



Treat Nicotine

Center for a Tobacco-Free Finger Lakes

Partnering with Cayuga, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Tompkins, Wayne, & Yates Counties

Contact us: Phone: 585-276-7223 | Click for [Website](#) or [Facebook](#)

TEEN VAPING RATES RISE, NEARING PRE-PANDEMIC LEVELS, CDC REPORTS

Teen vaping rates are rising once again, the CDC reported Thursday. Data from the annual National Youth Tobacco Survey showed that 14.1% of high school students and 3.3% of middle school students said they'd recently used an e-cigarette or other vape product.

This is seen as a signal that as kids have returned to school, so has their use of e-cigarettes. The vast majority of surveyed youths, 84.5%, said they used flavored e-cigarettes, most often in fruity or other sweet flavors.

Linda Neff, the chief of the epidemiology branch of the CDC's Office on Smoking and Health, said the new numbers show that this year, 2.55 million middle and high school students in the U.S. reported vaping.

Read more: [CLICK HERE](#)

IMPORTANT DATES & WEBINARS

Tobacco-Free Recovery for Behavioral Health Patients & Clients Webinar Series (5CMEs)

Webinars include:

[Improving Tobacco Cessation with Adult Inpatient Psychiatric Clients](#)

[Recovery-Oriented Tobacco Interventions in Addiction Services](#)

[Making the Case: Framing for Tobacco-Free Behavioral Health Settings](#)

[Systems Change: Increasing Treatment for Tobacco Dependence in Behavioral Health](#)

USE CODE: SAMHSA23 to waive the registration fee!

SEEN ENOUGH TOBACCO DAY OCTOBER 13TH, 2022

Youth members of Reality Check of New York are declared October 13, 2022 as the sixth annual "Seen Enough Tobacco Day" to raise awareness about the impact of tobacco marketing and to work to protect themselves and their communities from the billions of dollars of tobacco promotions that overwhelmingly target youth and minorities.

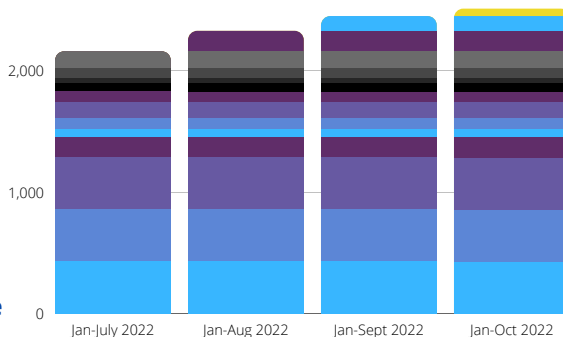


[VISIT THE WEBSITE HERE](#)

NYS Smokers' Quitline

Quitline usage continues to rise!

Contact us to learn how to use the online referral on NY Quits!



www.nysmokefree.com/HealthcareProviders/ReferralPrograms

Free Nicotine Patches/Gum Call: 1-866-697-8487

The Check-Up: tinyurl.com/thecheckup

Visit: nysmokefree.com

THE GREAT AMERICAN SMOKE OUT IS COMING SOON (NOV 17TH)

The American Cancer Society sponsors the Great American Smokeout every third Thursday of November, challenging smokers to give up cigarettes for 24 hours. This is a great time to encourage your patients, clients and employees to make a quit attempt!

[CLICK FOR MORE HERE](#)

It is also a great time to review your organization's tobacco/vaping related policies. CTFFL can help with any reviews or updates, as well as provide staff training in tobacco interventions and best practices. Call us at 585.276. 7223 or email treatnicotine@urmc.rochester.edu.

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