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September 2019 Newsletter

Center for a Tobacco-Free Finger Lakes (CTFFL)
(Funded by NYSDOH, Bureau of Tobacco Control)

Serving: Chemung, Livingston, Monroe, Ontario, Seneca,
Schuyler, Steuben, Wayne & Yates counties

Contact Connie Bottoni at connie_bottoni@urmc.rochester.edu
if you wish to receive or stop receiving this monthly newsletter.

For educational resources related to tobacco control and archived
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Are Natural Cigarettes Less Harmful?

- Words like “natural”, “organic” and “environmentally friendly” are misleading. It implies they are safer when in fact they aren’t.
- Research has found that natural cigarettes contain as much and sometimes more nicotine & additives compared with other brands.
- The packaging creates misperceptions that the brand is owned by Native Americans and/or grown by tribes, and is therefore “healthier” and more desirable.
- All cigarettes — including those marketed as “natural,” “organic” or “additive-free” — have harmful substances such as heavy metals, tar and carbon monoxide. This means that inhaling burnt tobacco of any kind is harmful.

DOH Health Advisory Issued:

“Unexplained Vaping-associated Pulmonary Illness”.
August 15, 2019 the Department of Health issued an advisory to inform health care providers about this emerging health threat, symptoms to be aware of, treatment recommendations and where to report any additional cases.

*A copy of the advisory is being sent along with this newsletter.



Nicotine content in e-cigarettes
more than doubled in 5 years

For more information, see the link
below from [truth initiative.org](http://truthinitiative.org).

Aug. 08,
2019

E-CIGARETTES / VAPING

<https://truthinitiative.org/research-resources/emerging-tobacco-products/nicotine-content-e-cigarettes-more-doubled-5-years>

For more information or to schedule a CTFFL tobacco intervention training, contact:

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Tobacco Users and Providers can contact the NY State Smokers’ Quitline or visit their website for support and resources.

1-866-697-8487 or their website www.nysmokefree.com.