well Initiative, directed by Silvia Sörensen, a partnership of the University of Rochester Department of Psychiatry, individuals, and faith-based organizations.

Founding Community Partners include: Bishop Herman Dailey, Rev. Dr. Lawrence Hargrave, Rev. Dr. John Walker, Minister Clifford Florence, Mr. George Haizlip, and Dr. Joanne McGriff.

A New Beginning...

In 2013, in response to community needs, several community members decided to adapt this program to the educational needs of those with a desire to gain knowledge about mental health and wellness. Our hope is to equip the faith community to address mental health needs. A total of 71 participants attended at least one of eleven sessions. Twenty-four participants received certificates of completion. In 2015, 20 participants created action plans for their leadership efforts, to be supported by ROM's bi-monthly workshops and learning collaborative meetings.

Please register for each workshop:

Office of Mental Health Promotion
University of Rochester Medical Center
(585) 275-3571 or
RenewingoftheMindRochester@gmail.com

Space is limited. Sessions are free.

Partnering agencies include

Office of Mental Health Promotion and the Aging Well Initiative of the University of Rochester Medical Center

Interdenominational Health Ministry Coalition

Mental Health Association of Rochester

Finger Lakes Health Systems Agency

Trillium Health

Additional resources: The Nathan Kline Institute for Psychiatric Research (NKI) <http://ssrdqst.rfmh.org/cecc/index.php?q=node/396>

*As a man thinketh in his heart, so is he.
(Proverb 23:7)*

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. (Romans 12:2).

Renewing of the Mind Workshops



Mission

To promote physical, psychological, and spiritual wellness for people of color. We believe that wellness interventions should be applied at all stages of the lifespan.

Community Workshop Schedule

Each workshop begins at 9am and will last 3-4 hours. Specific details to follow.

Date	Topic
May 30	The Practice of Behavioral Health Advocacy Part 1: Overdose Prevention
July 25	The Practice of Behavioral Health Advocacy Part 2: Telling One's Story
September 26	Child Abuse
November 21	Domestic Violence
January 23	Building Rapport with Youth: Addressing Trauma, Self-harm & Foundation of Teen Mental Health & Brain Development

All our welcome. Registration required.

**Dates subject to change.

Renewing of the Mind (ROM)

Learning Collaborative

Who should attend? ROM 2014 participants wishing to advance their actions plans that were launched at the January 2015 Summit.

Start Time: 9-11:00am

Location: Finger Lakes Health Systems Agency

Dates: June 27

August 22

October 24

December 19

Please sign up by June 1st through

RenewingoftheMindRochester@gmail.com.

Clergy and lay ministers often face mental health topics as they work with parishioners.

The workshops will provide a range of knowledge and hands-on learning for working with people in distress and is designed to assist ministers, broadly defined, in service to parishioners.

Who can take this participate? **Anyone** with a heart for it including:

- Clergy
- Health ministries
- Lay leaders

Workshop location:

Finger Lakes Health Systems Agency
1150 University Ave
Building #5 (in the rear)
Rochester, NY 14607

We hope to accomplish our mission by pursuing the following goals:

- Strengthen **relationships** and dialogue among people who care about mental health
- Enhance **community-based efforts** that address health disparities.
- Offer **educational opportunities** to strength awareness & advocacy about mental wellness
- Empower and equip people to **support resiliency** by providing knowledge about potential referrals
- **Obtain feedback** on the curriculum and track participants learning and impact

All faiths welcome.

*Achieving total wellness
in mind, body, & spirit*