



Treat Nicotine

Center for a Tobacco-Free Finger Lakes

Partnering with Cayuga, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Tompkins, Wayne, & Yates Counties

Contact us: Phone: 585-275-0511 | Click for [Website](#) or [Facebook](#)

QUITTING SMOKING IS ASSOCIATED WITH RECOVERY FROM OTHER ADDICTIONS

Adults who smoke cigarettes and are addicted to alcohol or other drugs were more likely to achieve sustained remission of their substance use disorder symptoms if they also quit smoking, according to scientists at the National Institutes of Health (NIH). Based on their analysis of data from a large U.S. study of smoking and health, researchers believe the results clearly show the benefit of pairing smoking cessation with addiction recovery efforts.

Scientists analyzed data from 2,652 people 18 and older who had a history of substance use disorder and who experienced a change in their recovery status over the next four years.

People with addiction to alcohol or other substances have a higher likelihood of being addicted to nicotine as well. Previous research has suggested an association between smoking cessation and improved outcomes from other substance use disorders.

[Read more about how cessation and substance use treatment go hand in hand HERE](#)

WEBINARS AND IMPORTANT DATES

"The Tobacco Endgame: History, Headwinds, and the Horizon"

Smoking Cessation

Leadership Center

Tue, Sept. 9th, 2-3pm EST

[REGISTER FOR FREE HERE](#)

"Clouded Horizons: Exploring Second and Thirdhand Smoke/Aerosol Effects of Cigarettes, E-cigarettes, and Cannabis"

American Academy of Pediatrics

Pre-Recorded

[WATCH HERE](#)

"A Practical Look at Addressing Tobacco Use in Relation to Trauma for Clinicians and Others"

NY Quitline

Pre-Recorded

[WATCH HERE](#)



CDC ENDING ANTI-SMOKING AD CAMPAIGN AFTER 13 YEARS

Patients and clients will need providers to have intervention conversations more than ever: The U.S. Centers for Disease Control and Prevention will stop airing its "Tips From Former Smokers" ads at the end of September, ending a 13-year campaign that helped millions of Americans quit smoking. Launched in 2012, the campaign featured real people sharing the devastating health effects of smoking and pointed viewers to free resources like the 800-QUIT-NOW helpline.

Provider Referrals Increase Quit Success!

www.nysmokefree.com/HealthcareProviders/ReferralPrograms

Free Nicotine Patches/Gum Call: 1-866-697-8487

Visit: nysmokefree.com

[More information can be found HERE](#)

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