

# Treat Nicotine

#### Center for a Tobacco-Free Finger Lakes

Partnering with Cayuga, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Tompkins, Wayne, & Yates Counties

Contact us: Phone: 585-275-0511 | Click for Website or Facebook

## QUITTING SMOKING IS ASSOCIATED WITH RECOVERY FROM OTHER ADDICTIONS

A research study conducted by a team at University College London found that about 700,000 people who smoke daily in England are out of work. The data showed that quitting smoking and the longer you stay away from cigarettes results in being able to live a "healthy, economically active life". This study not only highlights the health risk of tobacco but also the economic and social consequences that come with regular smoking. According to Action on Smoking and Health (ASH), smoking costs the economy about £27.6 billion (\$32.3 billion USD) a year from tobacco-related lost earnings, unemployment, and premature death.

For a lot of people, smoking isn't always a choice; most people start when they're too young to think of the long-term consequences. Til this day, tobacco remains the leading cause of cancer and death in the UK. I believe if we continue to reinforce conversations about tobacco use and support people with addictions, we can help decrease the number of people affected by tobacco.

**READ MORE HERE** 

### WEBINARS AND IMPORTANT DATES

"Chronic Pain and Commercial
Tobacco Use: Challenges Across the

#### **Cancer Continuum**"

National Behavioral Health Network

**ARCHIVED** 

**WATCH HERE** 

"The Cancer Moonshot: What's
Menthol and Emotional Brain Training
Got to Do with It? Everything!

Smoking Cessation Leadership Center

**Pre-Recorded** 

**WATCH HERE** 

"Mobile Health Apps for Tobacco Cessation and Guidance for Evaluation and Implementation"

> Smoking Cessation Leadership Center

> > **Pre-Recorded**

**WATCH HERE** 



Provider Referrals Increase Quit Success! www.nysmokefree.com/HealthcareProviders/ReferralPrograms Free Nicotine Patches/Gum Call: 1-866-697-8487 Visit: nysmokefree.com

#### US FDA TO FAST-TRACK NICOTINE POUCH REVIEWS AMID PRESSURE

The U.S. Food and Drug Administration plans to fast-track reviews of four tobacco firms' nicotine pouches in a pilot program launching on Monday, September 15<sup>th</sup>.

Tobacco companies have previously had to wait years for their products to be cleared. Nicotine pouches are known to continue the addiction to nicotine that can often lead to dual use or user reverting back to tobacco.

**More information can be found HERE**