



# Center for a Tobacco-Free Finger Lakes

## The "Treat Nicotine Newsletter"

October 2021

Partnering with these Counties: Cayuga, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Tompkins, Wayne & Yates

### RESOURCES

#### NYS smokers Quitline

Quit Coach Access and Free Nicotine Patches/Gum  
Call: 1-866-697-8487  
nysmokefree.com

**The Check-Up**, a brief:  
<https://tinyurl.com/thecheckup>

#### NYS Medicaid Tobacco Cessation Coverage

**Fully Covers** Counseling & Meds

- Chantix (Varenicline Tartrate)
  - Zyban (Bupropion Hydrochloride)
  - Nicotine Replacement Therapy
- For More Info: Health.Ny.Gov

#### NY Statshot

Total tobacco use among NYS HS students down but remains high at 26%. Go to:  
<https://tinyurl.com/statshot>

#### Clinician Training

For nicotine treatment training:  
<https://tinyurl.com/treatnicotine>

#### Contact us

Phone: 585-802-9944  
Treatnicotine@urmc.rochester.edu  
Facebook: GRATCCOnline

### National Council for Mental Wellbeing

#### REGISTRATION FOR NATCON22 IS NOW OPEN!



<https://tinyurl.com/NATCON22>

- Hear from 500+ health care experts – from SAMHSA's Assistant Secretary Miriam Delphin-Rittmon, PhD, to author and executive coach, Marshall Goldsmith.
- Select from 250+ learning sessions and choose from more than a dozen CE and CME credit opportunities.
- Take advantage of new NatCon features – including summits devoted to rural health care and prevention.

### Dental Webinar Highlights

#### PERSPECTIVES FOR MOTIVATING DENTAL PATIENTS TO QUIT



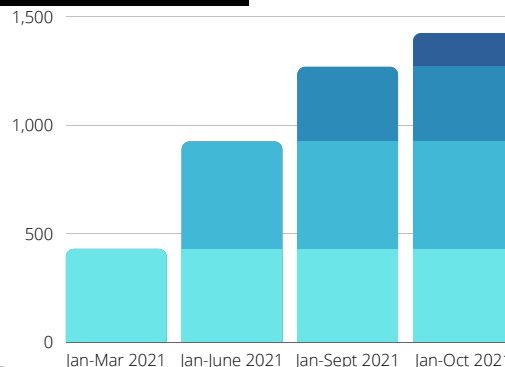
Reminders for your nicotine dependent patients! Nicotine use results in:

- Reduced effectiveness of treatment for gum disease
- Mouth pain, cavities and gum recession (which can lead to tooth loss)
- Reduced ability to fight infection (including in mouth and gums)
- Slow healing of gum tissue (after oral surgical procedures)

To review: <https://tinyurl.com/dentaloctober>

### NYS Quitline Referrals

Quitline referrals for our 11 counties from January-March 2021 totaled 428, followed by 495 from April-June, 344 from July-Sept, and 156 from Sept-Present day totaling 1,423 referrals.



**Well Done, Health Systems!**