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February 2017 Newsletter Center for a Tobacco-Free Finger Lakes (CTFFL)

Prescribers – did you know there is a free CME module for Smoking Cessation with adult patients who smoke, available at nysmokefree.com? Go to this link to review the informational module and complete your CME request: <https://nysmokefree.com/CME/PageView.aspx?P=50&P1=50>

FDA removes boxed warnings for Chantix and Zyban

“U.S. Food and Drug Administration (FDA) has updated the Drug and Safety Communication with the removal of the boxed warning for both varenicline (Chantix) and bupropion (Zyban) as well as revisions to their package labeling.”

“The removal of the box warning is based on the outcomes of EAGLES (Evaluating Adverse Events in a Global Smoking Cessation Study), which involved patients with and without a history of psychiatric disorder.”

The label advises prescribers to "observe patients attempting to quit smoking with varenicline for the occurrence of such symptoms and instruct them to discontinue the drug and contact a healthcare provider if they experience such adverse events."

For more information visit <http://www.medscape.com/viewarticle/873437>



FACT

Even smoking fewer than
five cigarettes a day
can lead to early signs
of heart disease.

Did you know....

- Cigarette smokers are 2–4 times more likely to develop coronary heart disease than nonsmokers.
- Smoking during adolescence and young adulthood causes early damage to the abdominal aorta, the large artery that carries oxygen-rich blood from the heart through the abdomen to major organs.
- Even young adults who have only been smoking for a few years can show signs of narrowing of this large artery.
- Smoking causes immediate damage to blood vessels throughout the body.
- Anyone can call the NY State Smokers' Quitline for support to quit their tobacco addiction? 1-866-697-8487 or www.nysmokefree.com

Our Goal: Working with Medical Health Systems and Mental Health Systems to establish sustainable tobacco control.

Serving Chemung, Livingston, Monroe, Ontario, Seneca, Schuyler, Steuben, Wayne and Yates counties.

CONTACT US:

Thomas Della Porta, MS Project Manager, Center for a Tobacco-Free Finger Lakes
Thomas_dellaporta@urmc.rochester.edu Phone: (585) 275-0598 Fax: (585) 424-1469