



Center for a Tobacco-Free Finger Lakes

The "Treat Nicotine Newsletter" April 2022

Partnering with these Counties: Cayuga, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Tompkins, Wayne & Yates

RESOURCES

NYS Smokers Quitline

Quit Coach Access and Free Nicotine Patches/Gum

Call: 1-866-697-8487

nysmokefree.com

Visit The Check-Up:

<https://tinyurl.com/thecheckup>

NYS Medicaid Tobacco Cessation Coverage

Fully Covers Counseling & Meds

- Chantix (Varenicline Tartrate)
- Wellbutrin XR (Bupropion)
- Nicotine Replacement Therapy

For More Info: Health.Ny.Gov

Nicotine Training for Medical & Dental staff

<https://tinyurl.com/treatnicotine>

Meet Jessica Rosman

Jessica Rosman, MPH, CTTS joined our CTFFL team this month as one of two new health program coordinators.

She has a background in public health program development, and formerly worked as a Tobacco Treatment Specialist at Bassett Healthcare. Welcome, Jessica.

Contact us

Phone: 585-802-9944

Treatnicotine@urmc.rochester.edu

Facebook: GRATCCOnline

Dentists could benefit from training and reimbursement

Encourage your patients to quit smoking/vaping for good. Dentists can offer counseling and treatments too! According to an ADA Clinical Evaluators Panel report, about half of the dentists offer smoking cessation counseling or treatment to their patients.

For more information on training: <https://tinyurl.com/dentists-can-help>



TREATING TOBACCO USE DISORDER IN BEHAVIORAL HEALTH POPULATIONS

Medication-Assisted Treatment is the Gold Standard for treating Tobacco Use in behavioral health populations! Here are 7 Key Messages from The Center of Health Systems Improvement's new report.

Visit: <https://tinyurl.com/key-message>

BEHAVIORAL RISK FACTOR SURVEILLANCE SURVEY (BRFSS) REPORT HIGHLIGHTS SMOKING RATES IN NEW YORK STATE

- Adult smoking in 2019 was 12.7%, down 10.6% since 2016.
- Rates remain highest among those with mental distress (24.7%); those on Medicaid (22.9%); unemployed (21.4%); living with disability (19.7%); and incomes < \$25,000 (17.9%).
- The smoking rate among young adults (18-24) has reached a new low of 7.6%; however vaping remains high among this age group.

NYS Quitline Referrals

Quitline referrals for our 11 counties from January - March 2022 totaled 1,875 followed by 38 referrals from December- April 2022 totaling 1,913 referrals.

Well Done, Health Systems!

